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COMMEMORATIVE EDITION

# Newsweek

June 14, 2004

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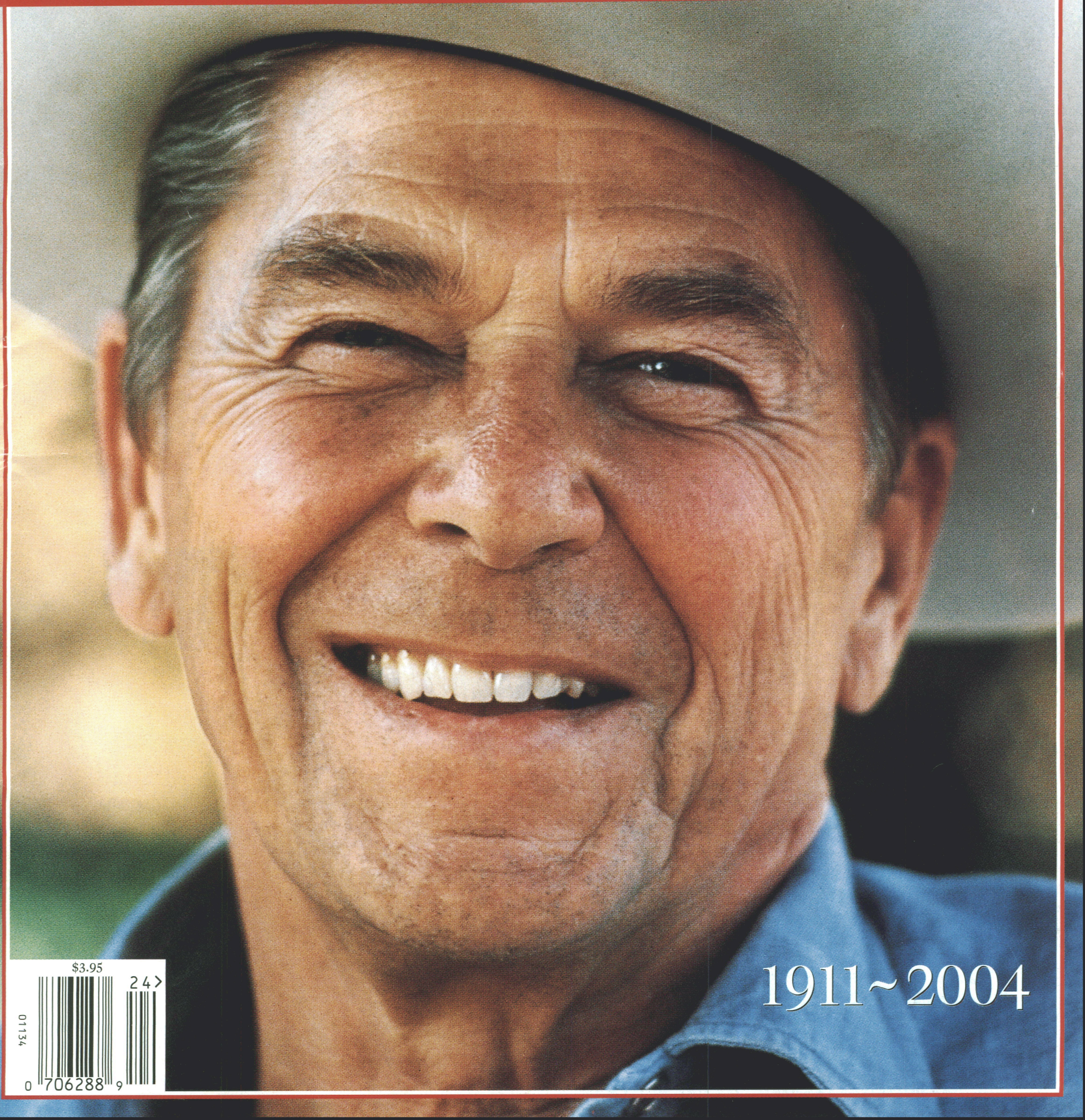

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# TopoftheWeek

**Newsweek**

REAGAN FAMILY PRIVATE COLLECTION—COURTESY OF RONALD REAGAN PRESIDENTIAL LIBRARY

# Reagan's American Odyssey

The emotionally distant son of an alcoholic father and a pious, theatrical mother, Ronald Reagan rose from tiny Illinois towns to become one of our most consequential presidents. From his days as a lifeguard to playing Hollywood heroes, from Sacramento to the White House, Reagan shaped the way we live now. His life and legacy.

Page 22

## SPECIAL REPORT

**IN MEMORIAM:** Ronald Reagan, 1911-2004 ........ 22
**PORTRAIT OF A PRESIDENT:** American Dreamer by Jon Meacham ........ 26
**HISTORY:** Reagan and the End of the Cold War by Michael Beschloss ........ 41
**A DAUGHTER'S REMEMBRANCE:** A Father I Shared With America by Patti Davis ........ 42
**OVERVIEW:** A Man With Faults and Virtues by Arthur Schlesinger Jr. ........ 44

## NEWS OF THE WEEK

**NATIONAL AFFAIRS:** At the CIA, the Fall of a Spymaster by Evan Thomas ........ 46
**IRAQ:** Can the New Government Succeed? by Babak Dehghanpisheh and Rod Nordland ........ 50
**FOOD:** Home-Cooking Guru Marcella Hazan Turns 80 by Dorothy Kalins ........ 52
**PUBLISHING:** Hip-Hop Novels, the Latest Hot Genre by Peg Tyre ........ 54
**MUSIC:** A Supergroup of Rock Bad Boys Takes Off by Lorraine Ali ........ 56
**TV:** Fox Makes a Play to Rule Summer by Marc Peyser ........ 58
**BOOKS:** From Bridget Jones's Creator, a Spy Who's Funnier Than James Bond by Cathleen McGuigan ........ 59

## DEPARTMENTS

**THIS WEEK ONLINE** ........ 4
**PERISCOPE** ........ 6
**LETTERS** ........ 13
**MY TURN** ........ 18
**PERSPECTIVES** ........ 21
**TIP SHEET** ........ 61
**NEWSMAKERS** ........ 69
**GEORGE F. WILL** ........ 70

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# Top of the Week

THIS WEEK ONLINE
**Newsweek.com** on MSNBC

## Bill Clinton, Movie Star

**NEWSWEEK: Was it hard to get people to talk to you for your new documentary about Bill Clinton, "The Hunting of the President"?**
**DIRECTOR HARRY THOMASON:** There were 137 people on the right who, with the exception of Jerry Falwell, all refused to talk to us. And a lot of news people didn't want to talk.

**You document what you see as a sustained effort to discredit Clinton. What drove that? Was it his own behavior or his popularity?**
It might have ended up [being] his behavior, but in the beginning, it was his popularity. The Republicans and the conservatives had had the White House for so long that they didn't want to give it up.

**What reaction have you gotten from Clinton?**
I have been his friend for a long time and I really worried about what he would think. But I'd said to him: "I am going to make this film and we are not going to talk about it." I assume he's seen the film now, and he is still speaking to me, so I guess it turned out OK ... I don't think the film is even necessarily about the Clintons.

**What is it about?**
I think it's a cautionary tale to the press. The press needs to learn to be more careful.

*For Jennifer Barrett's full interview go to Newsweekonline.MSNBC.com*

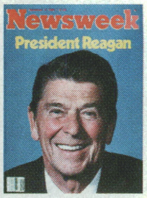
**Newsweek.com on MSNBC**
News, analysis and commentary updated daily by the magazine's global network of correspondents

## THE EDITOR'S DESK

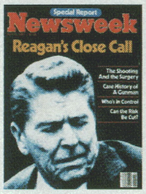
When Ronald Reagan took the oath of office on the Capitol steps that sunny January morning in 1981, reminding Americans that "we have every right to dream heroic dreams," **Jon Meacham** was 12 years old. Unlike those of us of previous generations, who only gradually came to understand the political genius of this former B-movie actor who rose from the Goldwater wing of the Republican Party, Jon just knew the Reagan who so confidently played the role of president. As he came of age, he watched Reagan stand up to the Soviet Union and the inefficiencies of big government, restoring America's pride in its global strength and launching the U.S. economy on an economic boom that ran for almost all of the next 20 years. Jon eventually came to see the downsides of the Reagan years as well—the record deficits, the seeming indifference to poverty and AIDS, the hubris and recklessness that led to the Iran-contra scandal. But more than any other figure, Reagan instilled in him a fascination with political leadership that led him to take up journalism as a career and eventually to write a best-selling history of the wartime relationship between Franklin Roosevelt and Winston Churchill.

Newsweek
POLITICS '66
The Year's Big Races
GOP Challenger Ronald Reagan
abc

March 1966



November 1980



April 1981

TRAIL OF TERROR
Searching for the Pan Am Bombers
Newsweek
How Reagan Changed America
By GEORGE F. WILL

January 1989

So when Reagan finally passed away on Saturday after a long struggle with Alzheimer's disease, we knew where to turn for a tribute. At once affectionate and tough, sweeping and intimate, Jon's remembrance does more than just recite the familiar accomplishments and controversies. It probes Reagan's origins, upbringing and private life for clues to the convictions and temperament that made him such a (majestically or maddeningly, depending on your point of view) successful president. We asked historians **Arthur Schlesinger Jr.** and **Michael Beschloss** to contemplate how Reagan is likely to be remembered through the ages, and turned to his daughter **Patti Davis** for her reflections on a father who was often distant or distracted but whose example and illness ultimately brought his devoted wife, Nancy, and their children together in moving reconciliation. And in a week when the resignation of a CIA director and a racehorse's failed bid for the Triple Crown invited so many reflections on the lost glories of the past, **Susanne Miklas** gathered and skillfully edited still-evocative photographs of a life and an era that, whether you revered Ronald Reagan or not, won't soon be erased from our consciousness.

—MARK WHITAKER

## HIGHLIGHTS

This week, check out our Web-exclusive coverage of **Ronald Reagan**, including a **photo tribute** and updated coverage of his **final honors.** Then log on for **updated coverage** of the **war in Iraq** and the race for the **White House** in our two **Web-exclusive special sections.** And cast your **Live Vote** on the **Newsweek.com** home page: was **George Tenet**'s resignation justified?

## COLUMNISTS & LIVE TALKS

## The Week Ahead on the Web

On Tuesdays, **Richard Wolffe** files on the presidential campaign in his Web-exclusive column, Trail Mix.

Log on to read **Howard Fineman**'s Web-exclusive column, Living Politics, published Wednesdays.

Join **Jon Meacham** for a Live Talk on the life and times of Ronald Reagan, Wednesday, June 9, at noon, ET.

**Michael Isikoff** hosts a Live Talk on George Tenet and the war on terror, Thursday, June 10, at noon, ET.

For an inside look at Washington and the race for the White House, read **Eleanor Clift**'s Capitol Letter on Fridays.

CLOCKWISE FROM LEFT: APTN-AP, NO CREDIT (4), NEWSWEEK, NO CREDIT (2), CARLCOXPHOTO.COM, PHOTOGRAPH BY KHUE BUI FOR NEWSWEEK

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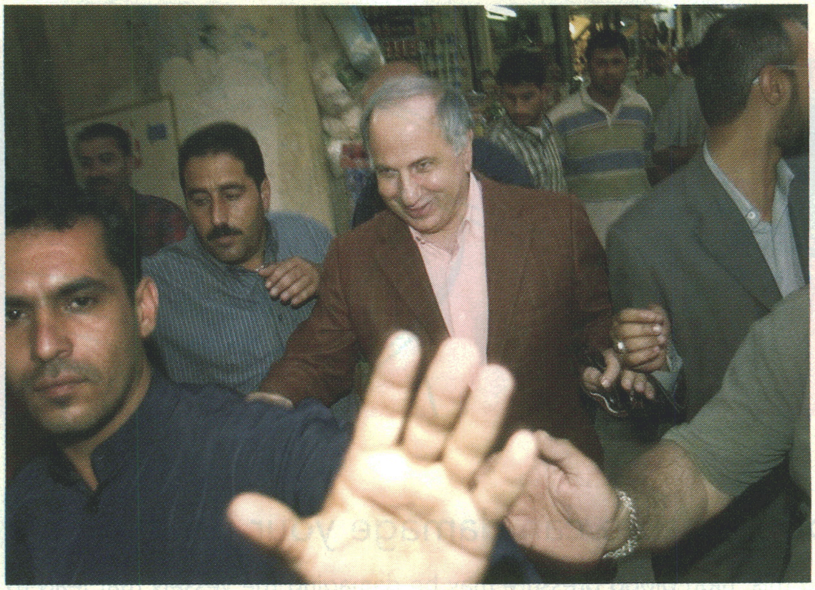
# Periscope

**From Our Reporters: A Heads-Up Look at Scoops, Trends, Ideas, People to Watch**

INTEL

## The Hunt for the Iranians' Informer



**MAN IN THE MIDDLE:** The FBI is investigating whether Chalabi is the leaker

NO MORE THAN A few weeks ago senior U.S. spy masters could revel in how much they knew about Tehran's most-secret doings. They had their very own keyhole on the theocracy's inner councils. Even better, the Americans could also eavesdrop on Iran's covert contacts with death-dealing organizations like Hizbullah. As a result, many U.S. intelligence officials were convinced that the Lebanese terror group did not pose an immediate threat to American interests, despite its gory past. Now they don't know what to think. Someone tipped off the Iranians that America had cracked the cryptographic system of Iran's principal spy agency, the Ministry of Intelligence and Security. The prime suspect? The man who once was the Pentagon's favorite Iraqi exile: Ahmad Chalabi.

The Iraqi politician has vehemently denied having any access to American secrets about Iran, let alone spilling them. "Dr. Chalabi would never endanger the national security of the U.S.," his lawyers insisted last week in a letter to Attorney General John Ashcroft and FBI Director Robert Mueller. Still, intelligence officials think that's just what he did. They had asked NEWSWEEK, which first reported the outlines of Chalabi's alleged indiscretions more than a month ago, The New York Times and other news organizations to omit any reference to code breaking or the top-secret National Security Agency from stories about Chalabi until last week, after details leaked on cable news. The latest revelations: in April, the Americans intercepted a cable to Tehran from the Iranian spy ministry's Baghdad station chief. The cable quoted Chalabi as telling the station chief that the Iranians' code had been cracked by U.S. intelligence, saying the Iraqi had heard it from a drunken American.

Chalabi's supporters say it's all a lie. They say his old antagonists at the State Department and CIA are out to discredit him, or enemies in Iran want to frame him. Perhaps, the Chalabi camp suggests, the Iranians found out years ago that the code was broken, and they kept using it only to feed misinformation to the Americans. Knowledgeable U.S. officials admit they're not positive who leaked what to whom, but they tell NEWSWEEK that when Iran upgraded its crypto systems two or three years ago, the NSA soon cracked it. Some officials say the Iranians kept using the code until the broadcast media broke the story. The FBI is investigating whether Chalabi leaked to the Iranians, and who in the U.S. government might have leaked secrets to Chalabi.

Regardless of who's responsible for the security breach, it comes at a bad moment: reports from Iraq say suspected Hizbullah operatives may be helping Iraqi insurgents mount terrorist attacks on Americans and other foreign personnel.

–MARK HOSENBALL

## CONVENTIONALWISDOM

### FAREWELL DUTCH EDITION

Now that Tenet is gone, there's talk about a power vacuum in the CIA. But what good is power if you give the prez only what he wants to hear?

| | CW | |
|---|---|---|
| **Reagan** | ↑ | No matter where you stand, he helped make us believe in ourselves again. So long, Gipper—it's mourning in America. |
| **Bush** | ↔ | Ignores papal jibe on Iraq while embracing good news on jobs. And handover might actually work. |
| **Tenet** | ↓ | Mr. Slam Dunk claims he quit for "personal reasons." But it doesn't take a spook to see that he was through. |

DAVID TIDMARSH

| | CW | |
|---|---|---|
| **Chirac** | ↔ | Uses D-Day anniversary to extend olive branch to the Yanks. After all, in '44, we saved France's derrière. |
| **Spelling Bee** | ↑ | America holds its breath while young Tidmarsh spells a-u-t-o-c-h-t-h-o-n-o-u-s. Beats watching hockey. |
| **Smarty Jones** | ↓ | The horse of destiny has the biggest choke since '64 Phillies. Serve him his cheese steak cold. |

FROM TOP: KHALID MOHAMMED—AP, MATTHEW CAVANAUGH—GETTY IMAGES

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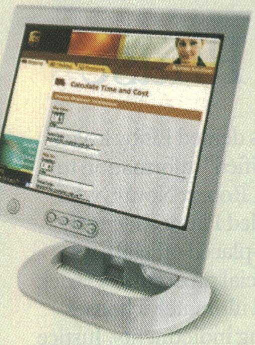

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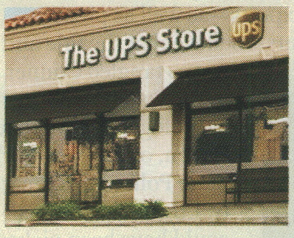

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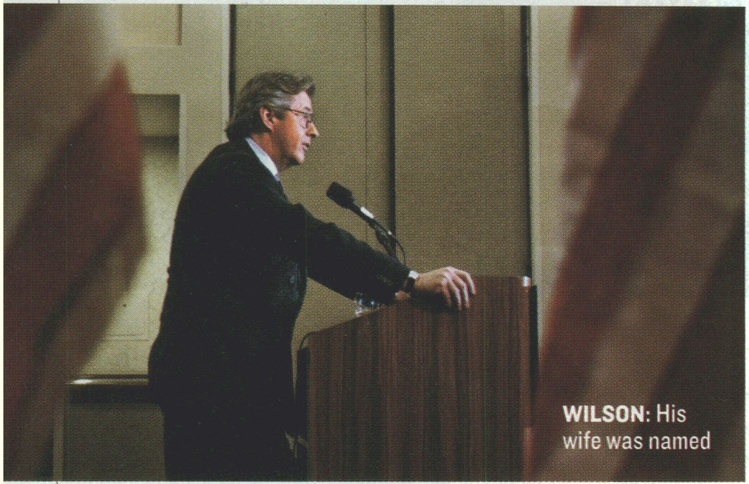


**WILSON:** His wife was named

LEAK PROBE

## In the 'Mop-Up' Phase

WITH LAST week's disclosures that President Bush had consulted with a criminal-defense lawyer and Vice President Dick Cheney had been questioned by federal prosecutors, the Justice probe into the leak of an undercover CIA officer's identity is reaching a critical stage. Decisions on indictments could come within weeks, according to lawyers and others close to the case. Bush's decision to seek out the counsel of lawyer James Sharp was prompted by signals that prosecutors may want to talk to him shortly—a clear sign the investigation is reaching its climax, says one lawyer. Another source says prosecutors have been returning to key witnesses to ask what were described as "mop-up" questions. There are no suggestions that either the president or veep are in any legal trouble. But one key figure in the probe, sources say, is Cheney's chief of staff, I. Lewis (Scooter) Libby, who took "prodigious" notes of White House conversations in which CIA undercover operative Valerie Plame, wife of former U.S. ambassador Joseph Wilson, may have been mentioned. The notes have served as a basis for questioning Libby and other White House aides. The White House has denied Libby leaked any "classified" information to columnist Robert Novak, who first revealed Plame's identity. One high-placed official says that if special prosecutor Patrick Fitzgerald ultimately chooses not to bring indictments, Justice officials may arrange to disclose his findings in response to an inquiry from Capitol Hill.

–MICHAEL ISIKOFF

PETERSON TRIAL

## A Question of Timing

THE SCOTT PETERSON murder trial, which began last week, promises to contain long lessons in forensics. Defense attorney Mark Geragos has pledged to show jurors that Peterson's wife, Laci, and her unborn son, Conner, survived weeks after cops believe Peterson killed them. Prosecutors maintain that Peterson, 31, murdered his pregnant wife on Dec. 23 or 24, 2002, then sank her body in San Francisco Bay. To counter this timeline, Geragos will cite autopsy reports showing that Conner was older than the 33 weeks he was thought to be when Laci disappeared. (The 33-week assessment comes from Laci's obstetrician, who based the estimate on a three-month-old ultrasound test.) Government forensic experts pegged Conner's gestational age at between 34 and 40 weeks, and the defense's own experts will almost surely agree. "If this baby was born alive, clearly Scott Peterson doesn't have anything to do with his murder," Geragos told jurors. Prosecutors will present an expert who placed Conner's time of death at about Dec. 25, not January or later. They will say mother and baby separated only after Laci's body decomposed for several months under water. Geragos will counter by maintaining that the tape wrapped around Conner's neck and shoulder could have been put there only by a person tying him up—and therefore happened postpartum. Outside experts—as well as prosecutors—believe that the tide and waves tangled Conner in the water. Says pathologist Dr. Michael Baden, of the New York State Police lab, "Clearly, I think that debris could have been picked up in the water."

**LACI:** When did she die?

–ANDREW MURR and ROBINA RICCITIELLO

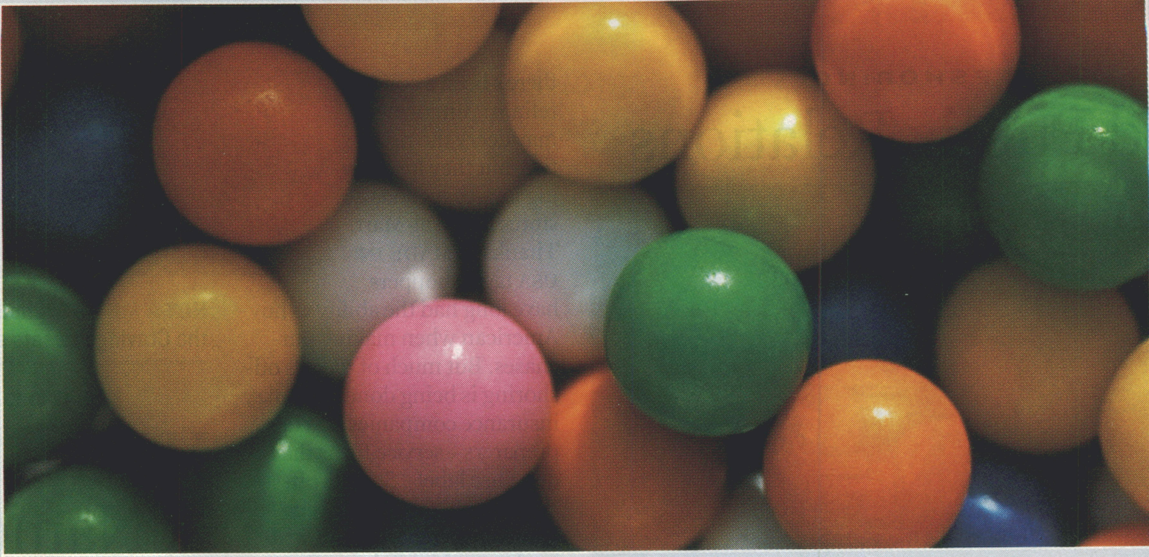
## IED'S Secret Sarin Supply?

U.S. investigators haven't ruled out the possibility that an Iraqi artillery round containing the nerve agent sarin, which was used by insurgents last month in an ineffective homemade-bomb attack, could be part of a chemical-weapons stockpile. Most investigators believe the insurgents who put the device together didn't know the old shell they had contained sarin. But a few U.S. experts note that analyses of homemade bombs found in the same area as the sarin device indicated that insurgents usually drill out the tops of old shells and put new detonators inside. But in the case of the sarin shell device, the bombmakers didn't drill out the top of the old munition; they placed a charge next to it, which suggests to some U.S. investigators the bombmakers knew the shell contained nerve gas. What scares the pessimists is the possibility that insurgents who used the sarin shell are members of Saddam Hussein's regime who have access to a hidden cache of similar munitions. Because of the age of the recently discovered sarin shell, however, few U.S. experts believe it's a big break in the hunt for unconventional weapons.

–MARK HOSENBALL

**INNOVATION:** Insurgents get more sophisticated

FROM TOP: EVAN VUCCI–AP, MODESTO BEE–POLARIS, KHALID MOHAMMED–AP



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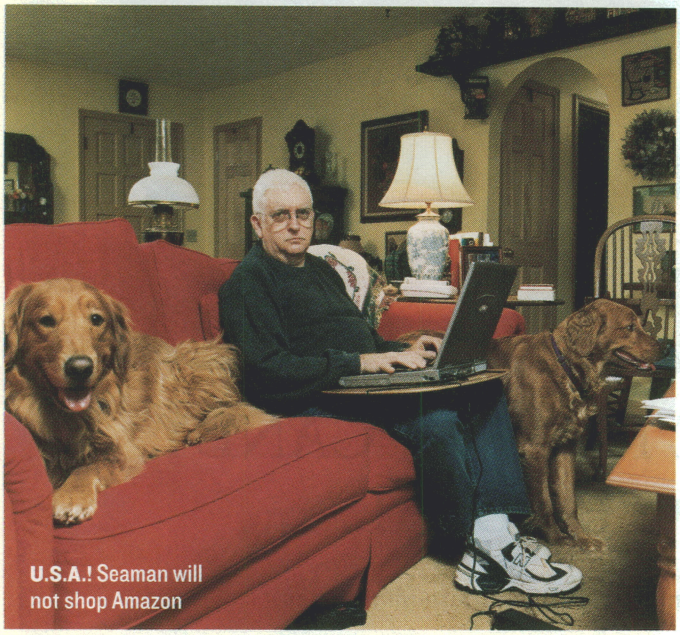
NWK6/04

OFFSHORING

# Good Publix Relations



**U.S.A.!** Seaman will not shop Amazon

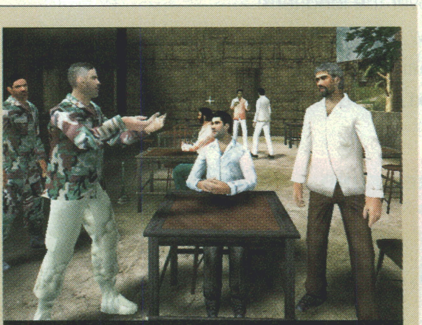
CHARLIE SEAMAN used to drink Coca-Cola. Then the laid-off Atlanta tech worker heard the company was "offshoring" jobs overseas. Determined to stop patronizing companies that he believed discarded U.S. workers, Seaman began researching and eventually launched a Web site, onshorealternatives.com, that lists which companies offshore and which don't. Now he shops at barnesandnoble.com instead of Amazon, uses a local bank and drinks Publix-brand cola. "Once you get used to it, it tastes fine," he says.

In the debate over offshoring there's been a constant refrain: Americans may decry the practice, but they love buying low-cost goods at stores like Wal-Mart. Thanks to MADE IN USA tags, shoppers have long had the ability to buy American when making purchases. But much of today's offshoring is being done by banks, insurance companies and tax preparers—service firms that don't use labels. So anti-offshoring activists have been launching Web sites and writing letters, highlighting firms that offshore and urging "empowered consumerism."

It's not easy. The companies exporting jobs include most big-name firms; offshore avoiders often deal with local or obscure brands. Cindy Ranier of Maryville, Ill., switched brokerage firms and insurance companies, but says "it's impossible to do 100 percent." Free-traders say Ranier and others are tilting at windmills. Instead of obsessing over lists of bad companies, says Stuart Anderson of the National Foundation for American Policy, they'd do better by "making cost-effective purchases. Then take the money you save and donate it to charity." –DANIEL MCGINN

## ARABIC High-Tech Tutor

Army Special Operations soldiers may soon get a high-tech computer game to teach them Arabic. Now being designed at the University of Southern California, the Tactical Language Training System helps students learn "situational Arabic" by inserting them into a realistic videogame as Special Forces operator Maj. John Smith (Maj. Kate Jones for women). The mission: enter a Lebanese village (an Iraqi version is planned) and talk your way into meetings with the mayor and a "Shiite leader of uncertain loyalties" to get help rebuilding a damaged water plant. The game is constructed from a stripped-down version of the popular Unreal Tournament—but without the guns. It employs voice-recognition and artificial-intelligence technologies so that the mayor and others react to Smith's Arabic words and motions. Smith advances if a soldier pronounces Arabic properly and uses respectful gestures. But villagers can react badly. In a café sequence, the major explains his mission and asks his way to the mayor's house. If the student botches his request, a bystander leaps up. "You're lying! You are CIA!" he yells at Smith. The game can be run on a PC, and the Army hopes it will help Special Forces soldiers who often deploy too quickly for detailed language instruction. Soldiers at Fort Bragg will test a prototype next month, and the $7.4 million project may ship late this year. –ANDREW MURR



**LEND A HELPING HAND?** Ask nicely

**NOT A MIRAGE:** Chefs pose at the Cravings sweets station

FOOD

# What's in A Name?

ADAM TIHANY HAD one caveat before agreeing to design Cravings, the Mirage hotel's new $12 million buffet that opened late last month in Las Vegas: don't call it a buffet. His preference? An "all-you-can-eat self-service dining experience." Fine: ditching the moniker was a small concession for Mirage executives to make to lure Tihany, the renowned designer behind New York City's Jean Georges and the Mandarin Bar near London's Hyde Park. "I see Las Vegas as the single most important design laboratory," says Tihany. "Forget Asia and Europe."

Gone are the steam-warmed vats of lasagne—and the suspiciously low price: dinner is $20.50 per person. Food is cooked fresh at individual stations, served up on small, stylish plates, and, in some cases, made to order. Dishes like freshly sliced sushi, wood-fired pizza and hearts-of-palm salad are displayed in front of the kitchens—and wood ovens—where they're prepared. And the décor is elevated, with stylish tabletop flatware and oversize square plates. Says Judy Cooper, who drove an hour with her husband, Frank, from St. George, Utah, just to try Cravings: "I've eaten in so many buffets but I've never seen anything as beautiful as this." –TARA WEINGARTEN

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TELEVISION

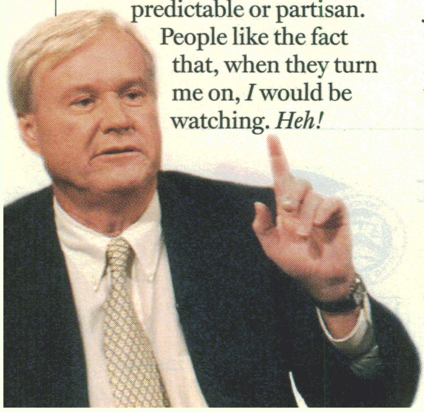
## Looking at The Locust

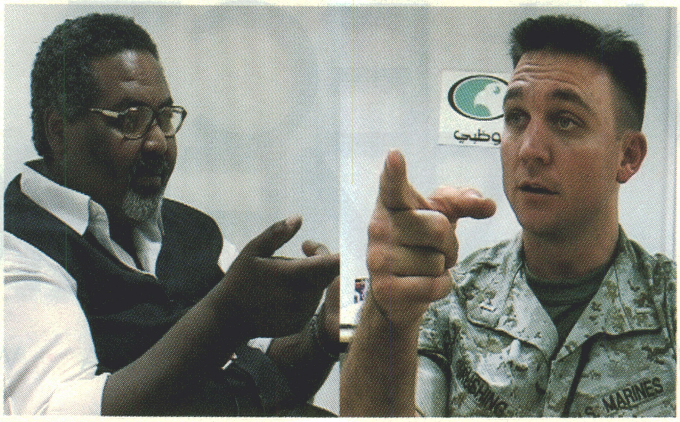
IN ITS SECOND SEASON, “The Chris Matthews Show” now trails only “Meet the Press” on Sunday mornings, according to new Nielsen household data. And “Hardball” viewership is up. Matthews and NEWSWEEK’s Bret Begun talked TV:

**Sunday’s show was described to me as “the one without yelling.”** Sunday is bagels; it’s English muffins. It’s a time of reflection. During the week people are coming home with the grit of the day on them. What I like about Sunday is, I interview people I instinctively believe. I sit down with four journalists. I’m like Perry White in “Superman”: “Whaddya got?” What they have to say is going to be fact-based. During the week, I have to contend with advocates and I have to challenge them.

**Do you want people getting their news from your shows? Or do you hope that they just add to someone’s understanding of—** Well, I put in a lot of time scoping out the weekend show. I like to ask questions from the Seder: what makes this week different from any other week? I also ask another question: What’s the focus of the locust? What do people want to know?

**How do you get Shepard Smith’s weekday numbers on Fox?** I don’t know. I’m a skeptic. I don’t think anybody would say anything I’ve ever done is predictable or partisan. People like the fact that, when they turn me on, *I* would be watching. *Heh!*





**IN ‘CONTROL’:** A station correspondent (left), a U.S. press officer

MOVIES

## Al-Jazeera From Inside

THE ARAB NEWS STATION Al-Jazeera has been described by the Bush administration as a “mouthpiece for Osama bin Laden,” by Middle East leaders as a conduit for American propaganda and now by film critics as a catalyst for the most successful documentary of the year. “Control Room,” directed by American filmmaker Jehane Noujaim, broke documentary box-office attendance records in New York when it opened May 21 and is expected to pick up more steam (and get more people steamed) when it opens nationwide in select theaters Friday. “The name Al-Jazeera is of automatic interest to Americans,” says Noujaim, 30, who graduated from Harvard and coproduced the award-winning documentary “Startup.com.” “It’s so demonized, even hated, yet no one really knows anything about it. But you figure if they’re pissing everyone off—Americans *and* Arabs—they must be doing something right.”

**ACTION!** Noujaim’s taking the film nationwide

The film documents the beginning of the second gulf war from Al-Jazeera’s headquarters in Qatar and introduces us to the people behind the scenes of the Middle East’s only independent news station. Its top journalists (many of whom were schooled in Western universities and cut their teeth as BBC reporters) talk openly about trying to maintain their journalistic integrity while drawing ideas from their own political passions. They are driven to get the real story, but once they do, the Iraq war looks a lot different when covered from an Arab perspective. There are civilian casualties, flawed American policies and Red Cross reports warning of a humanitarian crisis. “I’ve lived in America and the Middle East, and I was always amazed at how differently they each covered the same events,” says Noujaim. “I made this film because I feel, now, it’s crucial that there’s some kind of understanding between the cultures.”

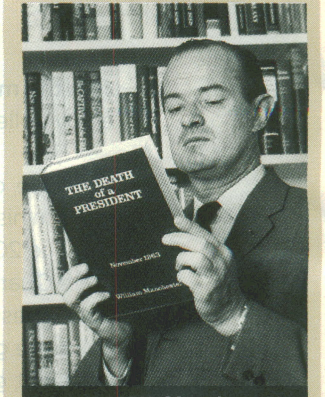
—LORRAINE ALI

## TRANSITION

**WILLIAM MANCHESTER, 82**

Manchester was a great writer of narrative history cursed by his own talent. He wrote thrilling, moving, graceful portraits of great men, yet academics patronized him as a “popular historian,” not a real one. Readers bought his books in huge numbers, but he never quite gained the professional respect he craved. A poor boy who graduated from the University of Massachusetts, Manchester saw horrific combat as a Marine in World War II, which he captured in his memoir “Goodbye, Darkness.” He became a figure of controversy in 1966 after he was chosen to write the authorized account of JFK’s assassination. When Jackie Kennedy decided his book, “The Death of a President,” was too intimate and raw, the Kennedys tried to stop its serialization in Look magazine. Manchester went on to write magisterial biographies, among them “American Caesar,” the life of Gen. Douglas MacArthur. He finished two volumes of a three-volume biography of Winston Churchill that won huge audiences and mixed reviews, and then became too sick to go on. Last week Manchester’s publisher, Little, Brown, announced that a journalist, Paul Reid, had been chosen to complete the final volume.

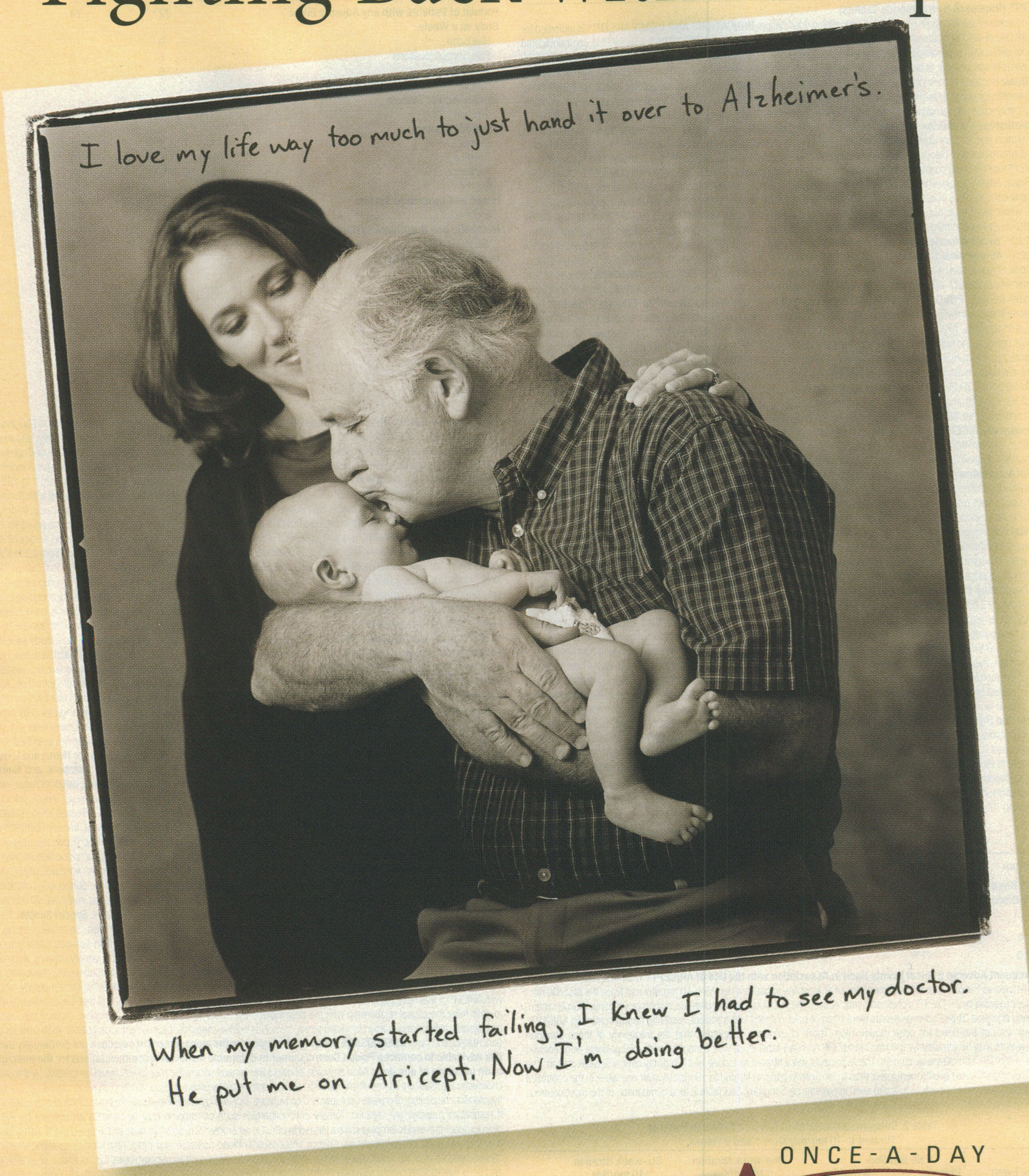
—EVAN THOMAS



**A LAST LION:** Manchester

TOP TO BOTTOM: MAGNOLIA PICTURES (2), EDDIE ADAMS—AP, JUSTIN WALTERS—AP, BJERKE—NBC

# Fighting Back with Aricept®



I love my life way too much to just hand it over to Alzheimer's.

When my memory started failing, I knew I had to see my doctor. He put me on Aricept. Now I'm doing better.

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ARICEPT® is indicated for mild to moderate Alzheimer's. It is well tolerated but may not be for everyone. Some people may experience nausea, diarrhea, not sleeping well, vomiting, muscle cramps, feeling very tired, or not wanting to eat. In studies, these side effects were usually mild and went away over time. Some people taking ARICEPT® may experience fainting.

Please see additional important product information on accompanying page.

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STRENGTH IN THE FACE OF ALZHEIMER'S™

**ARICEPT® (Donepezil Hydrochloride Tablets)**

Brief Summary—see package insert for full prescribing information. **INDICATIONS AND USAGE** ARICEPT® is indicated for the treatment of mild to moderate dementia of the *Alzheimer's* type. **CONTRAINDICATIONS** ARICEPT® is contraindicated in patients with known hypersensitivity to donepezil hydrochloride or to piperidine derivatives. **WARNINGS** ***Anesthesia:*** ARICEPT®, as a cholinesterase inhibitor, is likely to exaggerate succinylcholine-type muscle relaxation during anesthesia. ***Cardiovascular Conditions:*** Because of their pharmacological action, cholinesterase inhibitors may have vagotonic effects on the sinoatrial and atrioventricular nodes. This effect may manifest as bradycardia or heart block in patients both with and without known underlying cardiac conduction abnormalities. Syncopal episodes have been reported in association with the use of ARICEPT®. ***Gastrointestinal Conditions:*** Through their primary action, cholinesterase inhibitors may be expected to increase gastric acid secretion due to increased cholinergic activity. Therefore, patients should be monitored closely for symptoms of active or occult gastrointestinal bleeding, especially those at increased risk for developing ulcers, e.g., those with a history of ulcer disease or those receiving concurrent nonsteroidal anti-inflammatory drugs (NSAIDS). Clinical studies of ARICEPT® have shown no increase, relative to placebo, in the incidence of either peptic ulcer disease or gastrointestinal bleeding. ARICEPT®, as a predictable consequence of its pharmacological properties, has been shown to produce diarrhea, nausea and vomiting. These effects, when they occur, appear more frequently with the 10 mg/day dose than with the 5 mg/day dose. In most cases, these effects have been mild and transient, sometimes lasting one to three weeks, and have resolved during continued use of ARICEPT®. ***Genitourinary:*** Although not observed in clinical trials of ARICEPT®, cholinomimetics may cause bladder outflow obstruction. ***Neurological Conditions:*** Seizures: Cholinomimetics are believed to have some potential to cause generalized convulsions. However, seizure activity also may be a manifestation of Alzheimer's Disease. ***Pulmonary Conditions:*** Because of their cholinomimetic actions, cholinesterase inhibitors should be prescribed with care to patients with a history of asthma or obstructive pulmonary disease. **PRECAUTIONS Drug-Drug Interactions** ***Drugs Highly Bound to Plasma Proteins:*** Drug displacement studies have been performed *in vitro* between this highly bound drug (96%) and other drugs such as furosemide, digoxin, and warfarin. ARICEPT® at concentrations of 0.3-10 µg/mL did not affect the binding of furosemide (5 µg/mL), digoxin (2 ng/mL), and warfarin (3 µg/mL) to human albumin. Similarly, the binding of ARICEPT® to human albumin was not affected by furosemide, digoxin, and warfarin. ***Effect of ARICEPT® on the Metabolism of Other Drugs:*** No *in vivo* clinical trials have investigated the effect of ARICEPT® on the clearance of drugs metabolized by CYP 3A4 (e.g. cisapride, terfenadine) or by CYP 2D6 (e.g. imipramine). However, *in vitro* studies show a low rate of binding to these enzymes (mean $K_i$ about 50-130 µM), that, given the therapeutic plasma concentrations of donepezil (164 nM), indicates little likelihood of interference. Whether ARICEPT® has any potential for enzyme induction is not known. ***Effect of Other Drugs on the Metabolism of ARICEPT®:*** Ketoconazole and quinidine, inhibitors of CYP450, 3A4 and 2D6, respectively, inhibit donepezil metabolism *in vitro*. Whether there is a clinical effect of these inhibitors is not known. Inducers of CYP 2D6 and CYP 3A4 (e.g., phenytoin, carbamazepine, dexamethasone, rifampin, and phenobarbital) could increase the rate of elimination of ARICEPT®. ***Use with Anticholinergics:*** Because of their mechanism of action, cholinesterase inhibitors have the potential to interfere with the activity of anticholinergic medications. ***Use with Cholinomimetics and Other Cholinesterase Inhibitors:*** A synergistic effect may be expected when cholinesterase inhibitors are given concurrently with succinylcholine, similar neuromuscular blocking agents or cholinergic agonists such as bethanechol. **Carcinogenesis, Mutagenesis, Impairment of Fertility** Carcinogenicity studies of donepezil have not been completed. Donepezil was not mutagenic in the Ames reverse mutation assay in bacteria. In the chromosome aberration test in cultures of Chinese hamster lung (CHL) cells, some clastogenic effects were observed. Donepezil was not clastogenic in the *in vivo* mouse micronucleus test. Donepezil had no effect on fertility in rats at doses up to 10 mg/kg/day (approximately 8 times the maximum recommended human dose on a $mg/m^2$ basis). **Pregnancy** ***Pregnancy Category C:*** Teratology studies conducted in pregnant rats at doses up to 16 mg/kg/day (approximately 13 times the maximum recommended human dose on a $mg/m^2$ basis) and in pregnant rabbits at doses up to 10 mg/kg/day (approximately 16 times the maximum recommended human dose on a $mg/m^2$ basis) did not disclose any evidence for a teratogenic potential of donepezil. However, in a study in which pregnant rats were given up to 10 mg/kg/day (approximately 8 times the maximum recommended human dose on a $mg/m^2$ basis) from day 17 of gestation through day 20 postpartum, there was a slight increase in still births and a slight decrease in pup survival through day 4 postpartum at this dose; the next lower dose tested was 3 mg/kg/day. There are no adequate or well-controlled studies in pregnant women. ARICEPT® should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Nursing Mothers** It is not known whether donepezil is excreted in human breast milk. ARICEPT® has no indication for use in nursing mothers. **Pediatric Use** There are no adequate and well-controlled trials to document the safety and efficacy of ARICEPT® in any illness occurring in children. **ADVERSE REACTIONS Adverse Events Leading to Discontinuation** The rates of discontinuation from controlled clinical trials of ARICEPT® due to adverse events for the ARICEPT® 5 mg/day treatment groups were comparable to those of placebo-treatment groups at approximately 5%. The rate of discontinuation of patients who received 7-day escalations from 5 mg/day to 10 mg/day, was higher at 13%. The most common adverse events leading to discontinuation, defined as those occurring in at least 2% of patients and at twice the incidence seen in placebo patients, are shown in Table 1.

**Table 1. Most Frequent Adverse Events Leading to Withdrawal from Controlled Clinical Trials by Dose Group**

| **Dose Group** | **Placebo** | **5 mg/day ARICEPT®** | **10 mg/day ARICEPT®** |
|---|---|---|---|
| **Patients Randomized** | 355 | 350 | 315 |
| **Event/%Discontinuing** | | | |
| Nausea | 1% | 1% | 3% |
| Diarrhea | 0% | <1% | 3% |
| Vomiting | <1% | <1% | 2% |

**Most Frequent Adverse Clinical Events Seen in Association with the Use of ARICEPT®** The most common adverse events, defined as those occurring at a frequency of at least 5% in patients receiving 10 mg/day and twice the placebo rate, are largely predicted by ARICEPT®'s cholinomimetic effects. These include nausea, diarrhea, insomnia, vomiting, muscle cramp, fatigue and anorexia. These adverse events were often of mild intensity and transient, resolving during continued ARICEPT® treatment without the need for dose modification. There is evidence to suggest that the frequency of these common adverse events may be affected by the rate of titration. An open-label study was conducted with 269 patients who received placebo in the 15- and 30-week studies. These patients were titrated to a dose of 10 mg/day over a 6-week period. The rates of common adverse events were lower than those seen in patients titrated to 10 mg/day over one week in the controlled clinical trials and were comparable to those seen in patients on 5 mg/day. See Table 2 for a comparison of the most common adverse events following one and six week titration regimens.

**Table 2. Comparison of Rates of Adverse Events in Patients Titrated to 10 mg/day Over 1 and 6 Weeks**

| | **No titration** | | **One-week titration** | **Six-week titration** |
|---|---|---|---|---|
| **Adverse Event** | **Placebo (n=315)** | **5 mg/day (n=311)** | **10 mg/day (n=315)** | **10 mg/day (n=269)** |
| Nausea | 6% | 5% | 19% | 6% |
| Diarrhea | 5% | 8% | 15% | 9% |
| Insomnia | 6% | 6% | 14% | 6% |
| Fatigue | 3% | 4% | 8% | 3% |
| Vomiting | 3% | 3% | 8% | 5% |
| Muscle cramps | 2% | 6% | 8% | 3% |
| Anorexia | 2% | 3% | 7% | 3% |

**Adverse Events Reported in Controlled Trials** The events cited reflect experience gained under closely monitored conditions of clinical trials in a highly selected patient population. In actual clinical practice or in other clinical trials, these frequency estimates may not apply, as the conditions of use, reporting behavior, and the kinds of patients treated may differ. Table 3 lists treatment emergent signs and symptoms that were reported in at least 2% of patients in placebo-controlled trials who received ARICEPT® and for which the rate of occurrence was greater for ARICEPT® assigned than placebo assigned patients. In general, adverse events occurred more frequently in female patients and with advancing age.

**Table 3. Adverse Events Reported in Controlled Clinical Trials in at Least 2% of Patients Receiving ARICEPT® (donepezil HCl) and at a Higher Frequency than Placebo-treated Patients**

| **Body System/Adverse Event** | **Placebo (n=355)** | **ARICEPT® (n=747)** |
|---|---|---|
| **Percent of Patients with any Adverse Event** | **72** | **74** |
| **Body as a Whole** | | |
| Headache | 9 | 10 |
| Pain, various locations | 8 | 9 |
| Accident | 6 | 7 |
| Fatigue | 3 | 5 |
| **Cardiovascular System** | | |
| Syncope | 1 | 2 |
| **Digestive System** | | |
| Nausea | 6 | 11 |
| Diarrhea | 5 | 10 |
| Vomiting | 3 | 5 |
| Anorexia | 2 | 4 |
| **Hemic and Lymphatic System** | | |
| Ecchymosis | 3 | 4 |
| **Metabolic and Nutritional Systems** | | |
| Weight Decrease | 1 | 3 |
| **Musculoskeletal System** | | |
| Muscle Cramps | 2 | 6 |
| Arthritis | 1 | 2 |
| **Nervous System** | | |
| Insomnia | 6 | 9 |
| Dizziness | 6 | 8 |
| Depression | <1 | 3 |
| Abnormal Dreams | 0 | 3 |
| Somnolence | <1 | 2 |
| **Urogenital System** | | |
| Frequent Urination | 1 | 2 |

**Other Adverse Events Observed During Clinical Trials** ARICEPT® has been administered to over 1700 individuals during clinical trials worldwide. Approximately 1200 of these patients have been treated for at least 3 months and more than 1000 patients have been treated for at least 6 months. Controlled and uncontrolled trials in the United States included approximately 900 patients. In regards to the highest dose of 10 mg/day, this population includes 650 patients treated for 3 months, 475 patients treated for 6 months and 116 patients treated for over 1 year. The range of patient exposure is from 1 to 1214 days. Treatment emergent signs and symptoms that occurred during 3 controlled clinical trials and two open-label trials in the United States were recorded as adverse events by the clinical investigators using terminology of their own choosing. To provide an overall estimate of the proportion of individuals having similar types of events, the events were grouped into a smaller number of standardized categories using a modified COSTART dictionary and event frequencies were calculated across all studies. These categories are used in the listing below. The frequencies represent the proportion of 900 patients from these trials who experienced that event while receiving ARICEPT®. All adverse events occurring at least twice are included, except for those already listed in Tables 2 or 3, COSTART terms too general to be informative, or events less likely to be drug caused. Events are classified by body system and listed using the following definitions: *frequent adverse events*—those occurring in at least 1/100 patients; *infrequent adverse events*—those occurring in 1/100 to 1/1000 patients. These adverse events are not necessarily related to ARICEPT® treatment and in most cases were observed at a similar frequency in placebo-treated patients in the controlled studies. No important additional adverse events were seen in studies conducted outside the United States. **Body as a Whole:** *Frequent:* influenza, chest pain, toothache; *Infrequent:* fever, edema face, periorbital edema, hernia hiatal, abscess, cellulitis, chills, generalized coldness, head fullness, listlessness. **Cardiovascular System:** *Frequent:* hypertension, vasodilation, atrial fibrillation, hot flashes, hypotension; *Infrequent:* angina pectoris, postural hypotension, myocardial infarction, AV block (first degree), congestive heart failure, arteritis, bradycardia, peripheral vascular disease, supraventricular tachycardia, deep vein thrombosis. **Digestive System:** *Frequent:* fecal incontinence, gastrointestinal bleeding, bloating, epigastric pain; *Infrequent:* eructation, gingivitis, increased appetite, flatulence, periodontal abscess, cholelithiasis, diverticulitis, drooling, dry mouth, fever sore, gastritis, irritable colon, tongue edema, epigastric distress, gastroenteritis, increased transaminases, hemorrhoids, ileus, increased thirst, jaundice, melena, polydipsia, duodenal ulcer, stomach ulcer. **Endocrine System:** *Infrequent:* diabetes mellitus, goiter. **Hemic and Lymphatic System:** *Infrequent:* anemia, thrombocythemia, thrombocytopenia, eosinophilia, erythrocytopenia. **Metabolic** ***and Nutritional*** **Disorders:** *Frequent:* dehydration; *Infrequent:* gout, hypokalemia, increased creatine kinase, hyperglycemia, weight increase, increased lactate dehydrogenase. **Musculoskeletal System:** *Frequent:* bone fracture; *Infrequent:* muscle weakness, muscle fasciculation. **Nervous System:** *Frequent:* delusions, tremor, irritability, paresthesia, aggression, vertigo, ataxia, increased libido, restlessness, abnormal crying, nervousness, aphasia; *Infrequent:* cerebrovascular accident, intracranial hemorrhage, transient ischemic attack, emotional lability, neuralgia, coldness (localized), muscle spasm, dysphoria, gait abnormality, hypertonia, hypokinesia, neurodermatitis, numbness (localized), paranoia, dysarthria, dysphasia, hostility, decreased libido, melancholia, emotional withdrawal, nystagmus, pacing. **Respiratory System:** *Frequent:* dyspnea, sore throat, bronchitis; *Infrequent:* epistaxis, post nasal drip, pneumonia, hyperventilation, pulmonary congestion, wheezing, hypoxia, pharyngitis, pleurisy, pulmonary collapse, sleep apnea, snoring. **Skin and Appendages:** *Frequent:* pruritus, diaphoresis, urticaria; *Infrequent:* dermatitis, erythema, skin discoloration, hyperkeratosis, alopecia, fungal dermatitis, herpes zoster, hirsutism, skin striae, night sweats, skin ulcer. **Special Senses:** *Frequent:* cataract, eye irritation, vision blurred; *Infrequent:* dry eyes, glaucoma, earache, tinnitus, blepharitis, decreased hearing, retinal hemorrhage, otitis externa, otitis media, bad taste, conjunctival hemorrhage, ear buzzing, motion sickness, spots before eyes. **Urogenital System:** *Frequent:* urinary incontinence, nocturia; *Infrequent:* dysuria, hematuria, urinary urgency, metrorrhagia, cystitis, enuresis, prostate hypertrophy, pyelonephritis, inability to empty bladder, breast fibroadenosis, fibrocystic breast, mastitis, pyuria, renal failure, vaginitis. **Postintroduction Reports** Voluntary reports of adverse events temporally associated with ARICEPT® that have been received since market introduction that are not listed above, and that there is inadequate data to determine the causal relationship with the drug include the following: abdominal pain, agitation, cholecystitis, confusion, convulsions, hallucinations, heart block (all types), hemolytic anemia, hepatitis, hyponatremia, neuroleptic malignant syndrome, pancreatitis, and rash. **OVERDOSAGE Because strategies for the management of overdose are continually evolving, it is advisable to contact a Poison Control Center to determine the latest recommendations for the management of an overdose of any drug.** As in any case of overdose, general supportive measures should be utilized. Overdosage with cholinesterase inhibitors can result in cholinergic crisis characterized by severe nausea, vomiting, salivation, sweating, bradycardia, hypotension, respiratory depression, collapse and convulsions. Increasing muscle weakness is a possibility and may result in death if respiratory muscles are involved. Tertiary anticholinergics such as atropine may be used as an antidote for ARICEPT® overdosage. Intravenous atropine sulfate titrated to effect is recommended: an initial dose of 1.0 to 2.0 mg IV with subsequent doses based upon clinical response. Atypical responses in blood pressure and heart rate have been reported with other cholinomimetics when co-administered with quaternary anticholinergics such as glycopyrrolate. It is not known whether ARICEPT® and/or its metabolites can be removed by dialysis (hemodialysis, peritoneal dialysis, or hemofiltration). Dose-related signs of toxicity in animals included reduced spontaneous movement, prone position, staggering gait, lacrimation, clonic convulsions, depressed respiration, salivation, miosis, tremors, fasciculation and lower body surface temperature. **DOSAGE AND ADMINISTRATION** The dosages of ARICEPT® shown to be effective in controlled clinical trials are 5 mg and 10 mg administered once per day. The higher dose of 10 mg did not provide a statistically significantly greater clinical benefit than 5 mg. There is a suggestion, however, based upon order of group mean scores and dose trend analyses of data from these clinical trials, that a daily dose of 10 mg of ARICEPT® might provide additional benefit for some patients. Accordingly, whether or not to employ a dose of 10 mg is a matter of prescriber and patient preference. Evidence from the controlled trials indicates that the 10 mg dose, with a one week titration, is likely to be associated with a higher incidence of cholinergic adverse events than the 5 mg dose. In open label trials using a 6 week titration, the frequency of these same adverse events was similar between the 5 mg and 10 mg dose groups. Therefore, because steady state is not achieved for 15 days and because the incidence of untoward effects may be influenced by the rate of dose escalation, treatment with a dose of 10 mg should not be contemplated until patients have been on a daily dose of 5 mg for 4 to 6 weeks. ARICEPT® should be taken in the evening, just prior to retiring, and may be taken with or without food.

Eisai Inc.
Teaneck, NJ 07666

Pfizer U.S. Pharmaceuticals
New York, NY 10017

200177 Revised December 2000

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# Letters

## He Took the U.S. for a Ride

ARE WE SUPPOSED TO BE SURPRISED BY the fact that Ahmad Chalabi and his Iraqi National Congress may be a bunch of con men ("Bush's Mr. Wrong," May 31)? Please. The bio of this man should have been the first and only clue. His scandal-fraught banking career and his conviction in Jordan in absentia, the cozying up to both the Clinton and Bush administrations, his instant arrival into Baghdad like some triumphant exiled leader, talking out of both sides of his mouth—need I go on? My blind grandmother could have seen the real Ahmad Chalabi from miles away. This is another prime example of how inept the current administration is.

TOURFA ALAAMA
LA HABRA HEIGHTS, CALIF.

I FOUND YOUR COVER STORY ON AHMAD Chalabi engaging and informative. Although Chalabi may be a rogue, I must agree with his opposition to the United Nations' selecting an interim government for Iraq. If I were a patriotic Iraqi who experienced a U.N. embargo that had deprived and impoverished my people for years, would I now allow this same cabal to impose a government on my nation?

FIL MUNAS
PITTSBURG, ILL.

"CLINTON HAD NO INTENTION OF GOING to war with Iraq. Bush might not have either, but for 9/11." What a whopper! Ever heard of Paul O'Neill? Richard Clarke? Those insiders and other respected sources have publicly verified what many suspected: the Bush administration was intent on invading Iraq long before 9/11.

GARY MYRICK
FT. WORTH, TEXAS

THIS MEMORIAL DAY WAS THE SADdest I've experienced. In other years this day signified remembrance of those who gave their lives, and gratitude to them for helping make this country the one I was lucky enough to be born in. I believed that their sacrifice made the world a better place. This year, while still highly aware of the sacrifice of those in the military, past and present, I feel an underlying sense of dread that our country has gone off in the wrong direction. With more than 800 Americans dead in Iraq, I would like to believe that those deaths were not in vain. Your cover story about how Ahmad Chalabi manipulated Paul Wolfowitz, Richard Perle and others, who in turn influenced Cheney and Bush, should make anyone question how we got into this war in the first place, and why.

ANNIE BRYANT
SAN JOSE, CALIF.

DO PEOPLE SOMEHOW LOSE THEIR right to make a mistake when they assume public office? If the accusations regarding Ahmad Chalabi are true, this would be a very troubling situation—one that could have become much worse if left undetected. However, is it fair to criticize and even ridicule the Bush administration for another man's deception? If so, would Evan Thomas and Mark Hosenball criticize FDR and Churchill for thinking that Joseph Stalin was a man to be trusted and a good ally? Are references such as "neocons" and "Bushies" really necessary in reporting the news? Use of words such as "spooks," "henchmen" and "crony" are better suited to spy novels. Why disregard the 90 percent-plus positive that is being done by our troops in Iraq to focus strictly on the 10 percent that is negative? And then we actually wonder why some troops have low morale and that public opinion for this effort is slipping.

BRIAN MARCHAND
FRONT ROYAL, VA.

MAIL CALL

### Ahmad Chalabi: Whose Con Man in Iraq?

THE BEST HARRY POTTER MOVIE YET!
Newswee
Bad Intel & Broken Trust: Ahmad Chalabi And the Road to War
OUR CON MAN IN IRAQ

Readers responding to our May 31 cover story spread the blame around. One said, "Chalabi discredited: what a relief we finally got rid of the Pentagon's choice to be the Shah of Iraq." Another wrote, "If our incursion into Iraq proves anything, it's that Chalabi was smarter than Rummy, Cheney, Condi and, of course, Bush—combined. Not only did he persuade them to overthrow his nemesis, Saddam, he actually got our government to pay him millions for the privilege of doing his dirty work." One insisted, "Chalabi only gave ideologues like Paul Wolfowitz and Richard Perle the excuse they were seeking to invade Iraq." But another said, "Your cover story can be summarized, 'Neocons got us into the Iraq war.' What about Congress, the administration, the military? Are they all puppets of these two men?" At the end of the day, one pointed out, the buck stops at the top. " 'Our Con Man in Iraq'? George Bush's! Not ours!"

YOUR REPORTERS MAKE NOTE OF SOME of the Republican hard-liners drawn to Chalabi's ideas: "Several [neoconservatives], like Wolfowitz and Doug Feith ... began talking about a speech Chalabi gave to the Jewish Institute for National Security Affairs in June 1997." Have they read the 1993 letter in which the then Vice President Al Gore wrote, "I, and Secretary of State [Warren] Christopher, and National Security Adviser [Anthony] Lake, were very impressed with your leadership, and we give you solid assurances that the United States will do whatever it can to assist you, to overthrow Saddam and establish democracy in Iraq"?

CAROL FOLLETT
BASSETT, VA.

THE REPORT ON AHMAD CHALABI WAS very enlightening but not surprising, considering his history. However, your cover title and picture were totally incorrect. It should have read "Our Con Men in Washington," and the photo should have been of Bush, Cheney and Rumsfeld.

JIM KNITTEL
CINCINNATI, OHIO

YOUR REPORT "OUR CON MAN IN IRAQ" points in the same direction as the rest of what we are now learning: our current disaster is the result not of an intelligence failure but of a failure of intelligence.

HOWARD SUBER
LOS ANGELES, CALIF.

## Hail, Homecoming Soldiers

ANTHONY SWOFFORD HAS MANAGED TO put into words those inner feelings that are understood only by a combat veteran, and are beyond the understanding of his family and friends who did not share his experiences ("The Homecoming, and Then the Hard Part," MY TURN, May 31). It should be required reading for every family member or friend welcoming home a returning son, daughter or school chum. They are not, nor ever will be, the same people you knew be-

# Letters

## Taking Longer to Graduate

I'M NOT SURE WHAT MAKES THE FACT that students are taking five or more years to graduate from college such a "problem" ("More Kids Major in Going Slow," May 31). I went to college for six years before graduating; my husband spent five years at a private college. Yes, we—and most of our friends—may have been a little older and a little more in debt when we graduated than the generation before us, but in exchange we left with richer experiences in life and work. Students these days take longer to finish because they are doing so much more when they're there. People we know have studied overseas, taken double and triple majors, worked full time for up to six months in their major fields, gotten married and bought houses while in college. Of course it takes more than four years. College used to be a four-year stop on the road of life; now it's a four-lane highway.

AMY HARDING
QUINCY, MASS.

I'M UNCOMFORTABLE WITH THE IMPLICATION that "slow" students are a problem for schools. Perhaps schools are efficiently scheduling teachers to reduce costs, or perhaps they are trying to force more semesters from each student to generate more revenue. I would characterize schools as the problem for the students since the schools set the class schedules, which in turn make it harder for students to complete their requirements in four years.

TIM BROWN
QUAKERTOWN, PA.

## Schism Between Pulpit and Pew

WHILE I BELIEVE ANNA QUINDLEN'S use of the clergy-abuse scandals to discredit the entire clergy's authority to minister is unfair ("Casting the First Stone," May 31), I do find her overall message salient. Regardless of any pro-choice leanings, no individual politician I support can overturn *Roe v. Wade,* but he or she can create policies that uphold the Roman Catholic social teachings of charity, justice and mercy. I don't see the sin in that. As a devout Catholic and a Catholic educator, I aid my students in developing informed consciences, that they might rely on them to make their own decisions. Our school's mission is to foster "the competence to see and the courage to act for the Kingdom of God" in all our students, even if those actions ultimately bring about reform in the Catholic Church. I only hope the U.S. Conference of Catholic Bishops will have the vision and courage to allow its faithful to consult their own consciences in matters of politics.

FRANK O'LINN
*St. Edward High School*
LAKEWOOD, OHIO

WHAT A GREAT ARTICLE BY ANNA Quindlen, reminding us of the Catholic Church's commitment to religious liberty in spite of the resistance of some wrongheaded bishops and clergy. Quindlen got it just right. Are bishops who frown on pro-choice politicians who take communion also discouraging politicians who favored the United States' invasion of Iraq from doing the same? The pope himself, after all, as well as many bishops and other clergy, condemned that as well.

TIMOTHY LEONARD
CINCINNATI, OHIO

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# Letters

ANNA QUINDLEN LAMBASTES CATHOLIC bishops for reprimanding Sen. John Kerry and New Jersey Gov. James McGreevey, both Catholics, about promoting anti-Catholic views. Catholic politicians have the right to whatever opinions they choose, but when they publicly and persistently advocate views that contradict the church's teachings, while presenting themselves as Catholics, bishops have the right to intervene. In her tirade against the bishops, Quindlen chooses to ignore the fact that by promoting tax-funded abortions and embryonic-stem-cell research, neither Kerry nor McGreevey respects the conscience of pro-lifers, whom they wish to force into paying for pro-choicers' abortions and experimentation.

LEDA MUTH
PITMAN, N.J.

I WANT TO THANK ANNA QUINDLEN FOR succinctly putting into words my feelings concerning politics and the Catholic hierarchy. As a practicing Catholic, I am tired of being belittled as a "cafeteria Catholic" who is pro-choice, not pro-abortion. I am against abortion, but punishing women who abort will not stop abortion. I am a Democrat because of my Christian beliefs. I am for helping and educating the poor, striving for peace and not war, protecting minority views, allowing workers to demand livable wages and health care, stopping world hunger and ending the death penalty. These beliefs are central to the Democratic philosophy, and they are central to Christ's message. I am a proud liberal who will take holy communion on Sunday, filling myself with Christ's love and praying that I will live his message of love and tolerance.

BOB TOMASZEWSKI
VENUS, PA.

I FULLY SYMPATHIZE WITH ANNA Quindlen's column against hypocrisy in the church. Yet in asking for their political silence, she seems to misunderstand how seriously many Christians view abortion. Would she have called on the Catholic Church to stay silent in the face of slavery or the Holocaust? In both cases, a particular society labeled millions of people as subhuman and thus fit for abuse and slaughter. The Catholic Church should not have remained silent in either of those situations. Nor should it do so in the face of *millions* of abortions worldwide each year.

TIMOTHY HAGEN
CHICAGO, ILL.

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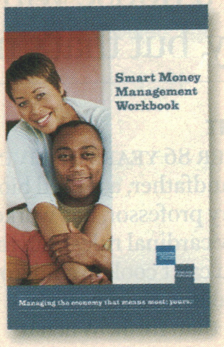
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# Spending Summers With 'Super Grampy'

## Sharing a house with my grandfather every year isn't easy, but that's not about to keep me away

**BY LILI WRIGHT**

AFTER 86 YEARS OF LIVING, MY grandfather, a retired biochemistry professor, has worked out a few cardinal rules: Anything you can't cook in a microwave isn't worth making. Frozen vegetables are better than fresh. When it comes to the stock market, sell short, buy gold. Hot water is unnecessary. If you see something you like, buy two. Never throw anything away.

I don't agree with any of this, but that doesn't stop me from living with him each summer on an island off the coast of Maine. When I was a girl, our family squeezed into a small cottage while my grandparents stayed in the larger house across the street. When my grandmother passed away 15 years ago, I made the move to the larger house. I cooked my grandfather dinner. He kept me company.

Now I take my family to Maine. And while our cozy coexistence with my grandfather is inevitably a pleasure, it's also a challenge. My husband and I are orderly early birds; my grandfather's a sloppy night owl. He won't eat pasta. My husband won't eat shellfish. I won't eat meat. Our 4-year-old daughter, Madeline, won't eat vegetables.

While I dream of emptying my grandfather's house until it's as clean and spare as a Pottery Barn catalog, he uses his home as a workshop, a creative laboratory overflowing with pending projects and miraculous gadgets: plastic ice cubes, a strobe-light meditation machine, a mung-bean-sprouting kit afloat in murky water. Lest anyone be tempted to throw anything away, he brands each item with a label of masking tape and red crayon: SAVE.

I try to be patient, but once a summer I purge. I start early in the morning, so there is less resistance. Once my grandfather wakes, we have conversations like this:

"Can I throw this away?" I ask, holding up a plastic ashtray. He doesn't smoke.

"That's for putting your spoon in when you're cooking."

"But nobody uses it for that." I'd uncovered it, lost amid the five-year-old tea bags.

PHOTOGRAPH BY STEPHEN HILL FOR NEWSWEEK

**RESPECTING OUR ELDERS:** Living with family requires patience and practice; the more we do it, the easier it becomes

"Give it to me, then. I can keep change in it." He piles it on his already-cluttered desk.

"But you can't keep everything," I say, my voice rising. I've been cleaning with a duct-taped vacuum cleaner that is older than I am. "Then there's so much stuff, you can't buy new things."

"Exactly," says my grandfather.

It's times like this that I understand why Americans have lost the habit of living with relatives. Most of my friends can barely hobble through a holiday weekend with in-laws without losing their cool. We are used to having our own space, our own way. We assume however we do things is the way things should be done.

Other cultures seem more tolerant. In Spain, where we recently returned from a sabbatical, several of my friends lived with widowed mothers. These older women had their own cardinal rules. One unplugged the TV every night so as not to waste electricity. Another answered the phone, but refused to take messages. My friends conceded that living with parents was hard, but I sensed they had few regrets.

I don't regret my summers, either. Far from it. It's humbling to see my generation through the eyes of another. We "young" people do throw away things at the first sign of tatter. We forget to send thank-you notes. We fail to see the usefulness of a spare coil of wire. I fail to fully appreciate how my grandfather's memories of my late grandmother are bound up in that Maine house, from a particular shade of gray paint to my grandmother's mildewed, yellow rain hat, the one I am so eager to throw away.

I often have to remind myself how patient my grandfather is with us. The strewn toys. The crusty Play-Doh. He insists he doesn't like people much anymore, but he enjoys playing with Madeline. Despite the 80-year difference between them, Madeline and her "Super Grampy" have a few things in common: they wear bibs, nap in the afternoons and insist on ice cream for dessert.

One afternoon I took a photograph of them on the back deck. It's not a great shot. My grandfather's eyes are almost closed, and Madeline has a cheesy, posed smile. But I like seeing them juxtaposed, looking out at the same skinny view of the ocean, learning day by day how the other sees the world.

Living with family requires patience and practice; the more we do it, the easier it becomes. If we don't make ourselves do it, we lose the knack entirely. And in that case, we always get our way, but we miss out on all our relatives have to teach us—about how they live their lives and how we might better live our own.

So when I ask my grandfather the purpose of a mysterious plastic pole with a clamp at one end, and he replies that it's a light-bulb changer for hard-to-reach sockets, I smile and nod. You can always squeeze one more thing in the closet.

**WRIGHT** teaches creative writing at DePauw University in Greencastle, Ind.

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Who's Next on Biography®

*Mary-Kate & Ashley Olsen*

Tuesday, June 15
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They've been famous since they were babies. It's the life story, so far, of the youngest producers in Hollywood history, self-made millionaires and (once they're legal adults) the heads of a billion-dollar company.

**Newsweek's Who's Next Poll**

For Mary-Kate & Ashley, their stars did not fade after *Full House* ended. Who's next to have success after a series finale?

A. Matt LeBlanc
B. David Boreanaz
C. Jessica Alba
D. Cynthia Nixon

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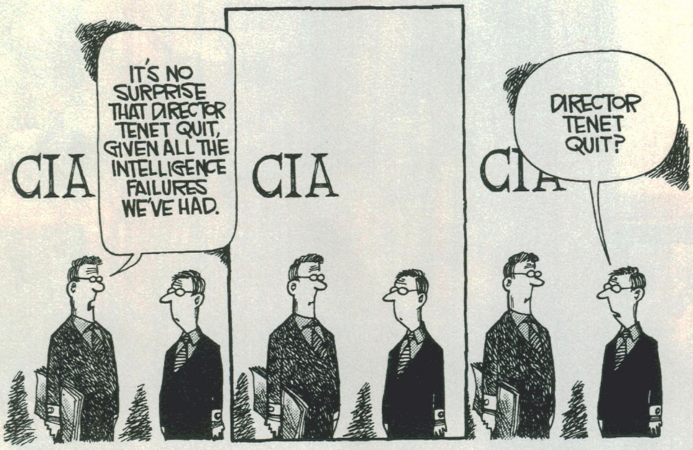
# Perspectives

## “A sad hour in the life of America.”

President **George W. Bush,** on the death of former president Ronald Reagan last Saturday at 93


CIA
IT'S NO SURPRISE THAT DIRECTOR TENET QUIT, GIVEN ALL THE INTELLIGENCE FAILURES WE'VE HAD.
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DIRECTOR TENET QUIT?

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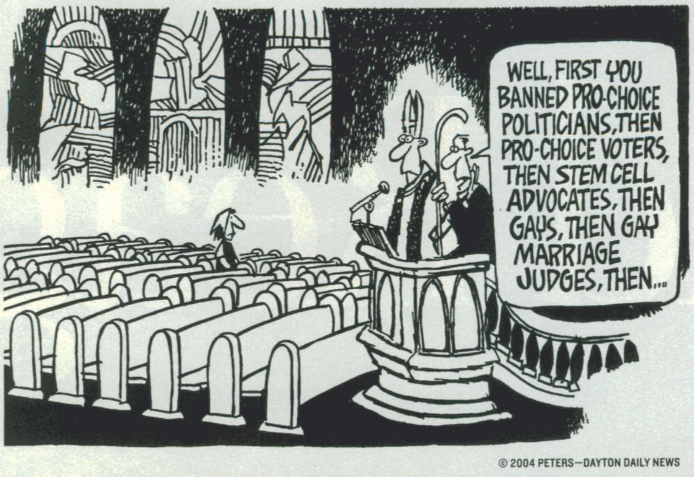
“I tell you about my plans to depart with sadness, but with head held very, very high.” CIA Director **George Tenet**, announcing his decision to resign for “personal reasons”

“He's younger and better-looking than I am, but that's something that I've no doubt at all that a few years in office will cure him of.” British Prime Minister **Tony Blair,** on the new Spanish prime minister, José Luis Rodríguez Zapatero

“I did have my kids at dinner, at a Benihana-type place. And I said, ‘OK, we gotta toast. This would have been your mother's 45th birthday’.” **O. J. Simpson,** telling Fox News' Greta Van Susteren how he recently observed the memory of his slain ex-wife Nicole Brown Simpson

“A lot of presidential memoirs, they say, are dull and self-serving. I hope mine is interesting and self-serving.” Former president **Bill Clinton,** on his soon-to-be-published memoir, “My Life”


WELL, FIRST YOU BANNED PRO-CHOICE POLITICIANS, THEN PRO-CHOICE VOTERS, THEN STEM CELL ADVOCATES, THEN GAYS, THEN GAY MARRIAGE JUDGES, THEN...

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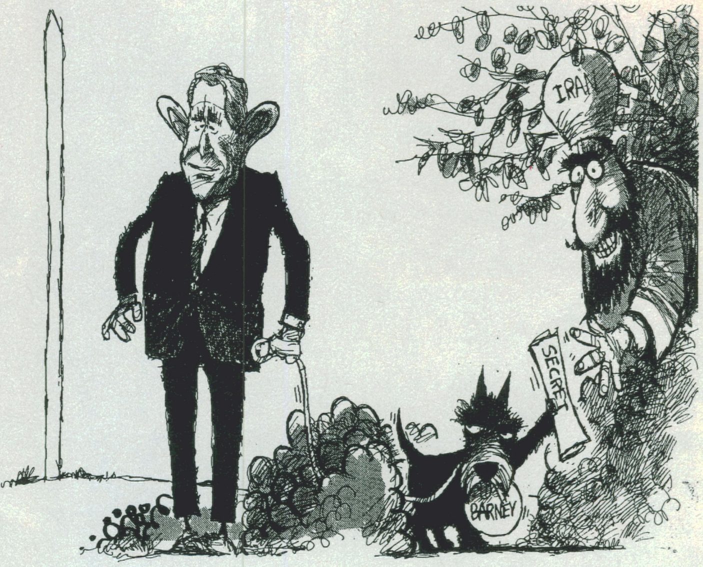
“I might put it in a savings account or something ... I'll probably take a little and spend it at the mall.” **David Tidmarsh,** 14, on what he'll do with his $12,000 prize for winning the National Spelling Bee. The winning word was “autochthonous,” which means indigenous.

“Find the pro-lifers in a newsroom. That's harder than finding Waldo.” **David Yarnold**, editor of the opinion pages at the San Jose Mercury News, on a new study by the Pew Research Center that found that just 7 percent of reporters at national news organizations are self-described conservatives; 34 percent are self-identified liberals



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“There should be a draft. I mean, if we are going to be serious about this military posture we seem to be adopting all over the world, there should be a draft.” **Gardner Botsford,** 86, a World War II veteran who landed at Omaha Beach on D-Day

“We are on the way to a point of no return, and we will end up in a Fallujah situation. It is already a Fallujah situation in some areas. L.A. is on the road to Fallujah.” Civil-rights lawyer **Connie Rice,** saying that Los Angeles has too few officers to “police humanely”

“I was stunned by his grasp of the subject. And my background is 36 years in the CIA ... I was impressed, and I'm not easily impressed.” **Peter Earnest,** executive director of the International Spy Museum in Washington, on giving a tour to “Austin Powers” actor Mike Myers

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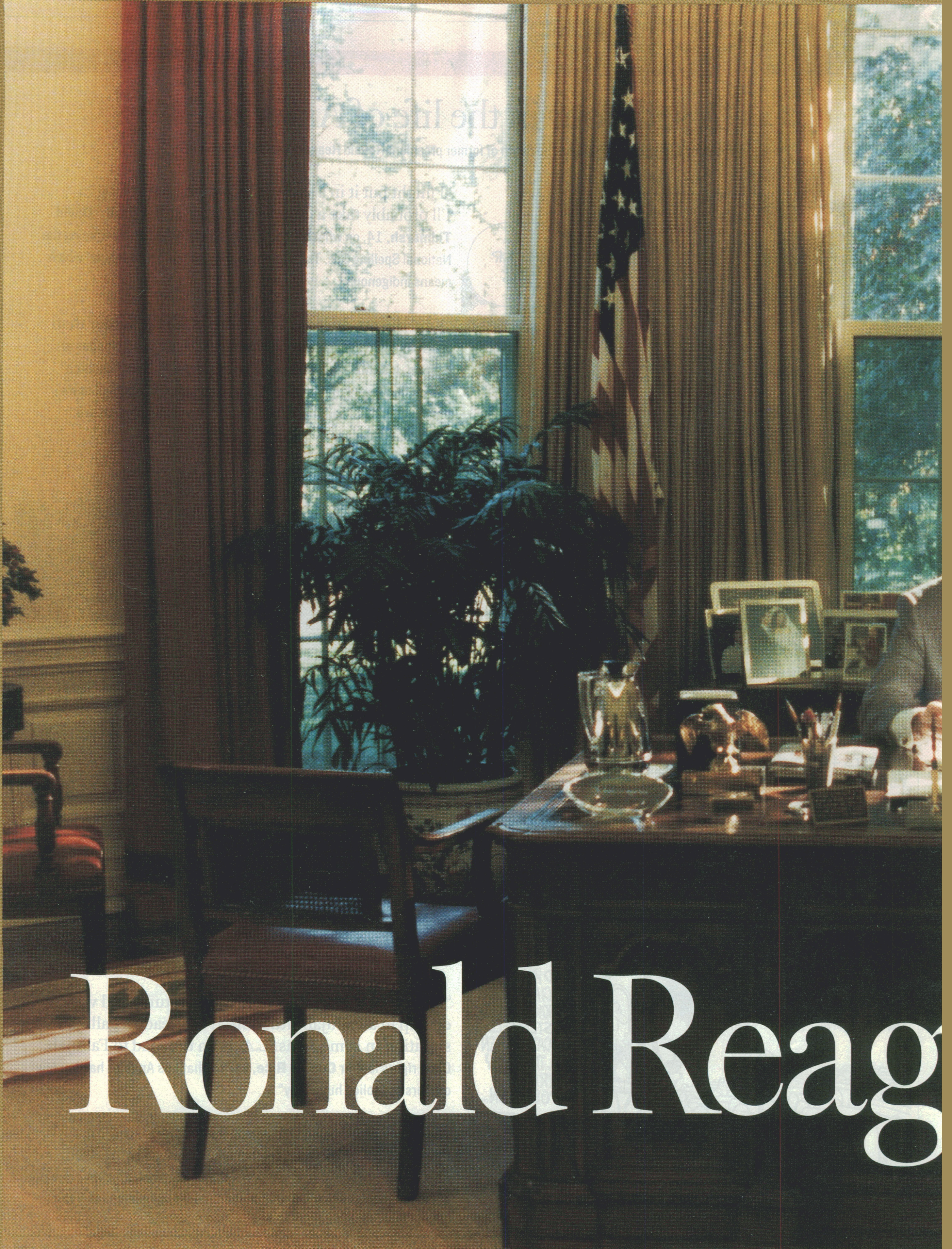

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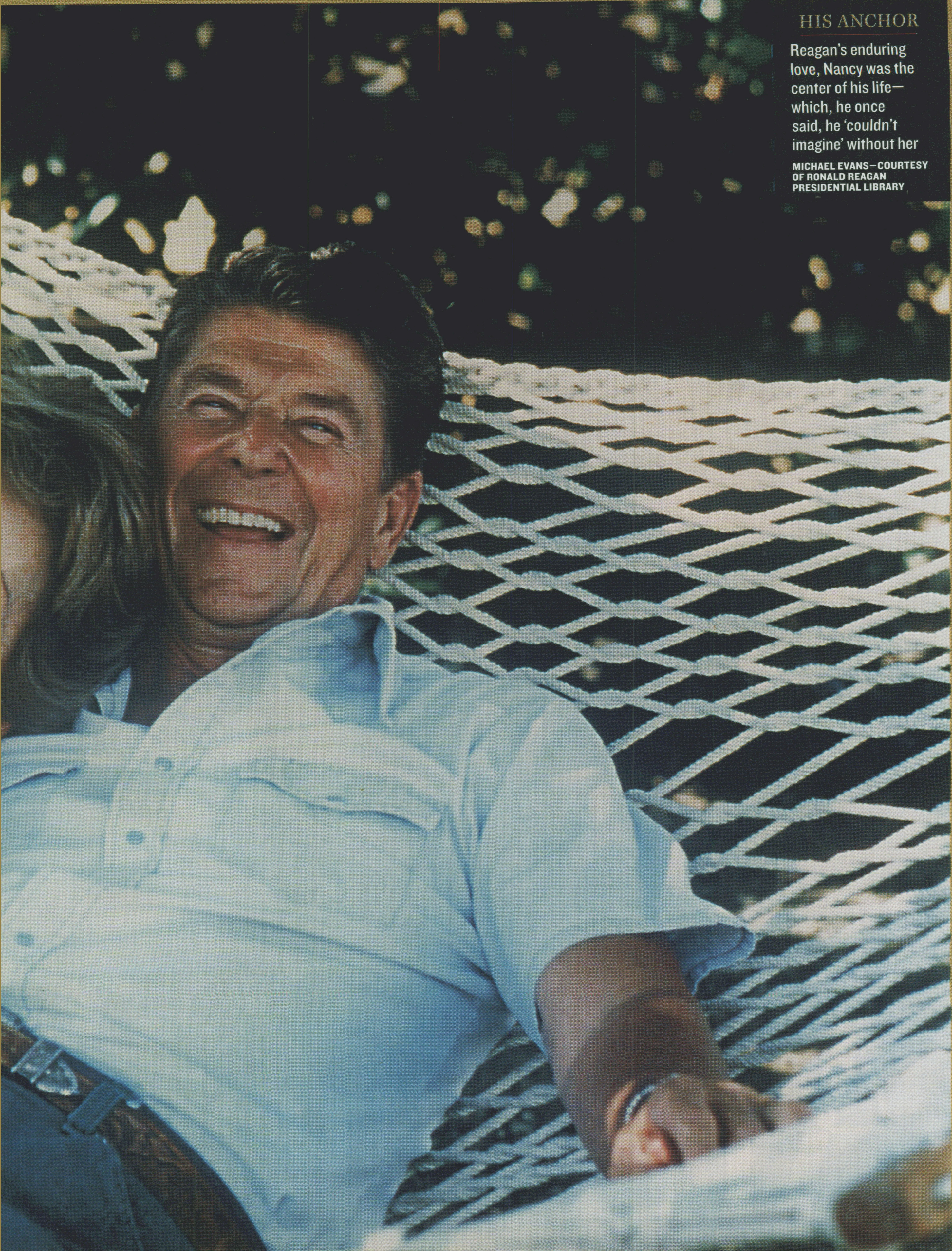
STAR TURN

At work in the Oval Office, where from 1981 to 1989 he presided over the restoration of a nation's self-confidence

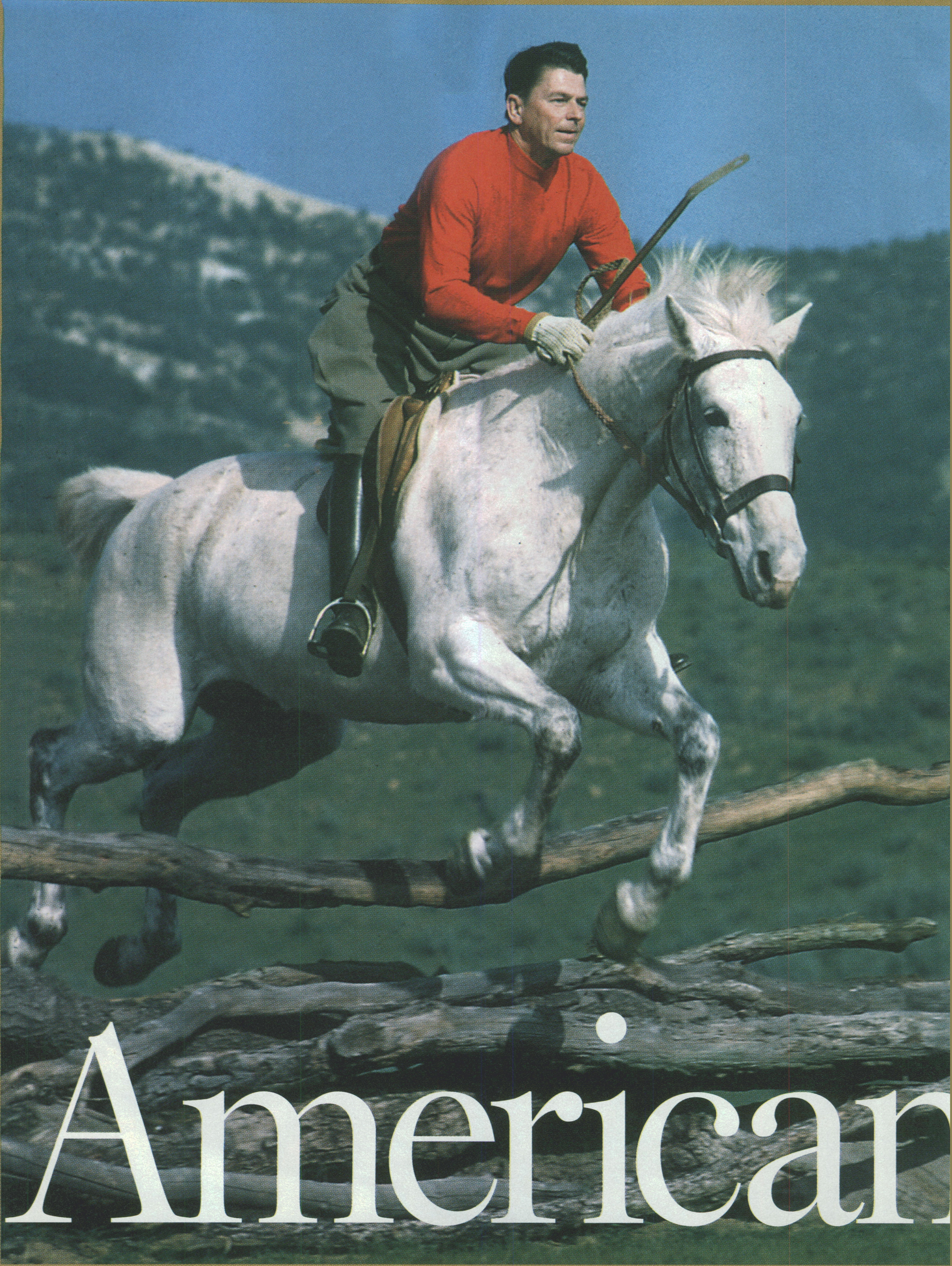
PETE SOUZA—COURTESY OF RONALD REAGAN PRESIDENTIAL LIBRARY



HIS ANCHOR

Reagan's enduring love, Nancy was the center of his life—which, he once said, he 'couldn't imagine' without her

MICHAEL EVANS—COURTESY OF RONALD REAGAN PRESIDENTIAL LIBRARY



# American

**TO THE RESCUE**

Out for a gallop at his Yearling Row Ranch in Malibu, Calif., a year before his successful 1966 run for governor

GENE TRINDL—MPTV

# Dreamer

A CAPTIVATING AND ELUSIVE MAN, **Ronald Reagan** ROSE FROM LIFEGUARDING IN ILLINOIS TO HOLLYWOOD—AND BECAME ONE OF OUR GREATEST PRESIDENTS. AN INTIMATE LOOK AT HOW HE PLAYED THE ROLE OF A LIFETIME.

**BY JON MEACHAM**

His timing, as always, was perfect. Almost exactly 20 years after he stood before the aging soldiers of D-Day on the cliffs of Normandy, saluting the warriors who had saved democracy, Ronald Reagan died, quietly, in his house on St. Cloud Drive in Bel Air last Saturday, ending his long and noble battle against Alzheimer's disease. "It was very peaceful," a family member told NEWSWEEK. "It was time."

Word of Reagan's death came as the world was once again commemorating the Allied victory over Nazi tyranny. As presidents and princes, old soldiers and sailors, widows and grandchildren gathered on those same windswept beaches last weekend, they, and America, were hearing Reagan's words as they mourned his death. "These are the boys of Pointe du Hoc," Reagan had said on June 6, 1984, hailing the Rangers who helped spearhead the liberation. "These are the men who took the cliffs." Grown men wept that day in 1984; Reagan's voice caught with genuine emotion. "The men of Normandy had faith that what they were doing was right," he said, "faith that they fought for all humanity, faith that a just

WHO
Yours For Kentucky Winners and Kentucky Clu
Dutch Reagan
LIFE GUARD

EARLY DAYS

As a radio announcer in the '30s (above); as a lifeguard on the Rock River in 1928. He said he carved a notch in a log for each swimmer's life he had saved.

God would grant them mercy on this beachhead—or on the next."

He spoke with such grace, such conviction and such power that only the most cynical observers recalled that Reagan himself had spent World War II in Hollywood, making training films. That day at Normandy—and all the other days of his remarkable public life—Reagan was doing what he did best: making us believe in a vision of America as a beacon of light in a world of darkness, as the home of an essentially brave and good people. "We will always remember," he said that long-ago day. "We will always be proud. We will always be prepared, so we may be always free." Freedom—from self-doubt, from the Soviet threat, from uneasiness about our national power and capacity to do great things—was Reagan's gift to his country.

He was 93; for his devoted wife, Nancy, now 80, her beloved husband's death ends a half-century love affair and a decade of anguishing illness and caregiving. She may find some comfort in the nation's outpouring of affection; few men in our history have been held in such warm regard. This week Reagan will receive a hero's farewell in Washington, lying in state in the rotunda of the Capitol followed by a funeral service at the National Cathedral. Then he will go home again, back across the nation, to be interred on the grounds of his presidential library in southern California's Simi Valley.

For Mrs. Reagan, it will be the final act of what she has called her husband's "long goodbye." For the rest of us, the passing of the 40th president marks the close of one of the great American sagas: the rise and reign of the mysterious and elusive Ronald Reagan.

HE FOUGHT THE GOOD FIGHT FOR YEARS. Toward the end, in the late 1990s, he could only remember the beginning. As Reagan's memory faded, the years seemed to fall away: the presidency, the governorship, Hollywood, sportscasting. Among his sharpest recollections was his youth in Illinois. In chats with guests in his Los Angeles office and in bits of conversation with his family at home in Bel Air, he would talk about learning to read newspapers on the front porch with his mother, about playing with his older brother, Neil, about setting off for the picture-perfect little campus of Eureka College. And there were his early days on the Rock River, where he swam in the summers and ice-skated in the winter. A picture of the river hung in his retirement office in Century City, and visitors would ask him about it. Again and again he would tell the story. "You know, that's where I used to be a lifeguard—I saved 77 lives." There had been a log, he went on, where he carved a notch for every swimmer he rescued. "It was obviously an important part of his life, something he cherished," an aide recalled. "Being a lifeguard was ever-present in his memory." The image lingered when everything else was disappearing.

The lifeguard would grow up to seduce and shape America. When Reagan became president in January 1981, the country was suffering from what his predecessor, Jimmy Carter, described as a "crisis of confidence." After triumph in World War II and the boom of the 1950s, postwar American optimism seemed to peak just before John F. Kennedy's assassination. After Dallas came Vietnam and Watergate. On Carter's watch inflation spiked, deficits soared, the Soviets invaded Afghanistan and Islamic militants took 52 U.S. diplomats hostage in Iran. Serious people began to wonder whether the presidency was too big a job for any one man.

Then along came Reagan—nearly 70, the emotionally distant son of an alcoholic Midwestern shoe salesman and a pious, theatrical mother. A former movie actor who gave his only critically acclaimed performance before Pearl Harbor, he was a sunny Californian who amiably ducked his head while talking tough on bureaucracy at home and communism abroad, pushing the nation's political conversation to the right.

In the White House, Reagan proved a maddeningly contradic-

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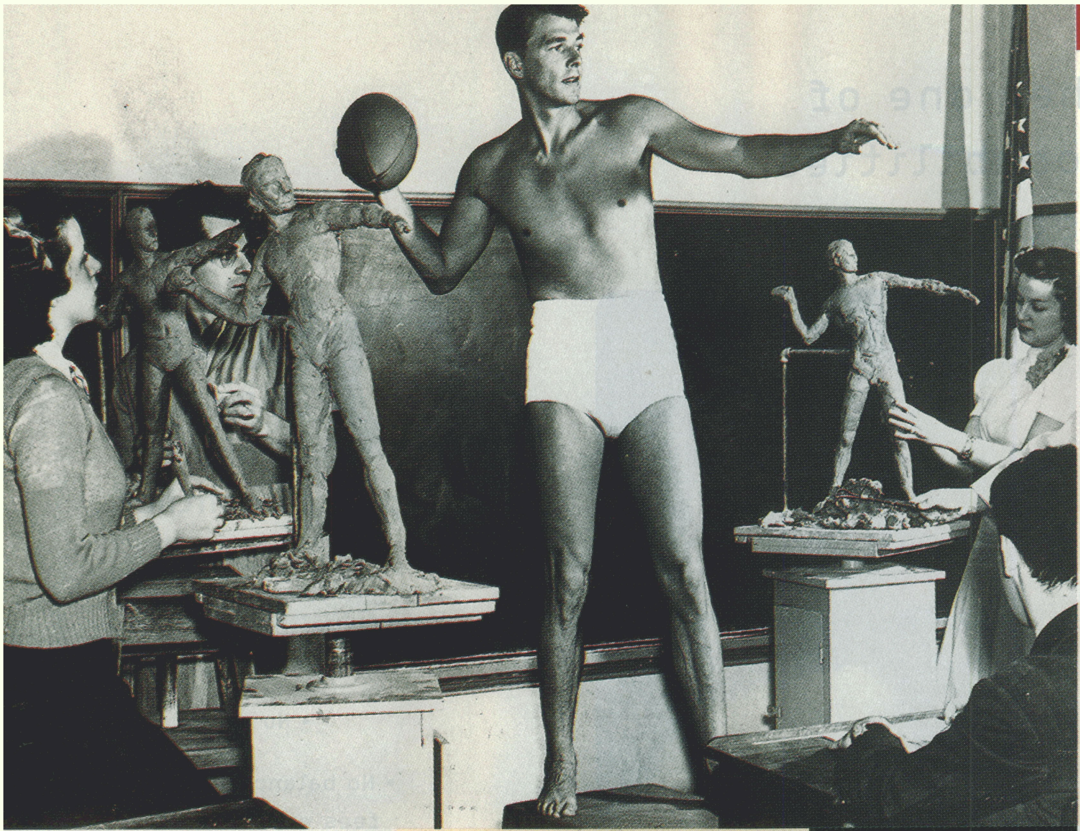

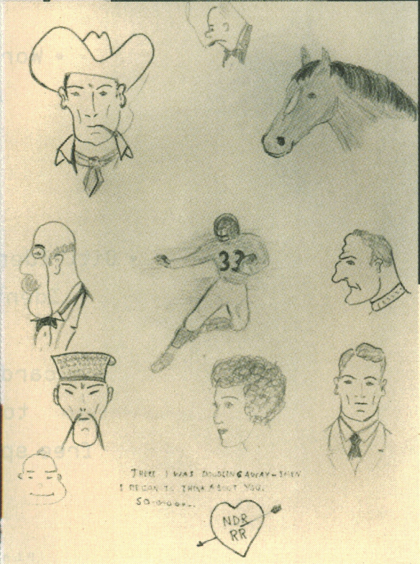
33
There I was doodling away—then
I began to think about you.
So-o-o-o...
NDR
RR

ALL-AMERICAN

Modeling for a sculpture class in 1940 (above); in uniform for the film 'Knute Rockne, All American' in the same year (far left); his doodles

tory figure. An eloquent advocate of traditional values, he divorced his first wife and was often estranged from his children. A fierce advocate of balanced budgets, he never proposed one. A dedicated anti-communist, he reached out to the Soviet Union and helped end the cold war. An icon of button-down morality, he led an administration beleaguered by scandals. A man capable of nuanced thinking, he strongly believed in Armageddon.

He mangled facts; caricatured welfare recipients; opened his 1980 presidential campaign in Philadelphia, Miss., in the county where three civil-rights workers had been murdered for trying to overthrow Jim Crow; presided over a dark recession in 1982-83; seemed uncaring about the emerging HIV/AIDS crisis, and, in the Iran-contra scandal, came perilously close to—and may have committed—impeachable offenses.

Reagan, then, should have been as divisive a politician as Bill Clinton or George W. Bush—a man about whom the nation was closely and bitterly split. And while many people were consistently critical of Reagan, he still left office with a 63 percent approval rating. The roots of our own age's attack politics and ideological divisions lie in the Reagan years, yet the man himself seemed to dwell just above the arena, escaping widespread political enmity.

What was his secret? His personal gifts were enormous and helped smooth the rough edges of his rhetoric and his policies. Reagan was witty, eloquent and bold. Wheeled into the operating room after being shot in the chest on March 30, 1981, the president looked up at the doctors and murmured, "Please tell me you're all Republicans." Coming to after the surgery, he whispered to Nancy, "Honey, I forgot to duck." At the Brandenburg Gate in 1987, he stood in the heart of divided Berlin and cried, "Mr. Gorbachev, open this gate. Mr. Gorbachev, tear down this wall." And eventually it was gone.

He felt more at home in the White House than any president since FDR. His uncommon public grace and mastery of television, in which he made his living long before he entered politics, largely redefined the role of chief executive. When he left the presidency in 1989, the Soviet Union was on its way to what Reagan had called "the ash heap of history." The American economy, though riven with deficits, hummed.

The audience loved him; even his foes conceded his charm. His political strength, however, came from more than theatrics. For all his tough-guy, "go ahead, make my day" rhetoric, Reagan was far more of a pragmatist than either his fans or his critics like to acknowledge. His words were stark, his deeds less so. In part this can be traced to one of the little-noticed eras of his long life: his years as president of the Screen Actors Guild in Hollywood, where, like all good union negotiators, he learned to make expansive, even excessive opening bids, knowing that in the end he would have to make a deal for less than what he had initially asked for. And so the Soviet Union was an "evil empire" in 1983.

AGAIN AND AGAIN HE WOULD TELL THE STORY. 'YOU KNOW, THAT'S WHERE I USED TO BE A LIFEGUARD—I SAVED 77 LIVES.'

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THEATER
RONALD REAGAN

ROLE PLAYING

With his 'Bedtime for Bonzo' costar in 1951; later, he hosted 'General Electric Theater' for eight years. Reagan was stung by criticism of his film performances.

By 1986 Reagan, at Reykjavik, would consider eliminating all nuclear weapons if he could keep his beloved (yet impractical) Star Wars space shield. And by 1987 he had signed the first genuine arms-reduction treaty in cold-war history. The old SAG president had gotten the contract he wanted.

We are still living in the political world Reagan made. In his dedication to projecting power abroad and cutting taxes at home, President Bush often seems to be drawing more on the legend of the Gipper than on that of his own more mainstream, internationalist father. On the other side of the aisle, the Reagan movement—particularly his 49-state landslide over Walter Mondale in 1984—gave birth to the New Democrat centrism of Clinton; without the Reagan predicate, it is difficult to imagine that a Democratic president would have stood before Congress and declared that "the era of big government is over"—which Clinton did in 1996, the year he became the first two-term Democratic president since FDR.

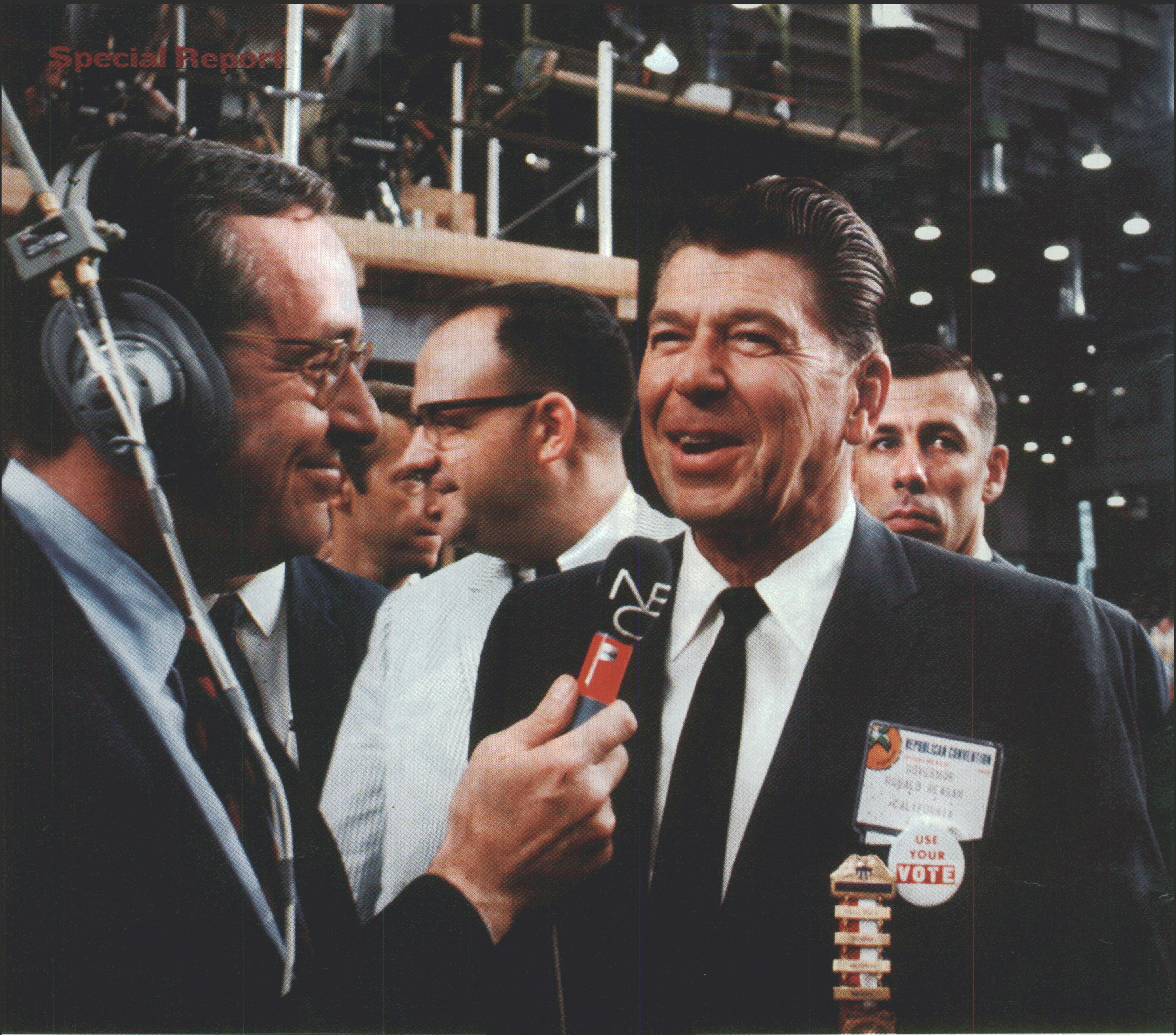
The myth of the triumphant Gipper is a powerful one, but Reagan was more complex than his legend suggests. The man on horseback who rode to the rescue of a dispirited country started out as a shy child. The Manichean cold warrior was driven by a sentimental yearning for peace. The captivating charmer in public had little interest in the lives of other people, and no close friends.

The real Reagan was a romantic at heart. He saw the world as a cosmic struggle between good and evil, but he did not think it would all end in doom and destruction. Quite the opposite: he fervently held that everything would turn out for the best, and that he was destined to make it so. The boy who had been a lifeguard in the 1920s became the man who believed he would save the world from both totalitarianism and nuclear war. He thought he could, by personal persuasion, convince Moscow that it was on the wrong side of history. He would talk of taking a Soviet prime minister on a helicopter tour over the republic, pointing out the backyard swimming pools and second cars and boats in ordinary Americans' driveways. "If I can just get through to him about the difference between our two systems," Reagan would say wistfully, "I really think we could see big changes in the Soviet Union." There it all was, in that single bit of fantasy: a starring role, and a dream of saving the world.

He learned how to act, and dream, early on. In the winter of 1922, when Dutch was 11 years old, he found his father, Jack, passed out on the front porch. "He was drunk, dead to the world," Reagan recalled in his revealing 1965 memoir, "Where's the Rest of Me?" The boy's first instinct was to rearrange reality, to "pretend he wasn't there." Something else, though, began to stir in Reagan's heart on that cold evening. He realized it was time to take charge; later he understood this was his "first moment of accepting responsibility." So instead of stepping over Jack and slipping into bed, leaving the problem to his mother or his brother, Reagan saved his dad. "I bent over him, smelling the sharp odor of whiskey from the speakeasy," he recalled. "I got a fistful of his overcoat. Opening the

LT Join Jon Meacham for a Live Talk about the life and legacy of former president Ronald Reagan, Wednesday, June 9, at noon, ET, at Newsweek.com on MSNBC

FROM LEFT: REAGAN FAMILY PRIVATE COLLECTION—COURTESY OF RONALD REAGAN PRESIDENTIAL LIBRARY, COURTESY RONALD REAGAN PRESIDENTIAL LIBRARY



ON AIR

California's governor under the klieg lights at the 1972 Republican National Convention

HULTON ARCHIVE—GETTY IMAGES

door, I managed to drag him inside and get him to bed." And everything worked out, at least in Reagan's mind. "In a few days, he was the bluff, hearty man I knew and loved and will always remember."

*In a few days*. That must have been some bender, and though Reagan handled the crisis with the grace of a grown-up, he was still a little boy, one who could not help but be scared by the sight of his prostrate father. The drinking was a secret to be kept, a kind of trapdoor in the family's life: Reagan could never be sure when Jack would be engaging and hearty or when he would be flat on his back with snow in his hair.

Confronted by a chaotic childhood, Reagan sought refuge in a world of legendary exploits. This is not uncommon in the boyhoods of Great Men. Winston Churchill, long and painfully ignored by his parents, constructed an elaborate imaginary life as he grew up. The future British prime minister collected thousands of toy soldiers and devoured stories of great English military heroes; the young Reagan voraciously read Edgar Rice Burroughs's tales of adventure in outer space. Seeking order, he also joined his mother's church, the Disciples of Christ.

Young Reagan spent a lot of time with a childless elderly woman next door he called "Aunt Emma" who provided a 10-cent allowance, snacks and solace. "The best part was that I was allowed to dream," he remembered. "Many the day I spent deep in a huge rocker in the mystic atmosphere of Aunt Emma's living room with its horsehair-stuffed gargoyles of furniture, its shawls and antimacassars, globes of glass over birds and flowers, books and strange odors." Like the adventure stories and the certitudes of church, Aunt Emma gave him sanctuary from the storm.

There were physical as well as psychological reasons for his dreaminess. Until high school he lived with a terrible, undiagnosed case of nearsightedness—so bad, in fact, that he had taught himself to act his way through most scenes. "I sat in the front row at school and still could not read the blackboard," Reagan said. "I bluffed my lessons and got fairly good marks, considering." Always competitive, he chose football over baseball and remembered the pleasure he found in exerting force. On the gridiron there "was no invisible little ball—just another guy to grab or knock down, and it didn't matter if his face was blurred." Then one day in the car, bothered that Neil could read the road signs and he could not, Reagan tried

**DIVING IN**

Enjoying a swim with his first wife, Jane Wyman (above left); the Reagan clan at home in 1976

his mother's glasses. "Putting them on, I suddenly saw a glorious, sharply outlined world jump into focus and shouted with delight," he said. "I was astounded to find out trees had sharply defined separate leaves; houses had a definite texture and hills really made a clear silhouette against the sky." But he had dwelled for a long time in his own universe, where his thoughts and feelings were the only crisply defined realities; everything outside himself—parents, teachers, friends—had been shrouded and gauzy. "Although he loves people," Nancy Davis Reagan would say decades later, "he often seems remote, and he doesn't let anybody get too close. There's a wall around him. He lets me come closer than anyone else, but there are times when even I feel that barrier."

Yet Reagan was not an angry man. Rather than rail against life's unfairness, he would recast unpleasant truths in a more flattering light. His mother had taught him how. A devout woman, Nelle must have been severely disappointed in her alcoholic husband, but she tried her best to put a cheerful face on the darkest of things, beginning with Jack's addiction. "Like my mother, I came to dread those days when he'd take the first drink," Reagan recalled. "Although he wasn't the kind of alcoholic who was abusive to his wife or children, he could be pretty surly, and my brother and I heard a lot of cursing when Mother went after him for his drinking." In front of the boys, though, Nelle insisted that they forgive their father. "Nelle always looked for and found the goodness in people," Reagan said. Put another way, she made the best of the worst, essentially acting her way through difficult situations. Some would call that denial; others, stoicism. Whatever it was, her son inherited it.

THOUGH REAGAN CAME FROM NOWHERE, WITH no significant connections in the greater world, there was a kind of momentum in his life. "Our family didn't exactly come from the wrong side of the tracks," he recalled, "but we were certainly always within sound of the train whistles." To get ahead he mastered his immediate universe, using the mechanics of popularity available to public-high-school and small-college kids in 20th-century America. He played football, cut a dashing figure at the lifeguard stand during the summers, pledged a good fraternity at Eureka College, found a good job at a radio station in the worst period of the Depression and stumbled into a screen test for Warner Brothers while he was covering the Cubs' spring training in southern California.

Through it all, he hit his marks. The role of the theater in his

RATHER THAN RAIL AGAINST LIFE'S UNFAIRNESS, HE WOULD RECAST UNPLEASANT TRUTHS IN A MORE FLATTERING LIGHT

LEFT TO RIGHT: MPTV, COURTESY OF THE RONALD REAGAN PRESIDENTIAL LIBRARY

**BIG TIME**

Basking in glory at the 1980 GOP convention. Reagan benefited from Carter-era 'malaise' and won in a landslide.

LESTER SLOAN—NEWSWEEK

life was a gift from his mother, an organizer of readings and performances in Illinois. She urged him to declaim a speech one night before the local crowd, but the shy Dutch was reluctant. Another streak in his character—his competitiveness—pushed him forward. "My brother had already given several and been a hit," Reagan said. So he would do it too. "Summoning up my courage, I walked up to the stage that night, cleared my throat, and made my theatrical debut," he recalled. "I don't remember what I said, but I'll never forget the response: *people laughed and applauded*."

SUDDENLY A NEW WORLD OPENED BEFORE HIM. Onstage, Jack's drinking didn't matter, and his shyness, born of nearsightedness and his family's frequent moves, melted away in the warmth of the audience's approval. "That was a new experience for me and I liked it," Reagan said. "For a kid suffering childhood pangs of insecurity, the applause was music." He would spend the rest of his long life seeking to hear just those notes, first in Hollywood and then from Orange County to Red Square.

In Hollywood he became a midlevel star after an apprenticeship in the "B's," where he found fame playing heroic Secret Service Agent Brass Bancroft in a series of movies. (The agent who shoved President Reagan into his car and saved his life during the assassination attempt in 1981, Jerry Parr, had been a member of the Junior Brass Bancroft Society.) "So much of our profession is taken up with pretending, with the interpretation of never-never roles, that an actor must spend at least half his waking hours in fantasy, in rehearsal or shooting," Reagan once said. He found comfort in that.

Reagan was not a bad screen actor, just an ordinary one, and he was prideful about his movie career. Years later he would admit to his biographer Lou Cannon that criticism of his film performances (which ran to jokes about "Bedtime for Bonzo," a 1951 comedy) "touched an exposed nerve."

In the late 1930s and the 1940s, the movie world gave Reagan a home in a company town, a very good living and, in 1940, a wife, Jane Wyman. Reagan's heart had already been broken once. His high-school love, Margaret Cleaver, had thrown him over for a Foreign Service officer, mailing back Reagan's fraternity pin and engagement ring. "Like my mother," he recalled, "she was short, pretty, auburn haired, and intelligent." Though crushed, Reagan characteristically did not dwell on the loss. "Something inside me suggested that things would work out all right," he said. Still, there was a vacuum. "Margaret's decision shattered me, not so much, I think, because she no longer loved me, but because I no longer had anyone to love."

Wyman filled that void. It was not an ordinary boy-meets-girl story: the marriage was in part a product of the publicity culture of Hollywood. They met filming "Brother Rat," and the gossip columnist Louella Parsons nurtured the relationship. They had a daughter, Maureen, in 1941, and adopted a son, Michael, after Reagan's service in the moviemaking arm of the military in Culver City. Later they lost a child, named Christine, at the same time that Reagan was battling a potentially deadly case of viral pneumonia. A hospitalized Reagan thought he was going to die. "I don't know what time of night it was when I told the nurse I was too tired to breathe any more," he recalled, but she coached him through a spiking fever.

The usual version of the story of the divorce has Wyman's ca-

HONOR ROLL

The Reagans walk among the crosses in Normandy, on June 6, 1984, commemorating the heroes of D-Day

reer taking off while Reagan's sputtered and he grew more interested in politics and his job as president of the Screen Actors Guild. Neither Reagan nor Wyman ever publicly broke a dignified, decades-long silence about the end of their marriage. Reagan claimed to be oblivious to whatever difficulties there were. He returned to California from testifying before Congressman Richard Nixon's House Un-American Activities Committee to find Wyman seeking divorce. As with Margaret Cleaver, he was wounded but moved on. He always did.

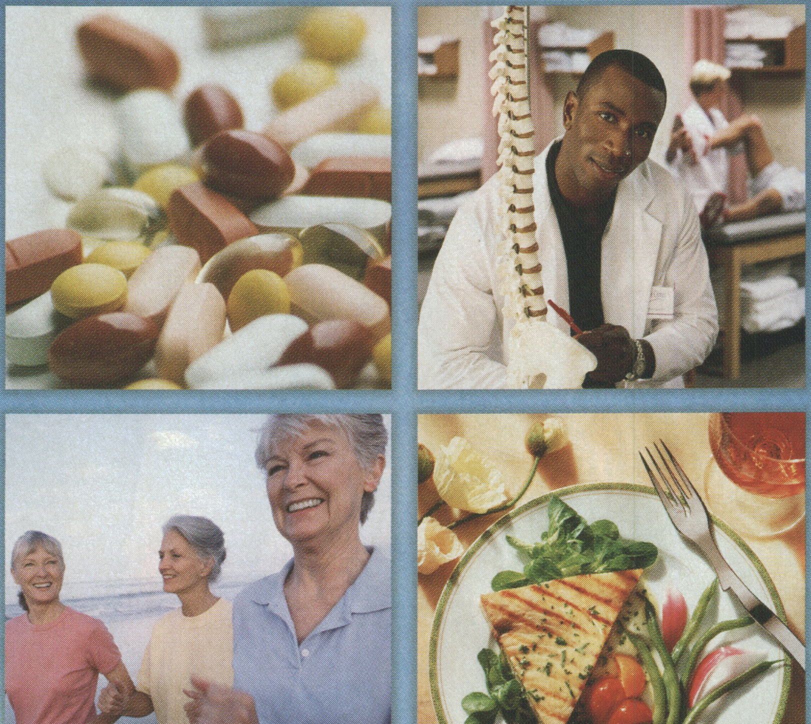
What drove him, what gave him the serenity and sense of security to force himself forward through life's storms with a smile and a wave? Partly it was what he had absorbed in Aunt Emma's parlor and on the porch with Nelle and on the river: that he was destined to become one of the heroes he loved to read about, a hero for whom everything would work out. He went from strength to strength. Reagan had an unreliable father but succeeded in high school and college. He entered the wider world in the depths of the Depression but found jobs with comparative ease. He lost two loves but in 1952 married Nancy Davis, a woman who became his anchor. His movie career sputtered, but he made a living in television. When the TV contract went away, politics beckoned. Who, experiencing such a life, wouldn't be confident of the basic goodness of the universe?

He met Nancy on a blind date; he loved her laugh. To him she represented order, love, stability—and forward movement. "If Ronnie had married Nancy the first time," James Stewart once remarked, "he would have won an Academy Award." But by the time of their wedding (their daughter, Patti, was born seven months later; Ron would follow in 1958), Reagan's movie career was stalled. He then spent eight years as a genial visitor in Amer-

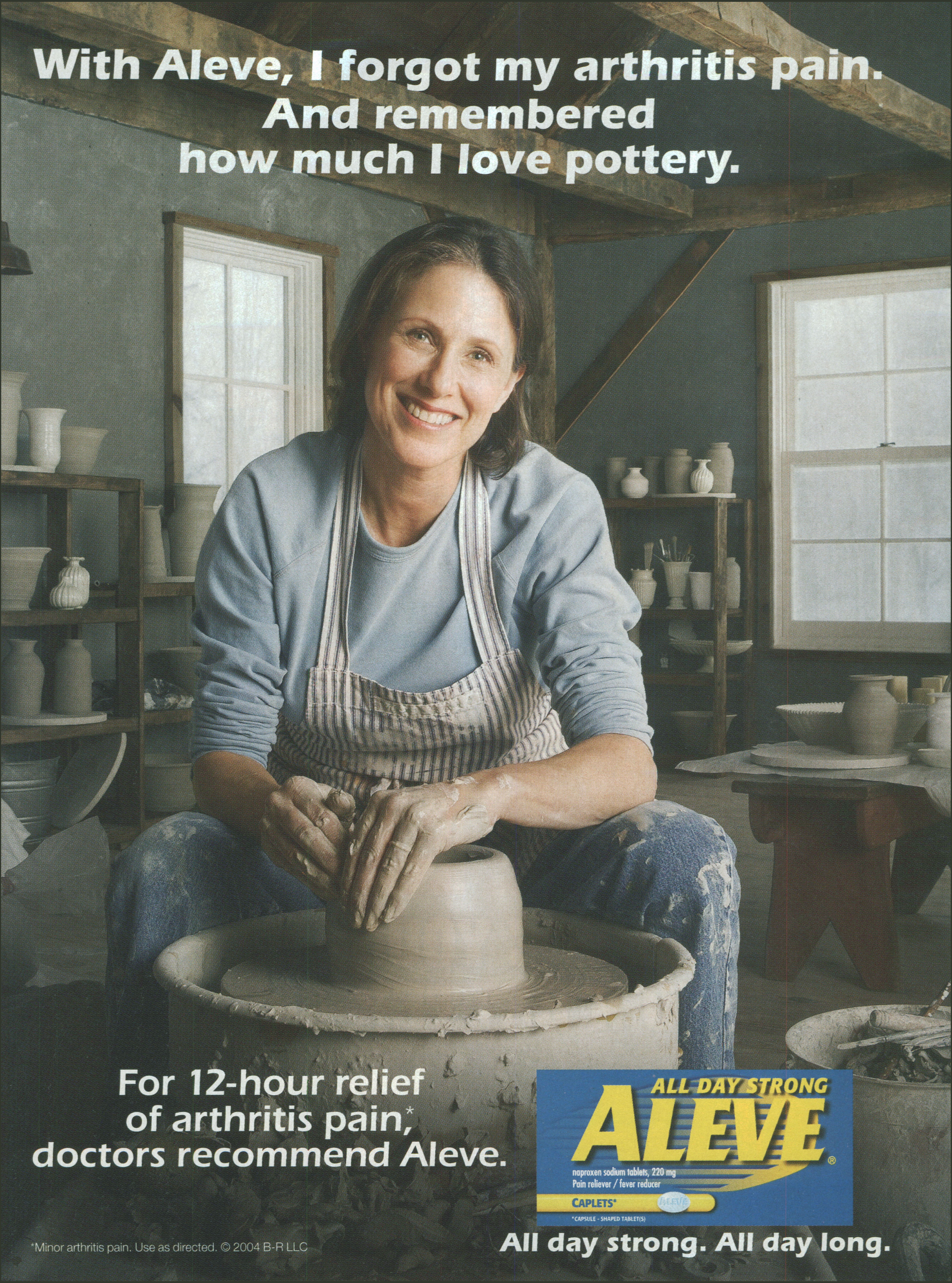
'WE WILL ALWAYS REMEMBER. WE WILL ALWAYS BE PROUD. WE WILL ALWAYS BE PREPARED, SO WE MAY BE ALWAYS FREE.'

DAVID HUME KENNERLY—GETTY IMAGES

# PAIN & DEPRESSION



## MANAGE YOUR WAY TO A BETTER DAY



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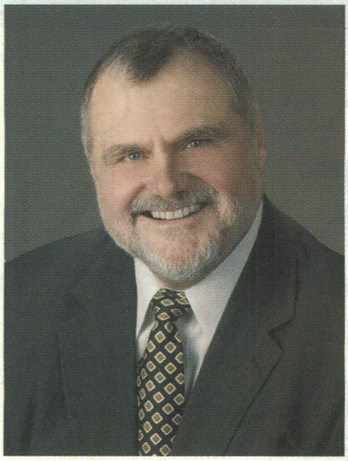


# THE DOCTOR IS IN: ARTHRITIS

### John H. Klippel, M.D., president and CEO of the Arthritis Foundation

*Osteoarthritis (OA) affects 21 million people, triggering pain and sometimes impairing an individual's ability to work or perform day-to-day tasks. That figure is expected to rise to some 30 million as baby boomers reach their sixties and beyond. Yet OA can often be controlled with medication and lifestyle changes. Here's what you should know about managing this common disorder, according to Dr. Klippel.*

**Q: What lifestyle changes make the most difference to people with OA?**

A: Exercise and weight management are enormously important. Instead of being more active, there's a tendency to become less active. Inactivity not only increases weight gain and the burden on damaged joints, but it also allows the disease to progress more rapidly.

**Q: Are there forms of exercise that are particularly useful?**

A: In general, people with OA need to do resistance training, range of motion exercises and aerobics. Tai chi and yoga are safe and effective ways of managing the disease. Tai chi combines joint movement with muscle strengthening—two of the key elements in maintaining function. Unlike some other types of exercise, it doesn't involve pounding of the joints. Tai chi also has a certain discipline associated with it, so people who do it often feel they are taking care of their health. Anyone with a chronic condition needs to feel as though they have some control over what's happening to them.

**Q: What medical treatments are thought to be most helpful?**

A: Drugs that treat both the pain and inflammation associated with OA, called nonsteroidal anti-inflammatory drugs (NSAIDs), are among the first-line treatments. These include aspirin and ibuprofen, as well as COX-2 inhibitors, which may cause less stomach upset. More powerful medications are available for those whose pain becomes severe.

**Q: What non-drug therapies are effective?**

A: There's increasing evidence that certain supplements, such as glucosamine, reduce the signs and symptoms of the disease and improve joint function. There's intriguing evidence that glucosamine may actually slow the progression of joint damage in people with OA. Because of the data, doctors are increasingly likely to recommend it to patients. Some studies also suggest that acupuncture can help relieve the pain of OA.

**Q: Are there any recent treatment advances?**

A: Patients with arthritis in their knees may be offered a newer treatment called viscosupplementation, in which doctors inject hyaluronan, a component of normal joint fluid, directly into the joints to help them move more easily and with less pain. We have also seen advances in surgical techniques, which make joint replacement vastly better than it was years ago. Also, we're using new biomaterials for replacement joints that don't wear away as easily as those used in the past, thus reducing the need for subsequent surgeries.

**Q: What's on the horizon?**

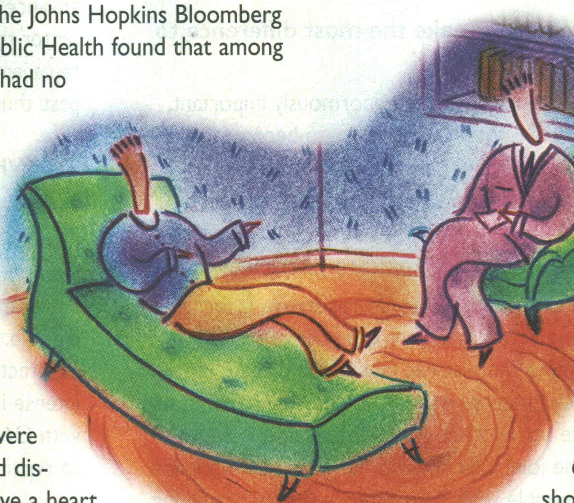
A: Researchers are discovering so-called biomarkers, components of blood or urine that reflect damage occurring in the joints due to OA before it shows up on an x-ray. These biomarkers could also help us better monitor the success of treatment and help prevent joint damage. It's reasonable to think that such tests might be part of clinical practice in 5 or 10 years. Cartilage engineering is another area of intense interest and activity. One can envision a day when a patient with OA is given a biologic agent that would cause healthy cartilage to repair the damage. There's a lot to be hopeful about. ■

PAIN & DEPRESSION
**MANAGE YOUR WAY TO A BETTER DAY**

# THE HEARTBREAK OF DEPRESSION

by Beth Howard

It's not surprising that having heart disease might make you feel blue. But research shows the connection is a two-way street. More and more, depression is seen not only as a result of heart disease but a risk factor for it as well. While one in 20 Americans experiences major depression in any given year, the rate rises to about one in three for people who have suffered a heart attack. A study from the Johns Hopkins Bloomberg School of Public Health found that among people who had no history of heart disease, those who had been depressed were four times more likely than those who were free of mood disorders to have a heart attack within 14 years.

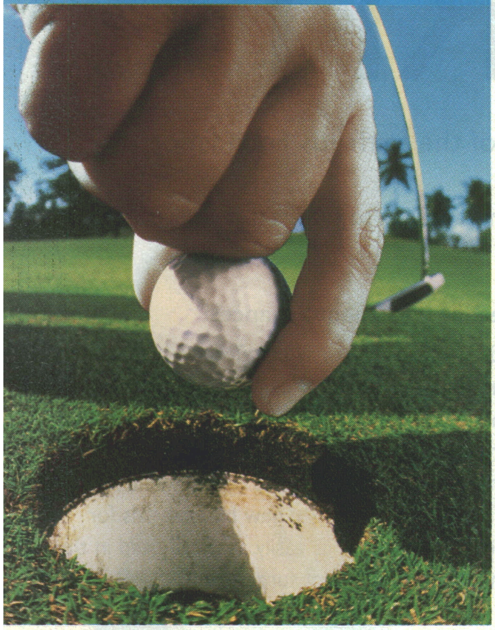


Depression wreaks havoc on the cardiovascular system in a myriad of ways—it can alter heart rhythm, elevate blood pressure and speed blood clotting. This mood disorder can also boost insulin and cholesterol levels. What's more, people who are depressed tend to churn out high levels of stress hormones, such as cortisol and adrenaline, which divert the body from the work of repairing heart tissue.

Regardless of the source, heart woes and depression are a lethal combination. Heart patients who are depressed have been shown to die earlier than those who are not. Depression may make it harder to adhere to a cardiologist's advice and stay on heart medications. Problem is, many doctors don't recognize the signs of depression, or, if they do detect them, don't address the condition effectively.

The good news is that depression is highly treatable with therapy, medication or a combination of the two. Recent studies show that antidepressants may treat both problems at once, helping to regulate brain chemicals associated with mood as well as the activity of blood platelets, which affects clotting. Other data show that antidepressants may increase survival rates of patients who have suffered a stroke. In a study from The University of Iowa, stroke patients who took mood-boosting medications within the first six months after their stroke lived longer than those who didn't take them. "Patients who received antidepressants were half as likely to die as patients who didn't," says study author Robert G. Robinson, M.D., professor of psychiatry at the University of Iowa in Iowa City.

The challenge is to get the word out about the heart-mind link. "This is lifesaving information," says Robinson. "It needs a lot more publicity." ■



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In addition to adding a new twist to TOUR competition, CRESTOR, an AstraZeneca brand, will make a financial contribution to designated health care and PGA TOUR charities. The CRESTOR Charity Challenge winner will be recognized for his performance on the golf course entering the final round.

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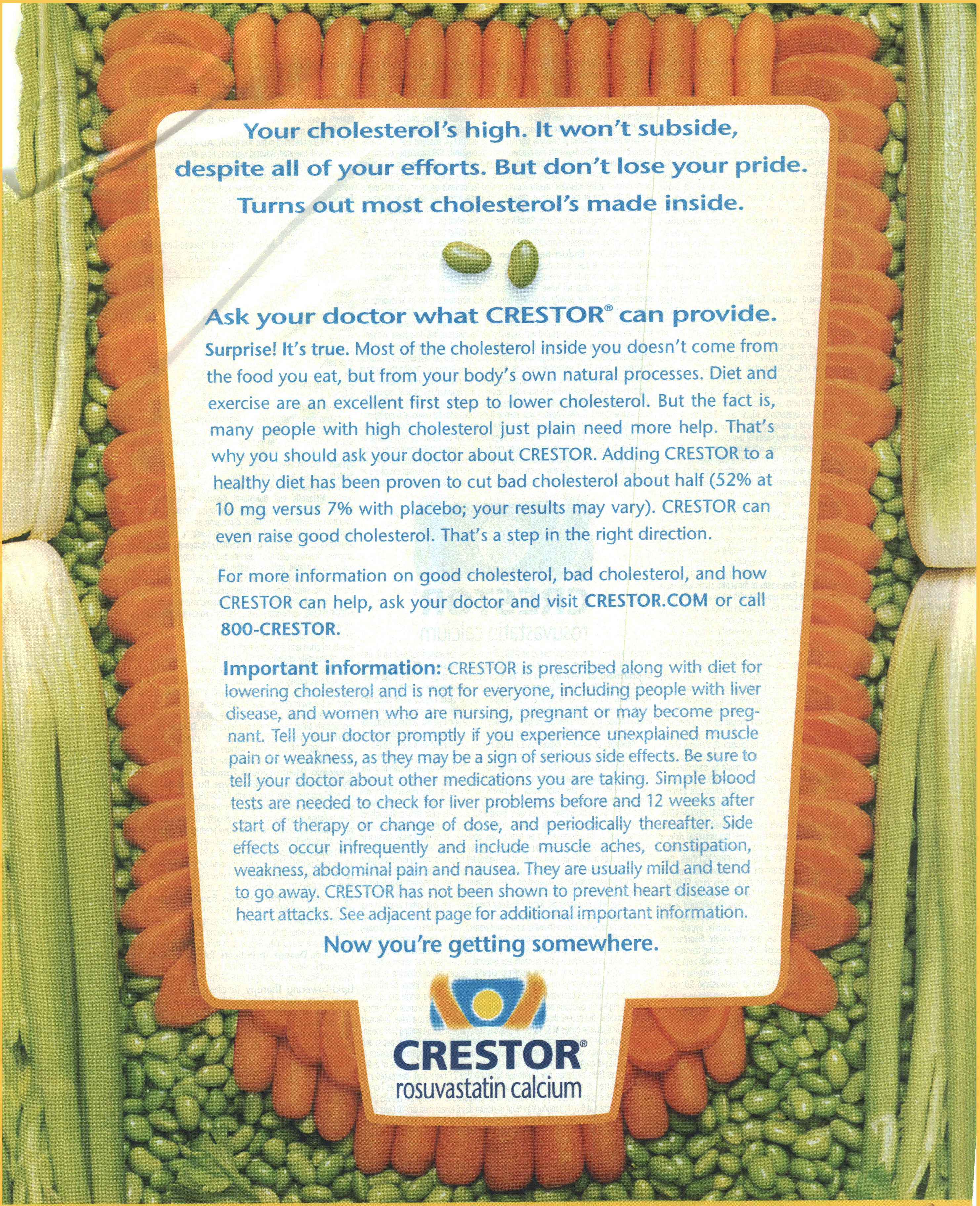

## Your cholesterol's high. It won't subside,
## despite all of your efforts. But don't lose your pride.
## Turns out most cholesterol's made inside.

## Ask your doctor what CRESTOR® can provide.

**Surprise! It's true.** Most of the cholesterol inside you doesn't come from the food you eat, but from your body's own natural processes. Diet and exercise are an excellent first step to lower cholesterol. But the fact is, many people with high cholesterol just plain need more help. That's why you should ask your doctor about CRESTOR. Adding CRESTOR to a healthy diet has been proven to cut bad cholesterol about half (52% at 10 mg versus 7% with placebo; your results may vary). CRESTOR can even raise good cholesterol. That's a step in the right direction.

For more information on good cholesterol, bad cholesterol, and how CRESTOR can help, ask your doctor and visit **CRESTOR.COM** or call **800-CRESTOR.**

**Important information:** CRESTOR is prescribed along with diet for lowering cholesterol and is not for everyone, including people with liver disease, and women who are nursing, pregnant or may become pregnant. Tell your doctor promptly if you experience unexplained muscle pain or weakness, as they may be a sign of serious side effects. Be sure to tell your doctor about other medications you are taking. Simple blood tests are needed to check for liver problems before and 12 weeks after start of therapy or change of dose, and periodically thereafter. Side effects occur infrequently and include muscle aches, constipation, weakness, abdominal pain and nausea. They are usually mild and tend to go away. CRESTOR has not been shown to prevent heart disease or heart attacks. See adjacent page for additional important information.

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**Please read this summary carefully and then ask your doctor about CRESTOR. No advertisement can provide all the information needed to determine if a drug is right for you. This advertisement does not take the place of careful discussions with your doctor. Only your doctor has the training to weigh the risks and benefits of a prescription drug.**

**BRIEF SUMMARY:** For full Prescribing Information, see package insert.

**INDICATIONS AND USAGE** CRESTOR is indicated: 1. as an adjunct to diet to reduce elevated total-C, LDL-C, ApoB, nonHDL-C, and TG levels and to increase HDL-C in patients with primary hypercholesterolemia (heterozygous familial and nonfamilial) and mixed dyslipidemia (Fredrickson Type IIa and IIb); 2. as an adjunct to diet for the treatment of patients with elevated serum TG levels (Fredrickson Type IV); 3. to reduce LDL-C, total-C, and ApoB in patients with homozygous familial hypercholesterolemia as an adjunct to other lipid-lowering treatments (e.g., LDL apheresis) or if such treatments are unavailable.

**CONTRAINDICATIONS** CRESTOR is contraindicated in patients with a known hypersensitivity to any component of this product. Rosuvastatin is contraindicated in patients with active liver disease or with unexplained persistent elevations of serum transaminases (see WARNINGS, Liver Enzymes). **Pregnancy and Lactation** Atherosclerosis is a chronic process and discontinuation of lipid-lowering drugs during pregnancy should have little impact on the outcome of long-term therapy of primary hypercholesterolemia. Cholesterol and other products of cholesterol biosynthesis are essential components for fetal development (including synthesis of steroids and cell membranes). Since HMG-CoA reductase inhibitors decrease cholesterol synthesis and possibly the synthesis of other biologically active substances derived from cholesterol, they may cause fetal harm when administered to pregnant women. Therefore, HMG-CoA reductase inhibitors are contraindicated during pregnancy and in nursing mothers. ROSUVASTATIN SHOULD BE ADMINISTERED TO WOMEN OF CHILDBEARING AGE ONLY WHEN SUCH PATIENTS ARE HIGHLY UNLIKELY TO CONCEIVE AND HAVE BEEN INFORMED OF THE POTENTIAL HAZARDS. If the patient becomes pregnant while taking this drug, therapy should be discontinued immediately and the patient apprised of the potential hazard to the fetus.

**WARNINGS Liver Enzymes** HMG-CoA reductase inhibitors, like some other lipid-lowering therapies, have been associated with biochemical abnormalities of liver function. The incidence of persistent elevations (>3 times the upper limit of normal [ULN] occurring on 2 or more consecutive occasions) in serum transaminases in fixed dose studies was 0.4, 0, 0, and 0.1% in patients who received rosuvastatin 5, 10, 20, and 40 mg, respectively. In most cases, the elevations were transient and resolved or improved on continued therapy or after a brief interruption in therapy. There were two cases of jaundice, for which a relationship to rosuvastatin therapy could not be determined, which resolved after discontinuation of therapy. There were no cases of liver failure or irreversible liver disease in these trials. **It is recommended that liver function tests be performed before and at 12 weeks following both the initiation of therapy and any elevation of dose, and periodically (e.g., semiannually) thereafter.** Liver enzyme changes generally occur in the first 3 months of treatment with rosuvastatin. Patients who develop increased transaminase levels should be monitored until the abnormalities have resolved. Should an increase in ALT or AST of >3 times ULN persist, reduction of dose or withdrawal of rosuvastatin is recommended. Rosuvastatin should be used with caution in patients who consume substantial quantities of alcohol and/or have a history of liver disease (see CLINICAL PHARMACOLOGY, Special Populations, Hepatic Insufficiency). Active liver disease or unexplained persistent transaminase elevations are contraindications to the use of rosuvastatin (see CONTRAINDICATIONS). **Myopathy/Rhabdomyolysis Rare cases of rhabdomyolysis with acute renal failure secondary to myoglobinuria have been reported with rosuvastatin and with other drugs in this class.** Uncomplicated myalgia has been reported in rosuvastatin-treated patients (see ADVERSE REACTIONS). Creatine kinase (CK) elevations (>10 times upper limit of normal) occurred in 0.2% to 0.4% of patients taking rosuvastatin at doses of up to 40 mg in clinical studies. Treatment-related myopathy, defined as muscle aches or muscle weakness in conjunction with increases in CK values >10 times upper limit of normal, was reported in up to 0.1% of patients taking rosuvastatin doses of up to 40 mg in clinical studies. Rare cases of rhabdomyolysis were seen with higher than recommended doses (80 mg) of rosuvastatin in clinical trials. Factors that may predispose patients to myopathy with HMG-CoA reductase inhibitors include advanced age (≥65 years), hypothyroidism, and renal insufficiency. The incidence of myopathy increased at doses of rosuvastatin above the recommended dosage range. Consequently: 1. Rosuvastatin should be prescribed with caution in patients with predisposing factors for myopathy, such as, renal impairment (see DOSAGE AND ADMINISTRATION), advanced age, and hypothyroidism. 2. Patients should be advised to promptly report unexplained muscle pain, tenderness, or weakness, particularly if accompanied by malaise or fever. Rosuvastatin therapy should be discontinued if markedly elevated CK levels occur or myopathy is diagnosed or suspected. 3. The risk of myopathy during treatment with rosuvastatin may be increased with concurrent administration of other lipid-lowering therapies or cyclosporine, (see CLINICAL PHARMACOLOGY, Drug Interactions, PRECAUTIONS, Drug Interactions, and DOSAGE AND ADMINISTRATION). **The benefit of further alterations in lipid levels by the combined use of rosuvastatin with fibrates or niacin should be carefully weighed against the potential risks of this combination. Combination therapy with rosuvastatin and gemfibrozil should generally be avoided. (See DOSAGE AND ADMINISTRATION and PRECAUTIONS, Drug Interactions).** 4. **The risk of myopathy during treatment with rosuvastatin may be increased in circumstances *which* increase rosuvastatin drug levels (see CLINICAL PHARMACOLOGY, Special Populations, Race and Renal *Insufficiency*, and PRECAUTIONS, General).** 5. **Rosuvastatin therapy should also be temporarily withheld in any patient with an acute, serious condition suggestive of myopathy or predisposing to the development of renal failure secondary to rhabdomyolysis (e.g., sepsis, hypotension, major surgery, trauma, severe metabolic, endocrine, and electrolyte disorders, or uncontrolled seizures).**

**PRECAUTIONS General** Before instituting therapy with rosuvastatin, an attempt should be made to control hypercholesterolemia with appropriate diet and exercise, weight reduction in obese patients, and treatment of underlying medical problems (see INDICATIONS AND USAGE). Administration of rosuvastatin 20 mg to patients with severe renal impairment ($CL_{cr}$ <30 mL/min/1.73 $m^2$) resulted in a 3-fold increase in plasma concentrations of rosuvastatin compared with healthy volunteers (see WARNINGS, Myopathy/Rhabdomyolysis and DOSAGE AND ADMINISTRATION). Pharmacokinetic studies show an approximate 2-fold elevation in median exposure in Japanese subjects residing in Japan and in Chinese subjects residing in Singapore compared with Caucasians residing in North America and Europe. The contribution of environmental and genetic factors to the difference observed has not been determined. However, these increases should be considered when making rosuvastatin dosing decisions for patients of Japanese and Chinese ancestry. (See WARNINGS, Myopathy/ Rhabdomyolysis; CLINICAL PHARMACOLOGY, Special Populations, Race.) **Information for Patients** Patients should be advised to report promptly unexplained muscle pain, tenderness, or weakness, particularly if accompanied by malaise or fever. When taking rosuvastatin with an aluminum and magnesium hydroxide combination antacid, the antacid should be taken at least 2 hours after rosuvastatin administration (see CLINICAL PHARMACOLOGY, Drug Interactions). **Laboratory Tests** In the rosuvastatin clinical trial program, dipstick-positive proteinuria and microscopic hematuria were observed among rosuvastatin-treated patients, predominantly in patients dosed above the recommended dose range (i.e., 80 mg). However, this finding was more frequent in patients taking rosuvastatin 40 mg, when compared to lower doses of rosuvastatin or comparator statins, though it was generally transient and was not associated with worsening renal function. Although the clinical significance of this finding is unknown, a dose reduction should be considered for patients on rosuvastatin 40 mg therapy with unexplained persistent proteinuria during routine urinalysis testing. **Drug Interactions Cyclosporine:** When rosuvastatin 10 mg was coadministered with cyclosporine *in cardiac transplant* patients, rosuvastatin mean $C_{max}$ and mean AUC were increased 11-fold and 7-fold, respectively, compared with healthy volunteers. These increases are considered to be clinically significant and require special consideration in the dosing of rosuvastatin to patients taking concomitant cyclosporine (see WARNINGS, Myopathy/Rhabdomyolysis, and DOSAGE AND ADMINISTRATION). **Warfarin:** Coadministration of rosuvastatin to patients on stable warfarin therapy resulted in clinically significant rises in INR (>4, baseline 2-3). In patients taking coumarin anti-coagulants and rosuvastatin concomitantly, INR should be determined before starting rosuvastatin and frequently enough during early therapy to ensure that no significant alteration of INR occurs. Once a stable INR time has been documented, INR can be monitored at the intervals usually recommended for patients on coumarin anticoagulants. If the dose of rosuvastatin is changed, the same procedure should be repeated. Rosuvastatin therapy has not been associated with bleeding or with changes in INR in patients not taking anti-coagulants. **Gemfibrozil:** Coadministration of a single rosuvastatin dose to healthy volunteers on gemfibrozil (600 mg twice daily) resulted in a 2.2- and 1.9-fold, respectively, increase in mean $C_{max}$ and mean AUC of rosuvastatin (see DOSAGE AND ADMINISTRATION). **Endocrine Function** Although clinical studies have shown that rosuvastatin alone does not reduce basal plasma cortisol concentration or impair adrenal reserve, caution should be exercised if any HMG-CoA reductase inhibitor or other agent used to lower cholesterol levels is administered concomitantly with drugs that may decrease the levels or activity of endogenous steroid hormones such as ketoconazole, spironolactone, and cimetidine. **CNS Toxicity** CNS vascular lesions, characterized by perivascular hemorrhages, edema, and mononuclear cell infiltration of perivascular spaces, have been observed in dogs treated with several other members of this drug class. A chemically similar drug in this class produced dose-dependent optic nerve degeneration (Wallerian degeneration of retinogeniculate fibers) in dogs, at a dose that produced plasma drug levels about 30 times higher than the mean drug level in humans taking the highest recommended dose. Edema, hemorrhage, and partial necrosis in the interstitium of the choroid plexus was observed in a female dog sacrificed moribund at day 24 at 90 mg/kg/day by oral gavage (systemic exposures 100 times the human exposure at 40 mg/day based on AUC comparisons). Corneal opacity was seen in dogs treated for 52 weeks at 6 mg/kg/day by oral gavage (systemic exposures 20 times the human exposure at 40 mg/day based on AUC comparisons). Cataracts were seen in dogs treated for 12 weeks by oral gavage at 30 mg/kg/day (systemic exposures 60 times the human exposure at 40 mg/day based on AUC comparisons). Retinal dysplasia and retinal loss were seen in dogs treated for 4 weeks by oral gavage at 90 mg/kg/day (systemic exposures 100 times the human exposure at 40 mg/day based on AUC). Doses ≤30 mg/kg/day (systemic exposures ≤60 times the human exposure at 40 mg/day based on AUC comparisons) following treatment up to one year, did not reveal retinal findings. **Carcinogenesis, Mutagenesis, Impairment of Fertility** In a 104-week carcinogenicity study in rats at dose levels of 2, 20, 60, or 80 mg/kg/day by oral gavage, the incidence of uterine stromal polyps was significantly increased in females at 80 mg/kg/day at systemic exposure 20 times the human exposure at 40 mg/day based on AUC. Increased incidence of polyps was not seen at lower doses. In a 107-week carcinogenicity study in mice given 10, 60, 200 mg/kg/day by oral gavage, an increased incidence of hepatocellular adenoma/carcinoma was observed at 200 mg/kg/day at systemic exposures 20 times human exposure at 40 mg/day based on AUC. An increased incidence of hepatocellular tumors was not seen at lower doses. Rosuvastatin was not mutagenic or clastogenic with or without metabolic activation in the Ames test with *Salmonella typhimurium* and *Escherichia coli*, the mouse lymphoma assay, and the chromosomal aberration assay in Chinese hamster lung cells. Rosuvastatin was negative in the *in vivo* mouse micronucleus test. In rat fertility studies with oral gavage doses of 5, 15, 50 mg/kg/day, males were treated for 9 weeks prior to and throughout mating and females were treated 2 weeks prior to mating and throughout mating until gestation day 7. No adverse effect on fertility was observed at 50 mg/kg/day (systemic exposures up to 10 times human exposure at 40 mg/day based on AUC comparisons). In testicles of dogs treated with rosuvastatin at 30 mg/kg/day for one month, spermatidic giant cells were seen. Spermatidic giant cells were observed in monkeys after 6-month treatment at 30 mg/kg/day in addition to vacuolation of seminiferous tubular epithelium. Exposures in the dog were 20 times and in the monkey 10 times human exposure at 40 mg/day based on body surface area comparisons. Similar findings have been seen with other drugs in this class. **Pregnancy** ***Pregnancy Category X*** See CONTRAINDICATIONS. Rosuvastatin may cause fetal harm when administered to a pregnant woman. Rosuvastatin is contraindicated in women who are or may become pregnant. Safety in pregnant women has not been established. There are no adequate and well-controlled studies of rosuvastatin in pregnant women. Rosuvastatin crosses the placenta and is found in fetal tissue and amniotic fluid at 3% and 20%, respectively, of the maternal plasma concentration following a single 25 mg/kg oral gavage dose on gestation day 16 in rats. A higher fetal tissue distribution (25% maternal plasma concentration) was observed in rabbits after a single oral gavage dose of 1 mg/kg on gestation day 18. If this drug is administered to a woman with reproductive potential, the patient should be apprised of the potential hazard to a fetus. In female rats given oral gavage doses of 5, 15, 50 mg/kg/day rosuvastatin before mating and continuing through day 7 postcoitus results in decreased fetal body weight (female pups) and delayed ossification at the high dose (systemic exposures 10 times human exposure at 40 mg/day based on AUC comparisons). In pregnant rats given oral gavage doses of 2, 20, 50 mg/kg/day from gestation day 7 through lactation day 21 (weaning), decreased pup survival occurred in groups given 50 mg/kg/day, systemic exposures ≥12 times human exposure at 40 mg/day based on body surface area comparisons. In pregnant rabbits given oral gavage doses of 0.3, 1, 3 mg/kg/day from gestation day 6 to lactation day 18 (weaning), exposures equivalent to human exposure at 40 mg/day based on body surface area comparisons, decreased fetal viability and maternal mortality was observed. Rosuvastatin was not teratogenic in rats at ≤25 mg/kg/day or in rabbits ≤3 mg/kg/day (systemic exposures equivalent to human exposure at 40 mg/day based on AUC or body surface comparison, respectively). **Nursing Mothers** It is not known whether rosuvastatin is excreted in human milk. Studies in lactating rats have demonstrated that rosuvastatin is secreted into breast milk at levels 3 times higher than that obtained in the plasma following oral gavage dosing. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from rosuvastatin, a decision should be made whether to discontinue nursing or administration of rosuvastatin taking into account the importance of the drug to the lactating woman. **Pediatric Use** The safety and effectiveness in pediatric patients have not been established. Treatment experience with rosuvastatin in a pediatric population is limited to 8 patients with homozygous FH. None of these patients was below 8 years of age. **Geriatric Use** Of the 10,275 patients in clinical studies with rosuvastatin, 3,159 (31%) were 65 years and older, and 698 (6.8%) were 75 years and older. The overall frequency of adverse events and types of adverse events were similar in patients above and below 65 years of age. (See WARNINGS, Myopathy/Rhabdomyolysis.) The efficacy of rosuvastatin in the geriatric population (≥65 years of age) was comparable to the efficacy observed in the non-elderly.

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rosuvastatin calcium

**ADVERSE REACTIONS** Rosuvastatin is generally well tolerated. Adverse reactions have usually been mild and transient. In clinical studies of 10,275 patients, 3.7% were discontinued due to adverse experiences attributable to rosuvastatin. The most frequent adverse events thought to be related to rosuvastatin were myalgia, constipation, asthenia, abdominal pain, and nausea. **Clinical Adverse Experiences** Adverse experiences, regardless of causality assessment, reported in ≥2% of patients in placebo-controlled clinical studies of rosuvastatin are shown in Table 1; discontinuations due to adverse events in these studies of up to 12 weeks duration occurred in 3% of patients on rosuvastatin and 5% on placebo.

**Table 1. Adverse Events in Placebo-Controlled Studies**

| Adverse event | Rosuvastatin N=744 | Placebo N=382 |
|---|---|---|
| Pharyngitis | 9.0 | 7.6 |
| Headache | 5.5 | 5.0 |
| Diarrhea | 3.4 | 2.9 |
| Dyspepsia | 3.4 | 3.1 |
| Nausea | 3.4 | 3.1 |
| Myalgia | 2.8 | 1.3 |
| Asthenia | 2.7 | 2.6 |
| Back pain | 2.6 | 2.4 |
| Flu syndrome | 2.3 | 1.8 |
| Urinary tract infection | 2.3 | 1.6 |
| Rhinitis | 2.2 | 2.1 |
| Sinusitis | 2.0 | 1.8 |

In addition, the following adverse events were reported, regardless of causality assessment, in ≥1% of 10,275 patients treated with rosuvastatin in clinical studies. The events in *italics* occurred in ≥2% of these patients. **Body as a Whole:** *Abdominal pain, accidental injury, chest pain, infection, pain,* pelvic pain, and neck pain. **Cardiovascular System:** *Hypertension,* angina pectoris, vasodilatation, and palpitation. **Digestive System:** *Constipation, gastroenteritis,* vomiting, flatulence, periodontal abscess, and gastritis. **Endocrine:** Diabetes mellitus. **Hemic and Lymphatic System:** Anemia and ecchymosis. **Metabolic and Nutritional Disorders:** *Peripheral edema.* **Musculoskeletal System:** *Arthritis, arthralgia,* and pathological fracture. **Nervous System:** *Dizziness, insomnia, hypertonia, paresthesia, depression,* anxiety, vertigo, and neuralgia. **Respiratory System:** *Bronchitis, cough increased,* dyspnea, pneumonia, and asthma. **Skin and Appendages:** *Rash* and pruritus. **Laboratory Abnormalities:** In the rosuvastatin clinical trial program, dipstick-positive proteinuria and microscopic hematuria were observed among rosuvastatin-treated patients, predominantly in patients dosed above the recommended dose range (i.e., 80 mg). However, this finding was more frequent in patients taking rosuvastatin 40 mg, when compared to lower doses of rosuvastatin or comparator statins, though it was generally transient and was not associated with worsening renal function. (See PRECAUTIONS, Laboratory Tests.) Other abnormal laboratory values reported were elevated creatinine phosphokinase, transaminases, hyperglycemia, glutamyl transpeptidase, alkaline phosphatase, bilirubin, and thyroid function abnormalities. Other adverse events reported less frequently than 1% in the rosuvastatin clinical study program, regardless of causality assessment, included arrhythmia, hepatitis, hypersensitivity reactions (i.e., face edema, thrombocytopenia, leukopenia, vesiculobullous rash, urticaria, and angioedema), kidney failure, syncope, myasthenia, myositis, pancreatitis, photosensitivity reaction, myopathy, and rhabdomyolysis.

**OVERDOSAGE** There is no specific treatment in the event of overdose. In the event of overdose, the patient should be treated symptomatically and supportive measures instituted as required. Hemodialysis does not significantly enhance clearance of rosuvastatin.

**DOSAGE AND ADMINISTRATION** The patient should be placed on a standard cholesterol-lowering diet before receiving CRESTOR and should continue on this diet during treatment. CRESTOR can be administered as a single dose at any time of day, with or without food. **Hypercholesterolemia (Heterozygous Familial and Nonfamilial) and Mixed Dyslipidemia (Fredrickson Type IIa and IIb)** The dose range for CRESTOR is 5 to 40 mg once daily. Therapy with CRESTOR should be individualized according to goal of therapy and response. The usual recommended starting dose of CRESTOR is 10 mg once daily. Initiation of therapy with 5 mg once daily may be considered for patients requiring less aggressive LDL-C reductions or who have predisposing factors for myopathy (see WARNINGS, Myopathy/Rhabdomyolysis). For patients with marked hypercholesterolemia (LDL-C > 190 mg/dL) and aggressive lipid targets, a 20-mg starting dose may be considered. The 40-mg dose of CRESTOR should be reserved for those patients who have not achieved goal LDL-C at 20 mg (see WARNINGS, Myopathy/ Rhabdomyolysis). After initiation and/or upon titration of CRESTOR, lipid levels should be analyzed within 2 to 4 weeks and dosage adjusted accordingly. **Homozygous Familial Hypercholesterolemia** The recommended starting dose of CRESTOR is 20 mg once daily in patients with homozygous FH. The maximum recommended daily dose is 40 mg. CRESTOR should be used in these patients as an adjunct to other lipid-lowering treatments (e.g., LDL apheresis) or if such treatments are unavailable. Response to therapy should be estimated from pre-apheresis LDL-C levels. **Dosage in Patients Taking Cyclosporine** In patients taking cyclosporine, therapy should be limited to CRESTOR 5 mg once daily (see WARNINGS, Myopathy/Rhabdomyolysis, and PRECAUTIONS, Drug Interactions). **Concomitant Lipid-Lowering Therapy** The effect of CRESTOR on LDL-C and total-C may be enhanced when used in combination with a bile acid binding resin. If CRESTOR is used in combination with gemfibrozil, the dose of CRESTOR should be limited to 10 mg once daily (see WARNINGS, Myopathy/ Rhabdomyolysis, and PRECAUTIONS, Drug Interactions). **Dosage in Patients With Renal Insufficiency** No modification of dosage is necessary for patients with mild to moderate renal insufficiency. For patients with severe renal impairment ($CL_{cr}$ <30 mL/min/1.73 $m^2$) not on hemodialysis, dosing of CRESTOR should be started at 5 mg once daily and not to exceed 10 mg once daily (see PRECAUTIONS, General, and CLINICAL PHARMACOLOGY, Special Populations, Renal Insufficiency).

**NOTE: This summary provides important information about CRESTOR. For more information, please ask your doctor or health care professional about the full Prescribing Information and discuss it with them.**

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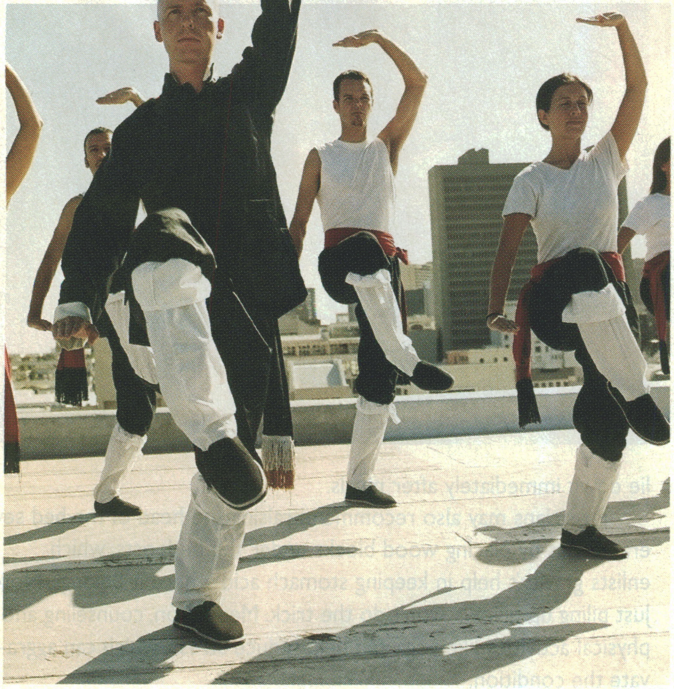
# CANCER:
# AN EXHAUSTING DISEASE

by Avery Hurt



In addition to the other distresses of cancer, 80 percent of patients receiving treatment experience fatigue. This is not the fatigue you feel after an unusually busy day at the office or even after a vigorous hike, but is something cancer patients often liken to a bout of the flu—an exhausting, often debilitating weariness that can make it difficult to concentrate and do even the most routine tasks.

In advanced cancer, the disease itself can create conditions that cause fatigue, but "in early-stage cancer, the treatment is the main culprit," says David Cella, Ph.D., director of the Center of Outcomes Research and Education at Evanston Northwestern Healthcare and professor of psychiatry and behavioral science at Northwestern University's Feinberg School of Medicine.

Chemotherapy and radiation, the two most common cancer treatments, destroy healthy cells along with cancerous ones. When red blood cells are lost, the body doesn't have enough energy to meet the needs of everyday life, causing the patient to feel tired. In addition, the destruction of so many cells can lead to a buildup of damaged tissue and cell by-products. The process of cleaning up waste uses energy, which can also increase fatigue.

Many patients get relief from mild fatigue by making adjustments to their schedules. For example, in its patient guidelines for cancer-related fatigue and anemia, the National Comprehensive Cancer Network (NCCN) suggests delegating tasks, asking for help when possible and taking short rest periods early in the day so they don't interfere with nighttime sleep. Some patients find that techniques such as deep breathing, visual imagery and meditation are also helpful.

## MORE SEVERE FATIGUE

When the fatigue is moderate or severe, however, these methods are rarely enough. Dr. Cella, who helped develop the NCCN guidelines, suggests discussing any cancer-related fatigue with your doctor, who can usually identify its causes and suggest an appropriate approach. If you are anemic, you may be given one of a class of drugs called erythropoietic agents, which help build red blood cells. If the problem is low thyroid hormone (a condition common in cancer patients), you will be given replacement thyroid hormone. Occasionally, says Dr. Cella, stimulants can increase energy and reduce fatigue, and modafinil, a common narcolepsy drug, helps reduce daytime sleepiness.

Though it may seem odd to suggest exercise to someone who has no energy, many recent studies have demonstrated exercise's usefulness in combating even moderate to severe fatigue. According to Enrique Hernandez, M.D., professor of gynecological oncology at Temple University School of Medicine in Philadelphia, "Exercise increases the amount of endorphins produced by the brain, and endorphins make us feel better. If the patient is physically and emotionally able to exercise, it can be very helpful."

When fatigue is caused by the stress of the diagnosis, coping techniques are beneficial, says Dr. Hernandez. To some of his patients, he suggests workshops that teach them to cope better, while he refers others to a psychologist.

"Nothing works for everybody and nothing works in all cases," cautions Dr. Cella. But most patients with fatigue problems can be helped significantly, he says, when the doctor identifies the causes o the fatigue and works with the patient to come up with an individual approach. ■

***Avery Hurt** is a contributing editor to The New Physician and writes for Better Homes and Gardens, MAMM, Life Health and Family Doctor magazines.*

# GUT REACTIONS

by Beth Howard

For many people, heartburn is an occasional annoyance that may follow an ill-considered late-night snack of pizza with extra pepperoni. But for those with a related condition called gastroesophageal reflux disease, or GERD, the burning sensations and chest pain are nothing short of misery.

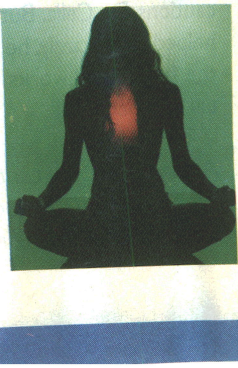
"GERD can be a serious condition," says Jack A. Di Palma, M.D., FACG, professor of medicine and director of the division of gastroenterology at the University of South Alabama College of Medicine in Mobile. "Studies have shown that quality of life is less in heartburn patients than in those with ulcers or cardiac conditions."

Like heartburn, GERD happens when the stomach's contents regurgitate into the esophagus, resulting in irritation and, frequently, a burning discomfort behind the breastbone. Other symptoms include a bitter or acidic taste in the mouth, a sore throat, cough and hoarseness. In severe cases, patients may even feel like they're having a heart attack. (If you experience sudden, intense chest pain and/or sweating, lightheadedness and nausea accompanying heartburn-like pain, waste no time in seeking medical help.)

GERD is diagnosed when such symptoms occur more than two to three times a week, if symptoms wake you from a sound sleep or if the condition results in complications or damage to the lining of the esophagus. Unless it's treated, GERD can lead to problems ranging from tooth decay to esophageal cancer.

People with heartburn or GERD often find that certain foods are more likely to trigger reflux than others. Prime culprits are citrus fruits, fatty and fried foods, drinks that contain caffeine, tomato-based products like pasta sauce and chili, garlic, onions, chocolate and mint flavoring. Other factors—being overweight or pregnant, smoking, alcohol use and stress—may also play a role.

## LIFESTYLE CHANGES



Successful treatment often begins with a lifestyle makeover. "Most doctors advise weight loss, smoking cessation and avoidance of aspirin and nonsteroidal anti-inflammatory drugs," says Dr. Di Palma. In addition to passing up suspect foods, patients should not eat late at night or lie down immediately after meals.

Physicians may also recommend raising the head of the bed several inches by placing wood blocks under the bedposts, which enlists gravity's help in keeping stomach acid where it belongs. Note: Just piling up pillows won't do the trick. Meditation, counseling and physical activities like yoga can help reduce stress, which can aggravate the condition.

When medications are needed, some people get adequate relief from over-the-counter antacids and acid-lowering drugs. Yet "many of my patients require prescription medications," says Dr. Di Palma. These include proton pump inhibitors, which suppress the production of acid to the stomach.

If GERD doesn't improve with medication, doctors may recommend surgery to decrease acid exposure to the esophagus and promote healing. In fundoplication, which can be performed laparoscopically, surgeons wrap a small part of the stomach around the esophagus. Other procedures place small stitches near the juncture between the esophagus and stomach, then tighten them to prevent reflux. A technique, called the Stretta procedure, uses radiofrequency to tighten the junction. And, in a new process called Enteryx, where doctors inject a special polymer to tighten the opening to the stomach.

"GERD can seriously disrupt a person's life," says Dr. Di Palma, "but with the right treatment, most people can control it."

---

***Beth Howard*** *is a freelance health writer who has written for The Washington Post, Self, Health and Child.*

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## It's not just heartburn you may have to worry about, but the threat of a damaged esophagus.

If you suffer from acid reflux disease, any food can trigger an attack of heartburn. And over time, all that churning acid could do real harm to your esophagus. So, if you've changed your diet and treated your symptoms, but the heartburn still comes back two or more days a week, ask your doctor about prescription NEXIUM.

Unlike your stomach, the lining of your esophagus offers little protection against churning acid. When acid rises into the esophagus–even if you feel only a little heartburn–it can eventually wear away the lining. This condition is called erosive esophagitis and only a doctor can determine if you have it.

That's why you should ask your doctor about NEXIUM. The Healing Purple Pill. For many, just one NEXIUM a day–along with a sensible diet and lifestyle changes–can mean 24-hour heartburn relief. And NEXIUM goes deeper, for most people healing the erosions in your esophagus caused by acid reflux disease. Most erosions heal in 4 to 8 weeks. Your results may vary.

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**Nexium®** ***(esomeprazole magnesium)***

20-MG, 40-MG Delayed-Release Capsules

**BRIEF SUMMARY** Before prescribing NEXIUM, please see full Prescribing Information. **INDICATIONS AND USAGE** NEXIUM is indicated for the short-term treatment (4 to 8 weeks) in the healing and symptomatic resolution of diagnostically confirmed erosive esophagitis. **CONTRAINDICATIONS** NEXIUM is contraindicated in patients with known hypersensitivity to any component of the formulation or to substituted benzimidazoles. **PRECAUTIONS** Symptomatic response to therapy with NEXIUM does not preclude the presence of gastric malignancy. Atrophic gastritis has been noted occasionally in gastric corpus biopsies from patients treated long-term with omeprazole, of which NEXIUM is an enantiomer. **Information for Patients** NEXIUM Delayed-Release Capsules should be taken at least one hour before meals. For patients who have difficulty swallowing capsules, one tablespoon of applesauce can be added to an empty bowl and the NEXIUM Delayed-Release Capsule can be opened, and the pellets carefully emptied onto the applesauce. The pellets should be mixed with the applesauce and then swallowed immediately. The applesauce used should not be hot and should be soft enough to be swallowed without chewing. The pellets should not be chewed or crushed. The pellet/applesauce mixture should not be stored for future use. Antacids may be used while taking NEXIUM. **Drug Interactions** Esomeprazole is extensively metabolized in the liver by CYP2C19 and CYP3A4. *In vitro* and *in vivo* studies have shown that esomeprazole is not likely to inhibit CYPs 1A2, 2A6, 2C9, 2D6, 2E1 and 3A4. No clinically relevant interactions with drugs metabolized by these CYP enzymes would be expected. Drug interaction studies have shown that esomeprazole does not have any clinically significant interactions with phenytoin, warfarin, quinidine, clarithromycin or amoxicillin. Post-marketing reports of changes in prothrombin measures have been received among patients on concomitant warfarin and esomeprazole therapy. Increases in INR and prothrombin time may lead to abnormal bleeding and even death. Patients treated with proton pump inhibitors and warfarin concomitantly may need to be monitored for increases in INR and prothrombin time. Esomeprazole may potentially interfere with CYP2C19, the major esomeprazole metabolizing enzyme. Coadministration of esomeprazole 30 mg and diazepam, a CYP2C19 substrate, resulted in a 45% decrease in clearance of diazepam. Increased plasma levels of diazepam were observed 12 hours after dosing and onwards. However, at that time, the plasma levels of diazepam were below the therapeutic interval, and thus this interaction is unlikely to be of clinical relevance. Esomeprazole inhibits gastric acid secretion. Therefore, esomeprazole may interfere with the absorption of drugs where gastric pH is an important determinant of bioavailability (eg, ketoconazole, iron salts and digoxin). Coadministration of oral contraceptives, diazepam, phenytoin, or quinidine did not seem to change the pharmacokinetic profile of esomeprazole. **Carcinogenesis, Mutagenesis, Impairment of Fertility** The carcinogenic potential of esomeprazole was assessed using omeprazole studies. In two 24-month oral carcinogenicity studies in rats, omeprazole at daily doses of 1.7, 3.4, 13.8, 44.0 and 140.8 mg/kg/day (about 0.7 to 57 times the human dose of 20 mg/day expressed on a body surface area basis) produced gastric ECL cell carcinoids in a dose-related manner in both male and female rats; the incidence of this effect was markedly higher in female rats, which had higher blood levels of omeprazole. Gastric carcinoids seldom occur in the untreated rat. In addition, ECL cell hyperplasia was present in all treated groups of both sexes. In one of these studies, female rats were treated with 13.8 mg omeprazole/kg/day (about 5.6 times the human dose on a body surface area basis) for 1 year, then followed for an additional year without the drug. No carcinoids were seen in these rats. An increased incidence of treatment-related ECL cell hyperplasia was observed at the end of 1 year (94% treated vs 10% controls). By the second year the difference between treated and control rats was much smaller (46% vs 26%) but still showed more hyperplasia in the treated group. Gastric adenocarcinoma was seen in one rat (2%). No similar tumor was seen in male or female rats treated for 2 years. For this strain of rat no similar tumor has been noted historically, but a finding involving only one tumor is difficult to interpret. A 78-week mouse carcinogenicity study of omeprazole did not show increased tumor occurrence, but the study was not conclusive. Esomeprazole was negative in the Ames mutation test, in the *in vivo* rat bone marrow cell chromosome aberration test, and the *in vivo* mouse micronucleus test. Esomeprazole, however, was positive in the *in vitro* human lymphocyte chromosome aberration test. Omeprazole was positive in the *in vitro* human lymphocyte chromosome aberration test, the *in vivo* mouse bone marrow cell chromosome aberration test, and the *in vivo* mouse micronucleus test. The potential effects of esomeprazole on fertility and reproductive performance were assessed using omeprazole studies. Omeprazole at oral doses up to 138 mg/kg/day in rats (about 56 times the human dose on a body surface area basis) was found to have no effect on reproductive performance of parental animals. **Pregnancy** *Teratogenic Effects. Pregnancy Category B*—Teratology studies have been performed in rats at oral doses up to 280 mg/kg/day (about 57 times the human dose on a body surface area basis) and in rabbits at oral doses up to 86 mg/kg/day (about 35 times the human dose on a body surface area basis) and have revealed no evidence of impaired fertility or harm to the fetus due to esomeprazole. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed. Teratology studies conducted with omeprazole in rats at oral doses up to 138 mg/kg/day (about 56 times the human dose on a body surface area basis) and in rabbits at doses up to 69 mg/kg/day (about 56 times the human dose on a body surface area basis) did not disclose any evidence for a teratogenic potential of omeprazole. In rabbits, omeprazole in a dose range of 6.9 to 69.1 mg/kg/day (about 5.5 to 56 times the human dose on a body surface area basis) produced dose-related increases in embryo-lethality, fetal resorptions, and pregnancy disruptions. In rats, dose-related embryo/fetal toxicity and postnatal developmental toxicity were observed in offspring resulting from parents treated with omeprazole at 13.8 to 138.0 mg/kg/day (about 5.6 to 56 times the human doses on a body surface area basis). There are no adequate and well-controlled studies in pregnant women. Sporadic reports have been received of congenital abnormalities occurring in infants born to women who have received omeprazole during pregnancy. **Nursing Mothers** The excretion of esomeprazole in milk has not been studied. However, omeprazole concentrations have been measured in breast milk of a woman following oral administration of 20 mg. Because esomeprazole is likely to be excreted in human milk, because of the potential for serious adverse reactions in nursing infants from esomeprazole, and because of the potential for tumorigenicity shown for omeprazole in rat carcinogenicity studies, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother. **Pediatric Use** Safety and effectiveness in pediatric patients have not been established. **Geriatric Use** Of the total number of patients who received NEXIUM in clinical trials, 778 were 65 to 74 years of age and 124 patients were ≥ 75 years of age. No overall differences in safety and efficacy were observed between the elderly and younger individuals, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out. **ADVERSE REACTIONS** The safety of NEXIUM was evaluated in over 10,000 patients (aged 18-84 years) in clinical trials worldwide including over 7,400 patients in the United States and over 2,600 patients in Europe and Canada. Over 2,900 patients were treated in long-term studies for up to 6-12 months. In general, NEXIUM was well tolerated in both short- and long-term clinical trials. The safety in the treatment of healing of erosive esophagitis was assessed in four randomized comparative clinical trials, which included 1,240 patients on NEXIUM 20 mg, 2,434 patients on NEXIUM 40 mg, and 3,008 patients on omeprazole 20 mg daily. The most frequently occurring adverse events (≥1%) in all three groups was headache (5.5, 5.0, and 3.8, respectively) and diarrhea (no *difference* among the three groups). Nausea, flatulence, abdominal pain, constipation, and dry mouth occurred at similar rates among patients taking NEXIUM or omeprazole. Additional adverse events that were reported as possibly or probably related to NEXIUM with an incidence < 1% are listed below by body system: ***Body as a Whole:*** abdomen enlarged, allergic reaction, asthenia, back pain, chest pain, chest pain substernal, facial edema, peripheral edema, hot flushes, fatigue, fever, flu-like disorder, generalized edema, leg edema, malaise, pain, rigors; ***Cardiovascular:*** flushing, hypertension, tachycardia; ***Endocrine:*** goiter; ***Gastrointestinal:*** bowel irregularity, constipation aggravated, dyspepsia, dysphagia, dysplasia GI, epigastric pain, eructation, esophageal disorder, frequent stools, gastroenteritis, GI hemorrhage, GI symptoms not otherwise specified, hiccup, melena, mouth disorder, pharynx disorder, rectal disorder, serum gastrin increased, tongue disorder, tongue edema, ulcerative stomatitis, vomiting; ***Hearing:*** earache, tinnitus; ***Hematologic:*** anemia, anemia hypochromic, cervical lymphoadenopathy, epistaxis, leukocytosis, leukopenia, thrombo-cytopenia; ***Hepatic:*** bilirubinemia, hepatic function abnormal, SGOT increased, SGPT increased; ***Metabolic/Nutritional:*** glycosuria, hyperuricemia, hyponatremia, increased alkaline phosphatase, thirst, vitamin B12 deficiency, weight increase, weight decrease; ***Musculoskeletal:*** arthralgia, arthritis aggravated, arthropathy, cramps, fibromyalgia syndrome, hernia, polymyalgia rheumatica; ***Nervous System/Psychiatric:*** anorexia, apathy, appetite increased, confusion, depression aggravated, dizziness, hypertonia, nervousness, hypoesthesia, impotence, insomnia, migraine, migraine aggravated, paresthesia, sleep disorder, somnolence, tremor, vertigo, visual field defect; ***Reproductive:*** dysmenorrhea, menstrual disorder, vaginitis; ***Respiratory:*** asthma aggravated, coughing, dyspnea, larynx edema, pharyngitis, rhinitis, sinusitis; ***Skin and Appendages:*** acne, angioedema, dermatitis, pruritus, pruritus ani, rash, rash erythematous, rash maculo-papular, skin inflammation, sweating increased, urticaria; ***Special Senses:*** otitis media, parosmia, taste loss, taste perversion; ***Urogenital:*** abnormal urine, albuminuria, cystitis, dysuria, fungal infection, hematuria, micturition frequency, moniliasis, genital moniliasis, polyuria; ***Visual:*** conjunctivitis, vision abnormal. Endoscopic findings that were reported as adverse events include: duodenitis, esophagitis, esophageal stricture, esophageal ulceration, esophageal varices, gastric ulcer, gastritis, hernia, benign polyps or nodules, Barrett's esophagus, and mucosal discoloration. Postmarketing Reports – There have *been* spontaneous reports of adverse events with postmarketing use of esomeprazole. These reports have included rare cases of anaphylactic reaction. Other adverse events not observed with NEXIUM, but occurring with omeprazole can be found in the omeprazole package insert, **ADVERSE REACTIONS** section. **OVERDOSAGE** A single oral dose of esomeprazole at 510 mg/kg (about 103 times the human dose on a body surface area basis), was lethal to rats. The major signs of acute toxicity were reduced motor activity, changes in respiratory frequency, tremor, ataxia, and intermittent clonic convulsions. There have been some reports of overdosage with esomeprazole. Reports have been received of overdosage with omeprazole in humans. Doses ranged up to 2,400 mg (120 times the usual recommended clinical dose). Manifestations were variable, but included confusion, drowsiness, blurred vision, tachycardia, nausea, diaphoresis, flushing, headache, dry mouth, and other adverse reactions similar to those seen in normal clinical experience (see omeprazole package insert-**ADVERSE REACTIONS**). No specific antidote for esomeprazole is known. Since esomeprazole is extensively protein bound, it is not expected to be removed by dialysis. In the event of overdosage, treatment should be symptomatic and supportive. As with the management of any overdose, the possibility of multiple drug ingestion should be considered. For current information on treatment of any drug overdose, a certified Regional Poison Control Center should be contacted. Telephone numbers are listed in the Physicians' Desk Reference (PDR) or local telephone book.

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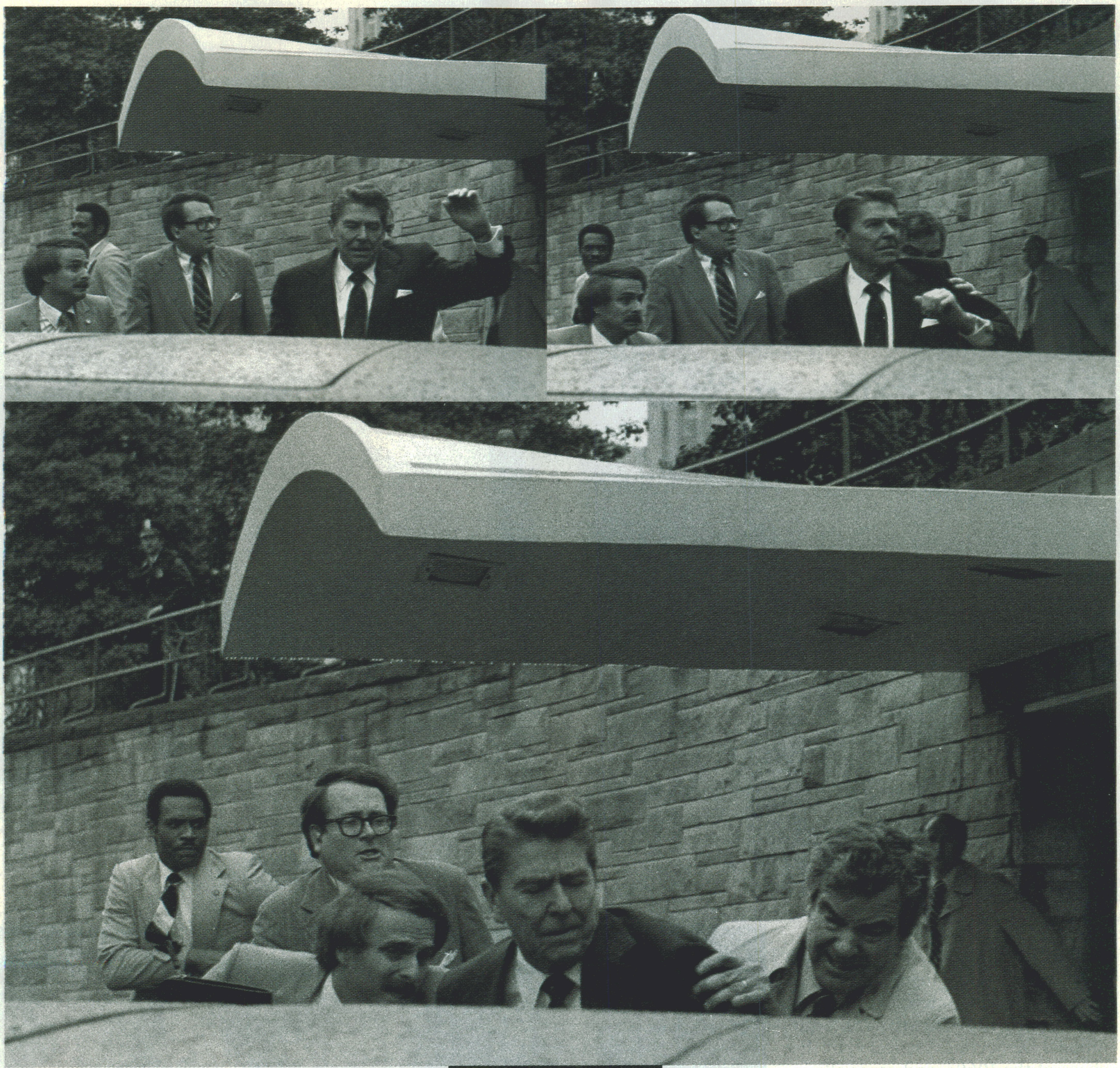


SURVIVOR

Shot by John Hinckley in 1981, Reagan stood tall. 'Honey, I forgot to duck,' he told Nancy.

icans' living rooms every Sunday night as the host of "General Electric Theater." Progress put him out of a job: "Bonanza," a color Western, swamped his black-and-white show in 1962. For the first time since he had stepped in front of his mother's theatrical group as a child, Reagan was looking for a role.

He found one in politics. By his own account he had "idolized" FDR during the '30s, and he had campaigned for Harry Truman. But anti-communism, high taxes and, while he was working for GE, worries about government regulation pushed him to the right. In October 1964 Barry Goldwater's presidential campaign was going nowhere, and the national Republican Party asked Reagan to give a half-hour national address (to devotees it is known simply as The Speech). Viewed today, 40 years later, he seems so young, so crisp, so sure of himself and his beliefs. He would not change much in the ensuing 25 years of his public life. Lyndon Johnson crushed Goldwater, but in 1966 a group of California moneymen bankrolled a Reagan campaign for governor against the formidable Democratic incumbent, Edmund (Pat) Brown.

Brown was the first politician to make a mistake many others would repeat: he underestimated Reagan. The Gipper—he could not resist adopting his screen persona from "Knute Rockne, All American"—was an emblem and an architect of a new force in American politics: the rise of the suburban conservatives. Elected governor in 1966, he was the fresh face of conservatism; a 1967 NEWSWEEK cover asked, REAGAN: A RISING STAR IN THE WEST?

The answer was an emphatic yes. The next year he nearly stopped Nixon's nomination in Miami after less than two years as governor. He would spend the next few years honing his message and building toward another run for the White House. Like many

RON EDMONDS—AP (3)

### STARDUST

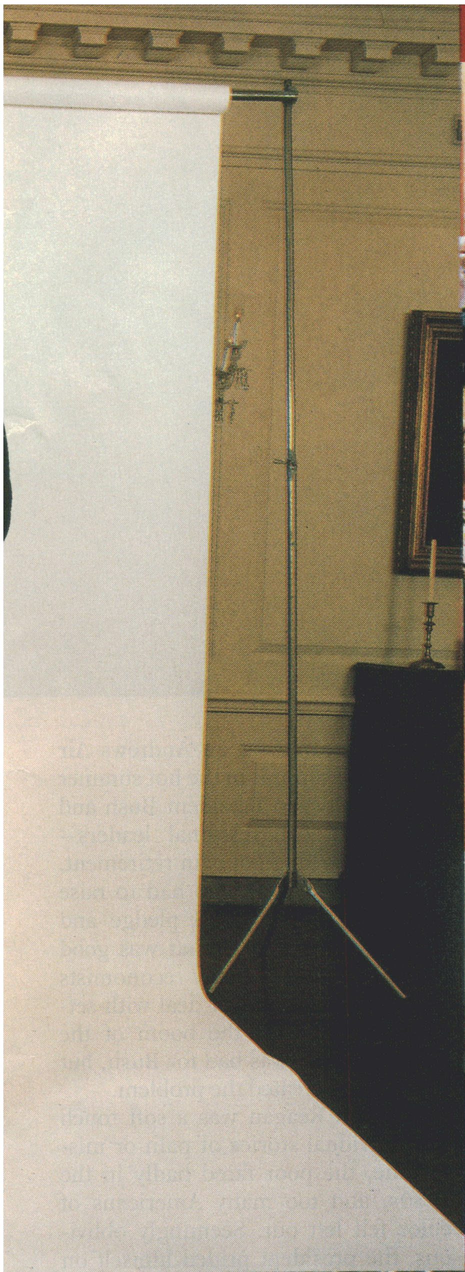
Dancing with Princess Diana at a dinner in 1985 (above); with Nancy in an iconic shot by Harry Benson in the same year (above right); with singer Michael Jackson in 1984. The Reagans, with their Hollywood connections, brought a sense of glamour back to the White House.

political coalitions, Reagan's was eclectic. He brought together country-club Republicans interested in lower taxes, evangelical Christians and traditional Democrats disaffected by the chaos of the 1960s, and especially in the South he would inherit the fruits of Nixon's "Southern strategy" of coded racial appeals.

When Reagan went to Sacramento, he was asked what he planned to do. "I don't know," he quipped. "I've never played a governor." But he did know. He was crisp in execution and deft at communication. Willie Brown, the liberal Democratic legislator known as the Ayatollah for his heavy-handed ways in Sacramento, recalled that Reagan was the only governor he ever worked with who got things done on time. Gerald Ford, whom Reagan would challenge for the Republican presidential nomination in 1976, remembered that Reagan was the man in the room after a meeting who could find the perfect phrase for a press release.

Reagan was not all style; he represented a real shift in American politics, but both in California and later in Washington his revolutions were never quite as dramatic as his followers hoped or his foes feared. Neither state nor federal governments actually shrank on Reagan's watch, and he never genuinely pushed for the more controversial dreams of his hard-right cultural base. He talked about school prayer and curbing abor-

TOP CENTER PHOTOGRAPH BY HARRY BENSON
CLOCKWISE FROM TOP RIGHT: MICHAEL EVANS-THE WHITE HOUSE—AP, PETE SOUZA—COURTESY OF RONALD REAGAN PRESIDENTIAL LIBRARY, JACK KIGHTLINGER—COURTESY



**CHARMED**

The president cuts in on Frank Sinatra as he dances with the First Lady in 1981 (top); shaking hands with Pope John Paul II on a visit to Miami in 1987 (above); walking Lucky on the South Lawn of the White House with Prime Minister Margaret Thatcher of Great Britain in 1985

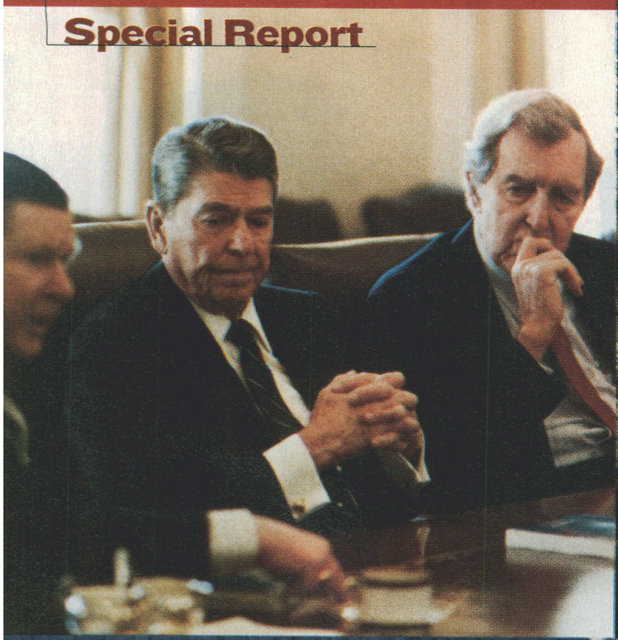
tion rights, but he never did much more than that.

By 1976 he was tired of waiting his turn and was worried that President Ford was being too open to the Soviets. In a closely fought primary season, Ford won, but he needed Reagan to appeal to conservatives, particularly conservative Christians, who were intrigued by the born-again Jimmy Carter. Reagan, however, was reluctant to campaign for the president. Even years later Ford loyalists could recount the precise counties where a Reagan swing in the fall of 1976 would have helped, particularly in conservative pockets of key border states.

For Reagan the story seemed over. He was getting old—he would be 69 in 1980—and the oldest president in history, Dwight Eisenhower, had retired at that age. But Reagan was just getting started.

The victory over Carter in '80 was far from foreordained. Reagan lost the Iowa caucuses to George Bush but recovered; until Oct. 28, a week before the general election, Reagan and Carter were running close together in the polls. Then came Cleveland. In their single debate, Reagan delivered devastating blows. The first was shaking his head and saying, more in sorrow than in anger, "There you go again" when Carter accused him of wanting to cut Medicare (Reagan did, but the theatrical gesture was what voters remembered, not the details). Then, in his closing statement, Reagan posed two simple questions: "Are you better off than you were four years ago? Is America as respected throughout the world as it was?" For many Americans, troubled by inflation, interest rates and the Iranian hostage crisis, the answer was no, and the ground shifted to Reagan in that final week. He won in a landslide.

Reagan was right at home in the White House. "My husband loved being president," Nancy said. "He *enjoyed* it, all of it—the de-



DARK DAYS

(Clockwise, from top left) Reagan waits for the report of the Tower Commission, which faulted the president's management style; protesters demonstrate against the U.S. deployment of Pershing missiles in West Germany; Reagan yields to his attorney general, Ed Meese, in fielding queries about the Iran-contra affair

cision making, the responsibilities, the negotiating, as well as the ceremonies, the public appearances and the meetings."

He invented stories and then believed them. He thought trees produced pollution, confusing carbon dioxide with carbon monoxide. Welfare was bad because of a mysterious Chicago "welfare queen" who drove a Cadillac while on relief. And on and on. His fictions were real to him, which was both touching and somewhat terrifying. According to Reagan biographer Lou Cannon, Colin Powell, then the national-security adviser, used to cringe when Reagan would trot out his "little green men" theory, the idea being that extraterrestrial life might one day attack us and force the nations of the globe to get along. A fine sentiment, if more than a little disconcerting coming from a president with control of the nuclear codes.

There were many derelictions and failures on the home front. Reagan could not control spending enough to balance the budget after he cut taxes, leaving a deficit of $152.5 billion when he left office; on his watch the national debt nearly tripled. When the reckoning came—at an Andrews Air Force Base summit in the hot summer of 1990 between President Bush and Democratic congressional leaders—Reagan was long gone, in retirement. It was Bush, then, who had to raise taxes, breaking a 1988 pledge and alienating the right. What was good for the country—many economists credit the 1990 budget deal with setting the stage for the boom of the Clinton years—was bad for Bush, but Reagan had created the problem.

Though Reagan was a soft touch for individual stories of pain or misfortune, the poor fared badly in the 1980s, and too many Americans of color felt left out. Seemingly oblivious, the president prided himself on his belief that he was without prejudice, often telling an anecdote about how his father would refuse to stay in a hotel that refused to accept Jews or blacks. But that story did not translate into compassion for those left out of the American Dream Reagan so cherished. In truth, he was probably as conflicted as many white Americans on questions of race and generosity. Because he did not hate, he could not see how his ambivalence (about preferences, about spending on the poor, about police misconduct or homelessness) could appear to others as indifference—or, worse, outright hostility. There is no question, however, that it did appear precisely that way to millions of Americans, and Reagan of all people should have known that appearances can be much the same as reality. He should have done better by those on the fringes of his fabled "shining city on a hill." For them, stirring words were not enough.

In what was perhaps the most brilliant critique of Reagan in real time, the then New York Governor Mario Cuomo turned this favorite Reagan image of the shining city against the president.

REAGAN WILL ANSWER TO HISTORY FOR IRAN-CONTRA. HIS MOTIVES MAY HAVE BEEN ADMIRABLE, BUT HIS MEANS WERE NOT.

CLOCKWISE FROM TOP LEFT: PETE SOUZA—COURTESY OF RONALD REAGAN PRESIDENTIAL LIBRARY, JEAN GAUMY—MAGNUM, BOB DAUGHERTY—AP

"The hard truth is that not everyone is sharing in this city's splendor and glory," Cuomo *said in* his keynote address to the 1984 Democratic National Convention. "A shining city is perhaps all the president sees from the portico of the White House and the veranda of his ranch, where everyone seems to be doing well. But there's another city; there's another part to the shining city; the part where some people can't pay their mortgages and most young people can't afford one, where students can't afford the education they need and middle-class parents watch the dreams they hold for their children evaporate." A devastating indictment, and one that had much truth in it. For many, the Gipper's America was a movie in which they had no part.

Reagan came to power as a consummate cold warrior. Skeptical of the Nixon-Ford era of "détente" with the Soviets and eager to build mighty armies, including a defensive missile shield in outer space, he wanted to send Moscow an unmistakable message that accommodation was not possible. The hawks were happy, the doves apoplectic.

Both camps should have watched Reagan with a colder eye, for he was playing a complicated game. In 1983—the same year he

PERSPECTIVE

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# THE THAWING of the Cold War

**BY MICHAEL BESCHLOSS**

Whether history will view Ronald Reagan as a great president depends, more than anything else, on one question: how much credit does he deserve for the fact that the cold war ended far earlier than almost anyone suspected—and on terms that Americans had fantasized about for 45 years?

Campaigning against Jimmy Carter, Reagan refused advisers' pleas to align himself with the approach to the Russians adopted by every president since Eisenhower: Bargain to limit the increase in both sides' nuclear arsenals. Improve relations with Moscow to avoid a dangerous confrontation and to open up Soviet society so that eventually it would become more like us.

As president, he immediately let the world know that he would be a different kind of free-world leader. In language that no president had used since Truman, Reagan declared in his first press conference that Soviet leaders "reserve unto themselves the right to commit any crime—to lie, to cheat" to achieve "world revolution and a one-world socialist or communist state."

During Reagan's first term, KGB stations were thrown on alert out of fears that the "war-mad" president might attempt a nuclear first-strike attack against Moscow. Soon after Reagan's second Inauguration in 1985, the Kremlin had a fateful choice to make. With the death of Konstantin Chernenko, some Soviet leaders wished to install a new hard-liner like Grigory Romanov. But the Politburo realized that a system whose foundations were rotting could not be saved by a new Leonid Brezhnev.

DAVID HUME KENNERLY—GETTY IMAGES

THE OLD WARRIOR MAKES PEACE

Gorbachev (shown in a 1985 fireside chat with Reagan) decided the American cowboy 'was not as hopeless as some believed'

Mikhail Gorbachev was anointed with a mandate to reform the Soviet system in order to save it. To buoy his economy, he sought a new period of U.S.-Soviet détente. In November 1985, he met Reagan at Geneva, later telling aides that the American cowboy was "not as hopeless as some believed."

In October 1986, at Reykjavik, terrified by the prospect that the Soviets would have to spend wildly to compete with the Strategic Defense Initiative, Gorbachev offered Reagan a deal to abolish nuclear weapons and nuclear missiles: "This all depends, of course, on you giving up SDI." Tantalized by the deal, Reagan refused the condition. When he realized that Gorbachev was serious, Reagan said, "This meeting is over," and flew home.

Gorbachev's bluff called, he showed his tacit admission that his country could no longer compete with a revitalized America. In 1987, he was back at the bargaining table, concluding a treaty to ban all intermediate-range weapons, which he and Reagan signed in Washington before Christmas. He had begun to trust the old man.

Two years later, with Reagan in retirement, Gorbachev sat idly in Moscow as the Eastern European satellites spun out of the Soviet orbit and the Berlin wall came down. In 1991, when its republics seized their freedom from Moscow, the Soviet Union died.

How much credit does Reagan deserve? His first-term efforts to escalate the competition with the Soviet Union and his revival of American willpower may well have helped to usher in the reformist Gorbachev over a Romanov, who might have tried to tough out Soviet problems by revving up the police state. Reagan's defense buildup and SDI, so ridiculed at the time, pressed Gorbachev, while his economy was collapsing, to make arms deals and improve relations with the West, which contributed to the unraveling of his empire.

After FDR's death in 1945, The New York Times predicted that "men will thank God on their knees a hundred years from now" that FDR had been the president to fight Hitler and Tojo. It is not too much to suggest that, with Ronald Reagan's death, Americans might now give similar thanks that they twice elected a president who saw the chance to end the cold war in his own time.

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BESCHLOSS is the author, most recently, of "The Conquerors."

called the Soviet Union an "evil empire"—the president asked Secretary of State George Shultz to bring Soviet Ambassador Anatoly Dobrynin by for a secret chat, opening a quiet channel that helped lead to the thaw of the second term. There is an ongoing debate over what brought the Soviet Union to its knees. Reagan's admirers believe it was his unflinching rhetoric and unrelenting military buildup; his critics argue that the Soviets were intrinsically weak and would have imploded even if Carter had been re-elected in 1980, consigning Reagan to an early retirement in California.

The truth probably lies somewhere in between. There were many forces at work in what President Kennedy called the "long twilight struggle" between communism and democratic capitalism, but Reagan's dual strategy of articulating a stark vision—including insisting on developing the Strategic Defense Initiative, or Star Wars—and of conducting steady diplomacy almost certainly accelerated the fall of Soviet totalitarianism. His personal connection to Mikhail Gorbachev was important to Reagan and helped make the disarmament talks of the mid-1980s possible and productive. At first skeptical of the old actor, the Soviet reformer came to appreciate him.

Still, Reagan's older cold-war instincts helped bring on the defining scandal of his presidency, the Iran-contra affair. In violation of the law, the Reagan administration secretly used money raised from the sale of weapons to Iran to fund the Nicaraguan contras who were leading an anti-Marxist-Leninist insurgency.

WHAT DID REAGAN KNOW? PERHAPS little; specifics were never his strong suit. "From our first meeting," Gorbachev recalled, "I had noticed President Reagan's dislike for detail." But Reagan created the climate in which his White House broke the law, prompting a constitutional crisis over executive power. Reagan will answer to history for Iran-contra. His motives may have been admirable, but his means were not.

It was a bleak time. When he called former Tennessee senator Howard Baker to offer him the job of White House chief of staff in the wake of the scandal, Baker's then wife, Joy, answered the telephone. "Howard's not here, Mr. President," she said. "He's taken the grandchildren to the zoo." Without missing a beat, Reagan replied: "Wait till he sees the zoo I've got in mind for him."

Baker was replacing Donald Regan, and Regan—who was essentially fired by Nancy Reagan—got his revenge. In a book published when the Reagans were still in the White House, Regan wrote that the First Lady regularly consulted a San Francisco astrologer, Joan Quigley, to guide the president's schedule. (Quigley had been recommended to Nancy by Merv Griffin.) The defense that Nancy had turned to the stars for protection only after the 1981 assassination attempt did not help much. It was not the kind of story an elderly president who had spent his life in Hollywood and was now immersed in scandal and facing questions about his fitness for office needed just then (or ever). There was so much speculation about Reagan's health and state of mind after Iran-contra broke at Thanksgiving 1986, Washington journalists Jane Mayer and Doyle McManus later reported, that an incoming Baker aide, James Cannon, was privately asked to research the 25th Amendment's provisions for dealing with an incapacitated president.

As always, though, Reagan defied expectations and rolled on. The breakthroughs with Gorbachev and a strong economy nudged his approval numbers back up as 1988 approached. Never close to George Bush—Ford had been Reagan's first choice for a running mate in 1980—the president seemed unenthusiastic

HAPPY
BIRTH

A DAUGHTER'S

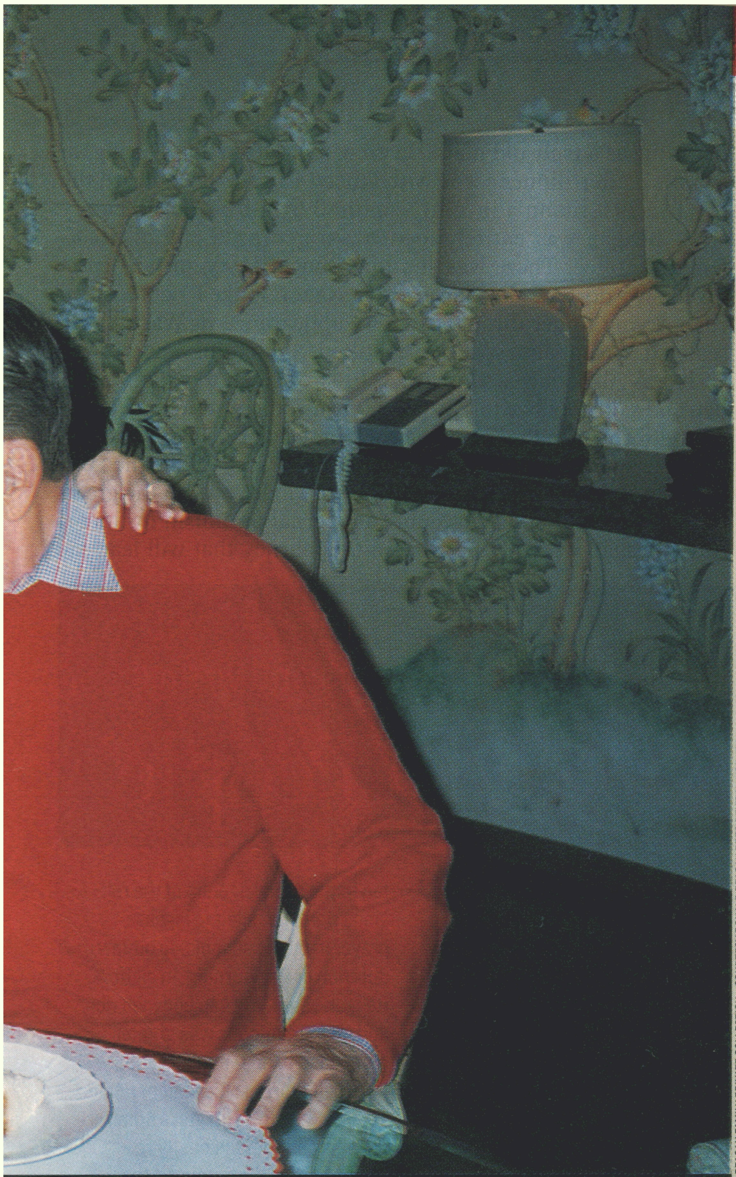
Time taught me to appreciate a distant fathe

# The GEMSTONE

**BY PATTI DAVIS**

The house I grew up in had large plate-glass windows, which birds frequently crashed into headfirst. My father helped me assemble a bird hospital, consisting of a few shoe boxes, some old rags and tiny dishes for water and food. When I lost my first patient, when the tiny gray creature died in my hands without ever eating any of the Cheerios I'd provided for it, my father patiently explained to me that the bird was free now, flying happily through the blue breezes of heaven, where there are no hazards such as windows. I was locked into his eyes, locked into the story. My father was always more accessible when he was teaching his children through stories.

Thirty-five years later, I would walk beside him along the beach, after he had already begun slipping into the shadows of Alzheimer's. A dark thief, it steals portions of a person, leaves remnants behind. He looked up at a flock of seagulls soaring overhead and his eyes followed them, shining with something I couldn't



**TOGETHER**

The Reagans, decked out in their favorite color, share a kiss on the president's 89th birthday, in February 2000

REAGAN FAMILY PRIVATE COLLECTION—COURTESY RONALD REAGAN PRESIDENTIAL LIBRARY

REMEMBRANCE

—and cherish glimpses of an elusive soul

# S of Our Years

decipher, but which I interpreted as longing.

The years between those two events were often war-torn, weighed down with sorrow—with words he found difficult to say and words I wish I'd never said.

My father was a shy man; he wasn't demonstrative with his children. His affection didn't announce itself with strong embraces of dramatic declaration. We had to interpret it. Like delicate calligraphy, it required patience and a keen eye, attributes I had to acquire. I was not born with them.

Eventually, I grew beyond the girl who wanted more from her father than he was able to give. I began to focus on the gifts he gave me. He taught me to talk to God, to read the stars, respect the cycles of nature. I am a strong swimmer and a decent horsewoman because of him. I plucked from the years the shiniest memories, strung them together. It's what you do with someone who is always a bit out of reach. You content yourself with moments; you gather them, treasure them. They are the gemstones of the years you shared.

I returned to my family, the prodigal child, in October 1994, two months before my father disclosed to the world that he had been diagnosed with Alzheimer's. It's been reported that his disease brought us back together. That's not quite true—it happened earlier, when my mother and I laid down the armaments of our long dispiriting war, allowing the rest of the family to breathe easier, drift toward one another. But the chronology doesn't really matter; the coming together does. I returned in time to say goodbye to my father, to witness his steady withdrawal from this world.

Losing a parent is an experience that has no comparison. Like childbirth, it exists beyond the realm of language: our words strive, but never completely describe it. At first, grief carries you out like a tide to an ending you always knew would come, but couldn't possibly be prepared for. With a long, relentless illness like Alzheimer's, you remember every detail of the journey, every slow mile you traveled.

Hope dies along the way—the hope that things will someday change between you and your parent; you'll be less hesitant, perhaps, with each other, more open. During the last couple of years, I would sit beside my father, silence floating between us, knowing that we would never be any more to each other than we were right then.

I don't know whether the loss is easier or harder if a parent is famous; maybe it's neither. My father belonged to the country. I resented the country at times for its demands on him, its ownership of him. America was the important child in the family, the one who got the most attention. It's strange, but now I find comfort in sharing him with an entire nation. There is some solace in knowing that others were also mystified by him; his elusiveness was endearing, but puzzling. He left all of us with the same question: who was he? People ask me to unravel him for them, as if I have secrets I haven't shared. But I have none, nothing that you don't already know. He was a man guided by internal faith. He knew our time on this earth is brief, yet he cared deeply about making his time here count. He was comfortable in his own skin. A disarmingly sunny man, he remained partially in shadow; no one ever saw all of him. It took me nearly four decades to allow my father his shadows, his reserve, to sit silently with him and not clamor for something more.

I have learned, over time, that the people who leave us a little bit hungry are the people we remember most vividly. When they are alive, we reach for them; when they die, some part of us follows after them. My father believed in cycles—the wheel of birth, and life, and death, constantly turning. My hand was tiny when he held it in his and led me to a blackened field weeks after a fire had burned part of our ranch. He showed me green shoots peeking out of the ashes. New life. I let go of his hand for too long, pushed it away, before finally grasping it again, trusting that even in his dying, I would find new life.

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DAVIS is a writer living in Los Angeles.

I PLUCKED FROM THE YEARS THE SHINIEST MEMORIES. IT'S WHAT YOU DO WITH SOMEONE WHO IS JUST OUT OF REACH.

about his loyal veep's campaign for the top job in the Republican primaries. Four years later, in 1992, as Bush was under attack from conservatives for raising taxes and appearing to tack too far to the center, a rumor began to circulate in true-believer circles. According to the memoirs of speechwriter John Podhoretz, Reagan is supposed to have mused aloud: "I guess I really effed it up in 1980"—by choosing Bush.

Not entirely convincingly, Reagan long claimed to want to go home to the ranch and to private life. In the end, though, the pleasures of retirement would be tragically brief. At the 1992 Republican National Convention he seemed tired, shushing the crowd with uncharacteristic weariness. The performance was a world away from his buoyant 1980 acceptance speech, where he had wittily controlled the cheers by quipping: "We're using up prime time." Now, a dozen years later, he struck many for the first time as a truly old man. He grew more forgetful. During an awkward after-dinner scene with Queen Elizabeth II aboard the royal yacht Britannia in 1991, captured by a BBC documentary crew, Reagan was entirely focused on getting a cup of decaffeinated coffee. There was shuffling, uncertainty, missed cues. "Well, we do try," the queen said. Nancy looked nervous, on edge, trying to get through. A 1994 appearance in Washington sealed it: a campaign speech was stilted. Something was wrong.

It was Alzheimer's. On Nov. 5, 1994, Reagan took up a black pen and said goodbye to the nation. As usual, it was a fluid, virtuoso performance, the Gipper at the pinnacle of his powers, leaving a permanent testament of his essential grace. "When the Lord calls me home, whenever that may be, I will leave with the greatest love for this country of ours and eternal optimism for its future," Reagan wrote. "I now begin the journey that will lead me

PERSPECTIVE

The dean of American historians assesses President Reagan's faults and virtues

# 'HE KNEW How to Lead a People'

**BY ARTHUR SCHLESINGER JR.**

The president of the United States, wrote Henry Adams, "resembles the commander of a ship at sea. He must have a helm to grasp, a course to steer, a port to seek." Ronald Reagan intuitively understood this. He had "the vision thing" in abundance—alas, not too much else. He had no capacity for analysis and no command of detail. But with eloquent words, a genius for simplification and contagious optimism, he set forth the broad direction in which he wanted to move the country and the world. "Maybe he didn't know how to run a government," a Hungarian visitor commented, "but he knew how to lead a people."

He was not mean-spirited like Nixon, with contempt for blacks, Jews and liberals, nor did he regard political opponents as enemies of the republic. He radiated civility and took disagreement in stride as a natural part of political life. He held together the Republican Party, that incongruous partnership of the country club and the revival meeting.

He had a distinct course to steer in domestic affairs. When younger and perhaps wiser, he had cast his first four presidential votes for Franklin D. Roosevelt, but he dedicated his own presidency to undoing FDR's work. The expanding role of government was, he claimed, the root of political and social evil. Get government off our backs, and our problems would solve themselves.

PETE SOUZA—COURTESY OF RONALD REAGAN PRESIDENTIAL LIBRARY

A CONTAGIOUS OPTIMISM

On his last day in office, the commander in chief waves farewell from the Marine One helicopter hovering over the Capitol building

His central weapon was tax reduction. This, he believed, would pay for itself by stimulating the economy. He concentrated on tax cuts for the rich, expecting that the benefits would eventually trickle down to the poor. Sen. Daniel Patrick Moynihan felt that tax reduction was deliberately designed to create deficits of such magnitude as to block social spending.

In the end, he failed to shrink big government. The number of federal employees grew by 7 percent during his two terms. Federal spending actually increased as a proportion of national output. Committed to balancing the budget, he ran the largest peacetime deficits in American history and tripled the national debt. Committed to the social agenda of the religious right, he failed to legalize prayer in public schools, to outlaw abortion or flag burning. In eight Reagan years, the gap between rich and poor Americans was greater *than it* had been for half a century.

His historic achievement came in foreign policy. Reagan's admirers contend that his costly rearmament program caused the Soviet collapse. Maybe so; but surely the thing that did in the Russians was that time had proved communism an economic, political and moral disaster—which is what the architects of the policy of peaceful containment had predicted 50 years before.

The Reagan legacy? In 1995, Newt Gingrich's "Contract With America" was supposed to complete the Reagan Revolution. It sank with hardly a trace, and Gingrich with it. Especially after 9/11, the antigovernment fever seems to be waning. Reaganism may prove to be a transient episode in the stream of American history. Yet memories will remain of Ronald Reagan himself as a gallant human being riding into the sunset of his life in a glow of national affection.

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SCHLESINGER, a former special assistant to President Kennedy, is a two-time winner of the Pulitzer Prize.

FINAL CURTAIN

Reagan exiting the Oval Office on his last day as president, heading for California and a noble journey toward sunset

into the sunset of my life. I know that for America there will always be a bright dawn ahead. Thank you my friends. May God always bless you."

He retreated to the house on St. Cloud Drive in Bel Air. For a time he went to the office, took strolls on the Santa Monica pier, hit golf balls. Later those things became impossible. At home he still responded to red, whether his daughter Maureen's bright fingernails or a cheery birthday sweater. Reagan's strength—his primal will to live—was amazing. He survived year after year after year, recovered from a broken hip, endured and endured. His body fought for life long after his mind had honorably surrendered to disease.

All his life he was a dreamer, and his imagination had sustained him through the decades in ways big and small. In a remarkable letter written from the Sherry-Netherland Hotel at the corner of 59th Street and Fifth Avenue in Manhattan on a July day in the 1950s, Reagan displayed his gift for softening the rough edges of life with visions of better things. He was lonely, in the city for an acting job, and had to eat alone. Afterward, back at the hotel, he wrote Nancy about the evening he wished he'd had—with her.

"Eight million people in this pigeon crap encrusted metropolis and suddenly I realized I was alone with my thoughts and they smelled sulphurous," he wrote her. "Time was not a healer. When dinner time finally arrived I walked down to '21' where I ate in lonely splendor. It was at this point with self-pity coming up fast on the rail that you joined me. Yes, you and I had Roast Beef ... Wanting only half a bottle of wine we were somewhat restricted in choice but we politely resisted the 'huxtering' of the wine steward ... and settled for a '47 'Pichon Longueville.' It was tasty, wasn't it?"

The meal done, Reagan's imagination kept the movie going. "We walked back in the twilight and I guess I hadn't ought to put us on paper from there on," he continued. "Let's just say I didn't know my lines this morning. Tonight I think we'll eat at the hotel and you've got to promise to let me study—at least for a little while. I suppose some people would find it unusual that you and I can so easily span three thousand miles but in truth it comes very naturally. Man can't live without a heart and you are my heart, by far the nicest thing about me and so very necessary. There would be no life without you nor would I want any."

As she has been for more than 50 years, Nancy will be by his side this week. After the ceremonies in Washington, Reagan will be laid to rest in California on a hill near a relic of the Berlin wall, the closing chapter in a long story that began in a tiny house in Illinois in the winter of 1911. His grave looks out toward the Pacific, where the sun sets on America every evening. It is still light there, on the edge of the continent, when darkness has fallen across the rest of the nation. How like Reagan: soaking up the last possible ray of sun, savoring the day to the very end.

**With ANDREW MURR, ELEANOR CLIFT, TAMARA LIPPER, KAREN BRESLAU and JENNIFER ORDOÑEZ**

# WITH SPIES LIKE THESE...

### The embattled chief resigns. Calls for reform fill the air. Will that help? What spooks really need.

**BY EVAN THOMAS**

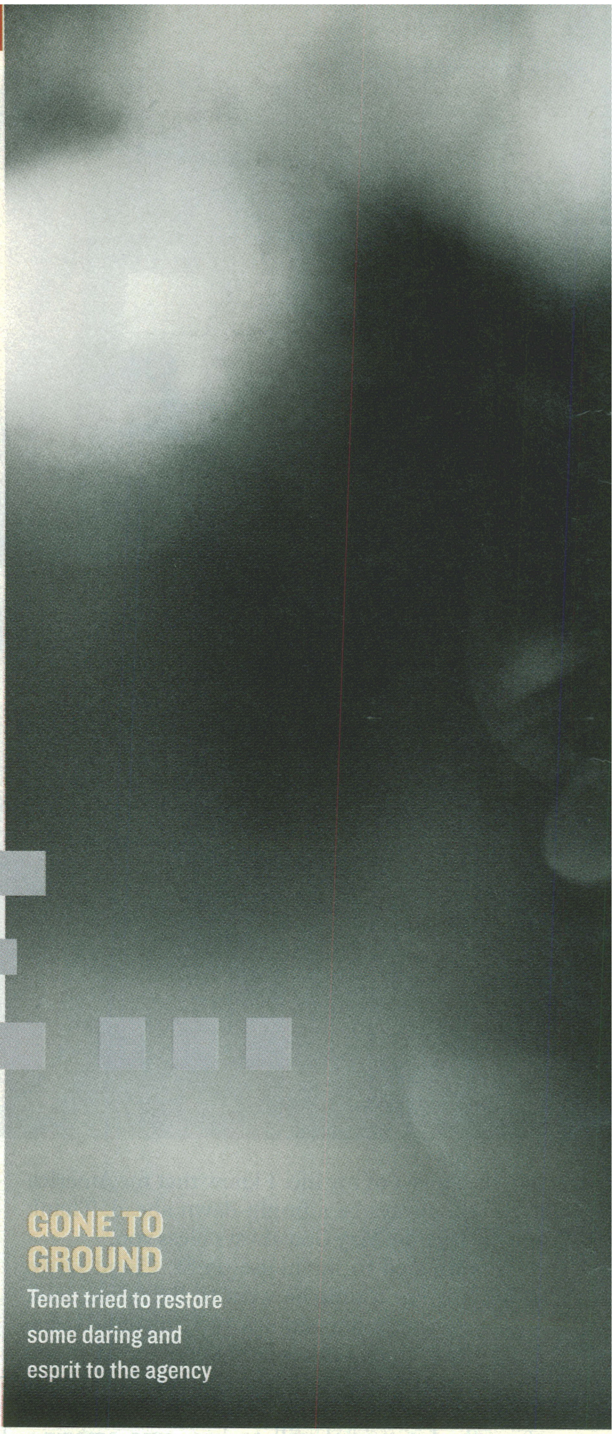
THREE BLOCKS FROM THE White House, tucked away in an odd little brick building, is a small (50-member) men's club known as the Alibi. It was once a haven for spy masters. Allen Dulles, the longest-serving CIA director (known as the "Great White Case Officer"), drank martinis there with Kennedy and Eisenhower administration officials. It was at the Alibi that Richard Bissell, the CIA's swashbuckling chief of operations, announced in January 1961, at the depths of the cold war, "I'm your basic man-eating shark."

Today, the Alibi's membership still includes a few old spooks, including the president's father, George H.W. Bush (who served as CIA director in 1976 and 1977). But some old hands complain that the club has been taken over by lawyers and lobbyists. George Tenet, the second longest-serving CIA director, who announced last week that he will step down, is not a member of the Alibi. The CIA has grown grayer, blander. Most of the modern "intelcrats" (intelligence bureaucrats) who work at the CIA's Langley, Va., headquarters couldn't find the Alibi on a map.

It is a mistake to mythologize a golden age of spying, those boozy nights at the Alibi when the agency's so-called Department of Dirty Tricks toasted its brotherhood of the dark arts. Less than three months after he proclaimed himself to be a "man-eating shark," spy master Bissell led the CIA into the Bay of Pigs, the most notorious of the CIA's covert-action fiascos. The CIA, and the nation, are still paying for the old boys' hubris. The scandals and congressional investigations that followed made the agency overly bureaucratic and cautious. By the end of the cold war, Langley's corridors were filled with place holders who shuffled from desk to desk and wrote memos telling their bosses what they wanted to hear.

In his seven years on the job, Tenet tried to restore some daring and panache to the "DO," the Directorate of Operations. Unlike those old Alibi members, Tenet is not the preppy type. A self-described "poor boy from Queens," Tenet dribbled a basketball in his office and was often heard crooning Motown tunes in the hallway. He bonded with President Bush as a bluff regular guy. But he wanted to bring back the dash and esprit, if not the elitism and recklessness, of the old CIA.

To a degree, he succeeded. CIA paramilitaries performed bravely in chasing the Taliban out of Afghanistan, and the



GONE TO GROUND

Tenet tried to restore some daring and esprit to the agency

PHOTOGRAPH BY CHARLES OMMANNEY—CONTACT FOR NEWSWEEK

agency has played at least a hand in the capture of two thirds of the Qaeda leadership. But spying in real life, if not always a mission impossible, is a far cry from James Bond. Intelligence analysis is rarely, to borrow Tenet's unfortunate description of the CIA's report on WMD in Iraq, a "slam dunk." Old spies like to say, "You only hear about our defeats, never our victories." Maybe so. That's not because the CIA's wins are kept secret (real success has a way of leaking out), but because those victories are so rare.

George Tenet's stormy tenure serves as a case study in the vicissitudes of intelligence. Tenet was seen as one of the great Washington survivors, a kind of "Crazy Legs" Hirsh of the bureaucracy, able to nimbly dance past the vicious infighting between his own organization and its rivals at State, Defense, Justice and the White House. But Tenet's buoyant charm concealed a much more serious and desperate struggle: to create an espionage service that could protect the United States from terrorists.

It is not true, as widely rumored, that he was subtly shoved out by the White House. To be sure, the White House needed a fall guy for the intelligence disasters pinned on the CIA by various investigations, including a scathing Senate Intelligence Committee report that may be released shortly. And, true, President Bush does not appear to have tried very hard to talk Tenet into staying. NEWSWEEK has learned that Bush warned Tenet that no one in Washington would ever believe him when he said he was leaving "for family reasons." But Tenet's tears, as he spoke to reporters about quitting the CIA so he could become a better father to his teenage son, were palpably real. Tenet was clearly burned out and sick of trooping up to Capitol Hill to be scolded by senators.

Tenet's departure and the avalanche of critical reports about the CIA's performance before 9/11 and in Iraq are likely to heighten the cry for reform. Some lawmakers will call for a strong intelligence czar to ride herd on the splintered and often feuding intelligence community. Others will seek the creation of a new domestic spying outfit patterned after Britain's M.I.5.

The White House may even try to get ahead of the wave by trotting out an intelligence-reform package of its own. Some of these steps seem to make sense. But they could just provide the illusion of progress and even backfire. Former CIA inspector general Frederick Hitz says: "Moving the boxes around on the flowchart just means more turf battles. What we need is better people and more patience."

Spying is shrouded in myth and exaggeration, fed by fiction and bad movies. At a minimum, Americans need to lower their expectations about intelligence. Covert action has always been a last resort for presidents when military and diplomatic options fail. More often than not, CIA-backed coups or plots have fizzled or leaked out and caused embarrassing flaps. The CIA failed to recruit any significant Soviet spies during the cold war; the agency's few good moles were all volunteers, or "walk-ins."

The CIA's analysts haven't done much better. The 9/11 surprise and the wrong guess on WMD in Iraq were just the latest in a long line of intelligence failures. In its early days, the CIA also failed to predict that the Russians would get the bomb, that North Korea would invade South Korea and that the Soviet Union would collapse.

The truth is that spying, especially for a democracy that values openness and decency, is very difficult. Few Americans realize that the CIA gets much of its intelligence in the Middle East by buying it from Arab internal-security services, which are not burdened by American scruples. It is not always possible to know what to believe of intelligence gleaned from a Mukhabarat torture chamber.

Recently, Tenet drew some grumbles by testifying that the CIA's Directorate of Operations would need another five years to really be up to snuff in the war on terror. Actually, say espionage experts, 10 years may be a conservative estimate. CIA spy runners have traditionally operated under the shallow cover of posing as diplomats. To get inside terror networks—or even meld into alien societies—requires deep cover. "We need to get out of the embassies and into the back alleys," says Jeffrey Smith, former CIA general counsel. Just as Al Qaeda tries to embed "sleeper" agents and cells in America, the CIA needs to infiltrate the madrassas and mosques of extreme Islam.

That is a long, difficult, expensive process. The model case officer, the old hands like to say, was Robert Ames. A star basketball player from LaSalle, Ames mastered Arabic and Arab customs and blended so deeply into the Arab underworld that one of his agents was a high PLO official. Ames died in the 1983 Beirut embassy bombing.

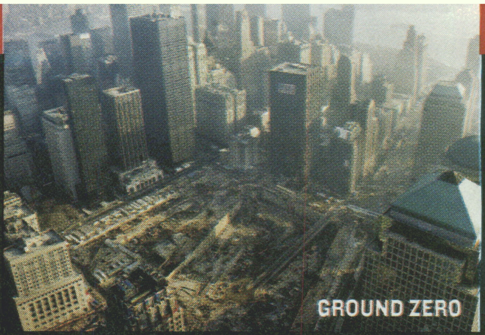
When Tenet took over the CIA in 1997, there wasn't a Bob Ames in sight. Morale was rock bottom; at "the Farm," the CIA's training base in rural Virginia, there were a grand total of 12 trainees. Today, after vast infusions of cash and urgency, "the Farm is graduating the biggest classes since Vietnam," says a senior CIA official. But it will take decades for them to ripen into wise spy runners.

There is a risk that the zeal for accountability and reform will go too far. In 1975 a special select committee under Sen. Frank Church of Idaho exposed some outrageous plots cooked up by the old boys over martinis at the Alibi. The revelations launched a thousand novel plots and resulted in massive intelligence "reform." Some was necessary, like better congressional oversight and an executive order banning political assassinations. But scores of CIA case officers were summarily fired. Some were cowboys; some were real pros (and some were both). Morale plummeted. The agency became less effective. With Al Qaeda scheming to stage a "spectacular" against America, now would not be the best time to repeat that experience.

With **MARK HOSENBALL, MICHAEL ISIKOFF** and **DANIEL KLAIDMAN** in Washington and **TAMARA LIPPER** with President Bush

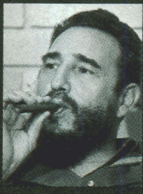
## Black Marks in The Dark Arts

In the 60 years since its founding, the CIA has had its share of blunders. A look at the rocky history of the nation's top intelligence agency:



GROUND ZERO

**1961 BAY OF PIGS:** The CIA faces public embarrassment after it backs the ill-fated Bay of Pigs invasion in which 1,500 U.S.-trained exiles were sent to topple dictator Fidel Castro.



CASTRO

**1963 OPERATION MONGOOSE:** The CIA repeatedly plots to assassinate Castro, contemplating methods such as an exploding cigar and a detonating seashell.

CHURCH COMMITTEE

**1975 SENATE PROBE:** A committee under Sen. Frank Church investigates U.S. intelligence. Reports compare the CIA to a "rogue elephant" crushing foreign citizens. President Ford issues Executive Order 12333 prohibiting assassination.

**1987 IRAN-CONTRA:** The CIA is implicated in the illegal sale of arms to Iran in order to fund rebel fighters in Nicaragua.

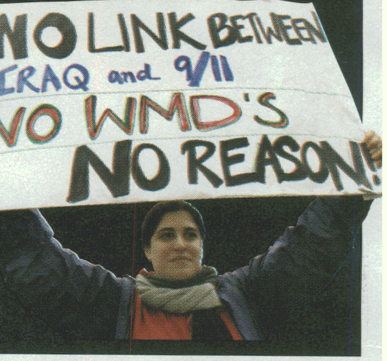
**1994 TRAITOR:** CIA officer Aldrich Ames is caught after having sold secrets to Soviet officials for a decade, jeopardizing national security and resulting in the execution of 10 Soviet informants.

**1998 BOMBING:** Two U.S. embassies are attacked in Africa. President Clinton retaliates with Tomahawk strikes on a pharmaceutical plant in Sudan. The intel behind the attack is questioned.

KENYA

**2001 9/11:** A panel appointed by the president criticizes the agency for failing to acknowledge the threat of Al Qaeda. CIA Director George Tenet says it will take five years to correct the flaws that the attack brought to light.

**2004 WMD:** Pres. Bush states Saddam Hussein sought uranium from Africa. Colin Powell tells the U.N. Iraq has weapons stockpiles. The intel proves faulty; CIA Director Tenet apologizes.



PROTESTING THE WAR

LT Join Michael Isikoff for a Live Talk on the CIA, June 10 at noon, ET, at Newsweek.com on MSNBC

FROM TOP: MARK LENNIHAN—AP, AP, DAVE CAULKIN—AP, AP, BILL PUGLIANO—GETTY IMAGES

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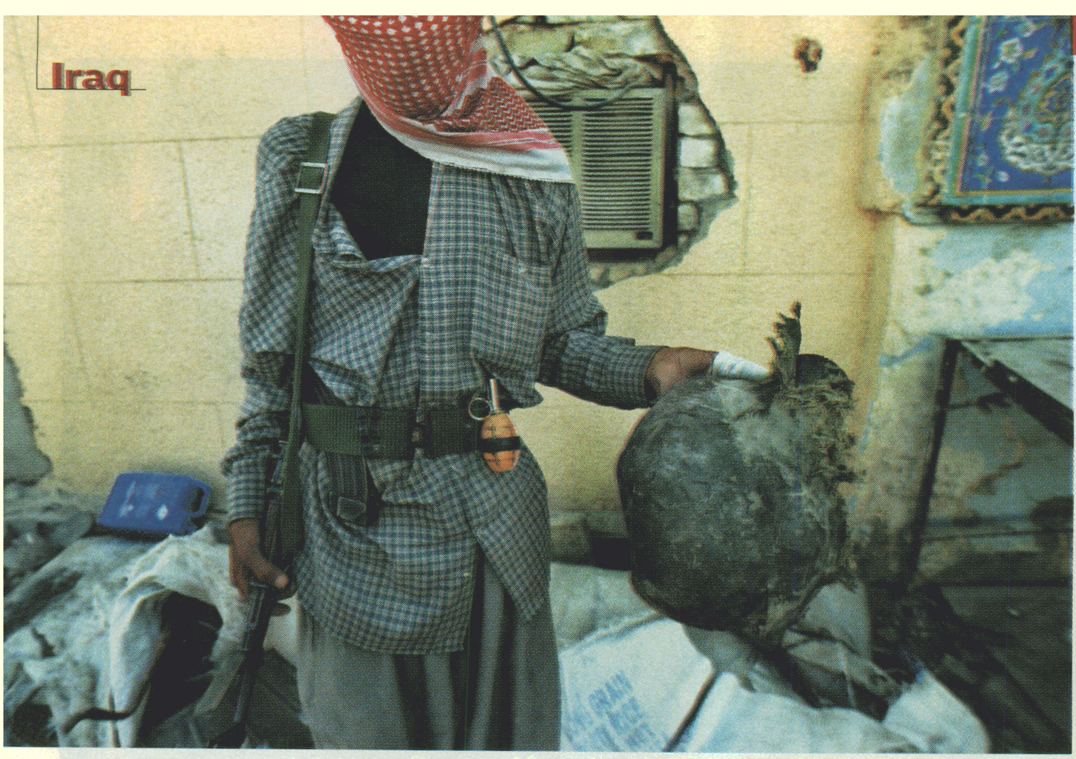

# Making Friends of Foes

## Iraq's new leaders may need to co-opt the insurgents

**BY BABAK DEHGHANPISHEH AND ROD NORDLAND**

IT'S HOT IN THE MIDDAY SUN, BUT atop the Hekma Mosque, Fallah Elami is wearing a black ski mask bunched up on his head. He's also carrying a grudge as big as his heavy machine gun. His best friend died in a fire fight with American troops here in Baghdad's sprawling Sadr City slum two days ago. Elami, 20, keeps a photo of his martyred buddy in his wallet. His thoughts are all of revenge.

Like an answered prayer, mortars suddenly explode at a nearby police station. Thick, black smoke spirals into the sky, and gunfire crackles. From another direction comes a second massive blast, and Elami crouches at the edge of the roof. Below, worshipers are chanting the name of their leader, the firebrand cleric Moqtada al-Sadr. In recent weeks, al-Sadr's Mahdi Army has made much of the slum a no-go area for American troops. The latest blast turns out to be a massive roadside bomb, part of an ambush that kills five U.S. soldiers. "I've shot many Americans with this," says Elami, patting the stock of his gun, wrapped in black electrical tape. "I'm a good shot. I'll keep fighting until the occupation forces and their agents leave the country."

**TIME TO TALK?** Iraq's new leaders with Brahimi; an insurgent with U.S. helmet (top)

If people like Elami have their way, Iraq's new leaders will have the same old problems. The United States has vowed to give the new Iraqi interim government, announced with great fanfare last week, full sovereignty by the end of this month. But U.S. troops will stay, and as of last week, Washington didn't want to give the Iraqis veto power over military operations. Debate continued over a U.N. Security Council resolution that would spell out the meaning of sovereignty, and the extent of Iraqi control over the U.S. military. People like Elami will almost certainly regard their new Iraqi leaders as quislings.

Unless there's some way to co-opt the resistance. That's what U.N. envoy Lakhdar Brahimi would like to see. He describes the interim government as "the best we can get right now ... All Iraqis will recognize themselves in at least a few of the names." The new rulers are supposed to act as caretakers, to prepare Iraq for free elections by January. But if security remains as bad as it is now, Brahimi says, elections may not even be possible. His proposal: to widen the government with a national assembly that might include the resistance. "Why is there this insurgency?" Brahimi asks. "I think it's a little bit too easy to call everybody a terrorist. There may be people out there who are opposed, perhaps even violently, to what is happening, and who are perhaps not terrorists ... You must find a way of talking to them."

Some talking has already begun. Iraqi politicians last month negotiated a U.S. withdrawal from Fallujah, effectively leaving the city's streets to the control of insurgents. The hope is that the militiamen might later cooperate with the central government. Abu Mizhir, 33, who patrols at night with an AK-47 at his side and a kaffiyeh over his face, believes they might. He thinks "it's OK to let the resistance take part in the national assembly if it has legitimacy."

To the extent that the resistance is a popular movement, it will have to take into account the popular mood. And many Iraqis seem ready to give the new government a chance, despite skepticism about its independence from the American occupiers. The most significant signal of support came from Iraq's leading Shiite cleric, Grand Ayatollah Ali Sistani—even if it was a bit tepid. The new administration "does not represent in an acceptable manner all segments of Iraqi society and political forces," he said. "Nevertheless, it is hoped this new government will prove its integrity and efficiency."

Moqtada al-Sadr's followers will be much harder to convince. The interim government comprises "agents of the Americans," said Elami, the rooftop gunman. "They can't be trusted." But even in al-Sadr's stronghold, the holy city of Najaf, Shiite leaders negotiated a ceasefire between the Mahdi Army and the Americans on Friday. Iraq's resistance includes many diverse groups. Some have no interest in elections or democracy, but popular anger at the American occupation has helped swell their ranks. "When Iraqi people see they are really going to get their sovereignty back, that anger will calm down," said Hajem al-Hassani, the new minister of Industry and Minerals. No one doubts that making Iraq's new government succeed will be a risky business. But it might be a bit less so if some of the gunmen change sides. ■

TOP TO BOTTOM: PHOTOGRAPH BY KARIM BEN KHELIFA FOR NEWSWEEK, DAVID GUTTENFELDER—AP

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# An Italian Classic

## Marcella Hazan celebrates her 80th year with a new cookbook and a splendid feast

**BY DOROTHY KALINS**

IN 1973, WHEN MARCELLA HAZAN published "The Classic Italian Cookbook," balsamic vinegar was still fermenting in blissful obscurity under the roofs of Modena; instead of Parmigiano-Reggiano there was that smelly, processed Parmesan in bright green shakers; the best-known Italian cook in America was probably Chef Boyardee. If any one person changed all that, it was Marcella. She's been called the Julia Child of Italian food, but that's not quite right. Julia opened the world of French cuisine to Americans; Marcella taught us to make dinner.

Author of five seminal cookbooks—a sixth, and self-proclaimed last, "Marcella Says ...," will be published this fall—Marcella turned 80 this spring, and her fans and her family have leapt at the occasion to honor her with parties at home and abroad, culminating with a grand fete in Verona last week. For 30 years, Marcella has taught avid amateurs, mostly Americans, first in Bologna, then in Venice, always with long intervals in New York. Five years ago she moved far from Venice's vibrant Rialto market, to Longboat Key, on Florida's West Coast, and in a challenge we all face, now shops mostly at the local Publix.

Every time we roast a chicken with two lemons tucked inside, or sauté a chicken cacciatore, or braise pork chops with sage and tomatoes, make a minestrone or stir up a risotto (only with short-grain Italian rice), hell, every time we throw a handful of pasta into (lots of rapidly) boiling water (adding salt only when it comes to a boil and never olive oil), just knowing Marcella was there first gives us the confidence to make her food our own.

Now she's sitting at a table at the French Culinary Institute in New York, the only place she still teaches (twice a year), her 12 students worrying the skins off green peppers with those swivel, slingshot peelers. "Peppers, unless you roast them, must be peeled, or else they're too bitter." "You!" she scolds in that signature voice, roughened as much

**PERFECTIONIST:** Hazan teaching at the French Culinary Institute in N.Y.C.

### What 'Marcella Says ...'

Tasty nuggets from her new book

**The ubiquitous and boring rare grilled tuna steak is one of the most inert things one can eat.**

**Do not serve pasta with a pool of sauce resting on top, no matter how pretty it may look.**

PHOTOGRAPHS BY ROGER SHERMAN FOR NEWSWEEK

**FESTIVITIES:** Marcella celebrated her birthday at the Villa Giona in Valpolicella, Italy (above); with her husband and translator, Victor (right); among friends (below); with plenty of perfect food (left)

by Marlboros as the years (Simone Signoret would play her), "You press too much, I can see from here." One former student recalls her watching him pound a scaloppine of veal: "What are you making, a leather belt?" she taunted, mischievously rolling her eyes. "Marcella," says her friend, Town & Country editor Pamela Fiori, "minces garlic. She does not mince words."

Marcella is famously cranky. Her friends dread taking her out to dinner, not because she's a prima donna, but because as a home cook she's uneasy, distrustful in restaurants, deeply disappointed when bad things happen to good ingredients. "Most restaurants, I see ideas on a plate. No respect for the food. No flavor. Not cooking. It's beautiful, bring me a camera. I'll take a picture. And after, bring me food."

What she says and how she says it, however, are two different things. She still writes—recipe testing notes and all—in Italian. And if you've ever heard Marcella's lusty mix of Italian and American, so original you almost can't tell which language she's speaking, you might wonder how her written prose is so uninflected. Elegant. The answer in a word is Victor, her Italian-born, Harvard-educated husband of 49 years. As her teaching partner, he holds forth on wine (mostly Italian and mostly red). As her writing partner," he keeps me in," Marcella says. "He does not take me out." Maybe. But listen to this from the new book: "I cook for flavor. Flavor must be more revelatory than exploratory. It wants to be disclosed rather than imposed; it is neither stylish, nor pedantic, nor is it exhibitionistic. Like truth, it needs no embellishment. It is not the idea of a thing but the thing itself."

Here's how Marcella explains it: "I teach cooking, I don't teach recipes. I hate to measure. If you chop a little more onion, you brown it less. If you chop less, you brown it more, because it's the browning that brings out the flavor." In many ways, "Marcella Says ..." is the most lyrical, passionate and heartfelt of all her books—culinary textbook and rich philosophy interwoven—a distillation of all those years. "It's our last chance to say these things," Victor said recently, "things that we've always talked about, like *insaporire*, making tasty, instilling the flavor that's in back of all Italian food."

Both Hazans are culinary conservatives: "What we are seeing," Victor predicts, "is the collapse of an integrated life, the life built around a nucleus of values. You don't become a family by going out to a restaurant. You become a family by staying at the same table six days a week. You become a cook by cooking for people who don't expect you to put on a drama every time you bring something to the table."

"For me, it's normal," Marcella adds. "It surprised me when I came to America and people asked me if I cook at home. Of course I cook. I eat."

"SOGNO" ("I'M DREAMING"), SAYS MARcella with a sigh as she looks out the train window at the Venice station, where red poppies on the tracks grow as randomly as her memories. We're headed to the gala birthday celebration in Verona. Leaving Venice by train recalls stories of her student years, when she commuted daily to university in Padova, then Ferrara, for advanced degrees in paleontology, then biology. Verona is near the Lago di Garda where her family took refuge for five years during the war, far from their constantly bombed hometown in Emilia-Romagna. Soon, more than a hundred loving friends—former students, restaurateurs, two granddaughters—will float across the lawn of the Villa Giona, the refined 16th-century estate in the heart of Valpolicella wine country, where the Hazans' son, Giuliano, teaches cooking. He has planned a splendid, almost endless feast. An accordionist plays into the darkening night. Later there will be fireworks, her name ablaze: MARCELLA. ■

**It is not insulting to bread to call it stale because freshness is merely the first of its many lives.**

**"How long do you cook it, Marcella?"**

**"Until it is done."**

**I wonder if mine is the only kitchen left in America without a microwave.**

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**AUTHENTICITY:** Stringer's books tell stories of the street

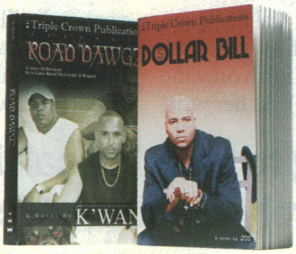
# It's Gangsta Lit

## Hip-hop novels are hot, and now mainstream publishers want in

**BY PEG TYRE**

DRUG DEALER TURNED PUBlisher Vickie Stringer addressed a booksellers' conference in Chicago last week, trying to explain the runaway success of her line of what she calls hip-hop novels. Her authors don't appear on the "Today" show. Their gritty tales of easy money, faithless love and betrayal are seldom reviewed. Their protagonists—gangbangers and hustlers—rarely end up in books. Her secret? "The stories," says Stringer, who edits and distributes the books herself, "are sympathetic to people who grew up rough."

Like the music that inspired them, hip-hop novels are finding passionate fans on the mean streets and among those who just visit them in their daydreams. In 16 months, Stringer's Triple Crown Publications has put out 14 titles and sold 300,000 trade paperbacks. Now New York editors who once rejected Stringer are snatching up her authors and rushing out hip-hop novels of their own. "Hip-hop fiction is doing for 15- to 25-year-old African-Americans what 'Harry Potter' did for kids," says Matt Campbell, a buyer for Waldenbooks. "Getting a new audience excited about books."



**Triple Crown sold 300,000 books in just 16 months**

Stringer's journey from cocaine dealer to publishing mini-mogul may have been fast, but it wasn't easy. Five years ago Stringer, then 30, emerged from a five-year stint in federal prison with the manuscript of her first novel, the story of her own rise and fall in the drug trade, called "Let That Be the Reason." "I read a lot, especially in prison," says Stringer, who once pledged a sorority at Western Michigan University before dropping out to join the outlaw life. "Donald Goines and Sister Souljah were all big inspirations to me." Mainstream publishers, though, wouldn't touch her book. So Stringer printed 1,500 copies and took to the road. Repurposing her well-honed sales patter, she hawked her novel in beauty parlors and barbershops and to street book vendors.

The book became an underground hit, and bookstores began to stock it. Soon other would-be authors were sending Stringer manuscripts, and Triple Crown was born. Not everyone's happy to see the new genre take hold. Some booksellers complain that Triple Crown titles like "Gangsta" glorify drugs and violence. Others grouse about misspellings and incomprehensible slang. "We aren't dealing with polished authors," says Stringer. "Honestly, we clean up the manuscripts as best we can."

Mainstream publishers now say hip-hop fiction is just the kind of hot new genre they've been looking for. St. Martin's Press has snapped up three Triple Crown authors, and Atria Books has signed Stringer to a two-book deal. "You can teach someone how to structure a paragraph or deepen a character," but you can't teach authenticity, says Atria editor Malaika Adero. Stringer says moving to the big time won't stop her from writing books about life on the street. No one can pressure her, she says, "because I'm a proven sellable commodity." She has her fans to thank for that.

With KAREN SPRINGEN

FROM TOP: PHOTOGRAPH BY LAUREN FLEISHMAN FOR NEWSWEEK, PHOTOGRAPH BY DAMIEN DONCK FOR NEWSWEEK

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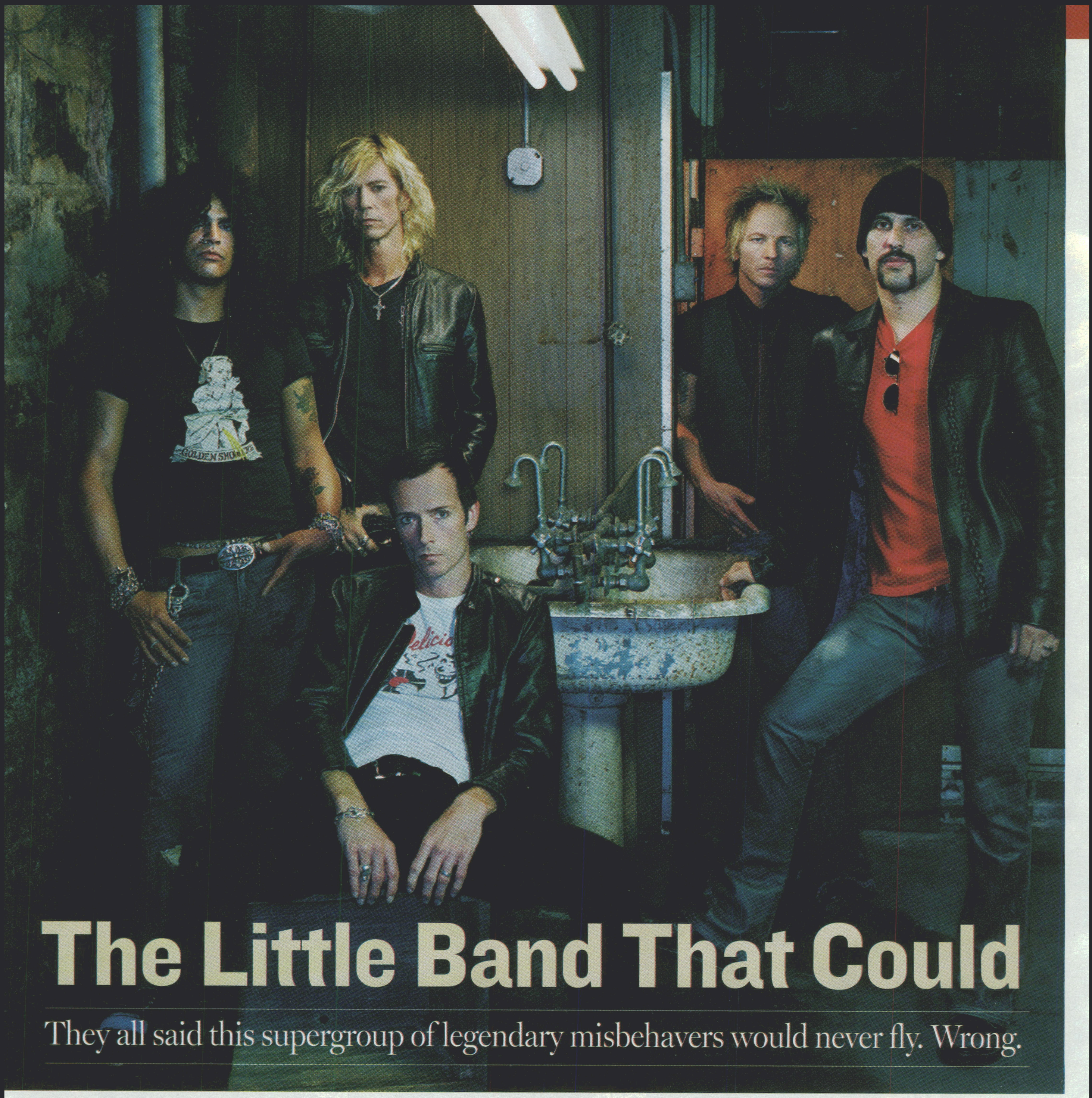

STONES N' ROSES? GUNS N' PILOTS? Slash, McKagan, Weiland, Sorum, Kushner

# The Little Band That Could

## They all said this supergroup of legendary misbehavers would never fly. Wrong.

**BY LORRAINE ALI**

TRAIN WRECK? CAR CRASH? Trailer Park in a Tornado? Any of these would have been a more appropriate name than Velvet Revolver. This supergroup, comprising some of rock's most notorious bad boys—Slash, Duff McKagan and Matt Sorum of Guns N' Roses, singer Scott Weiland of Stone Temple Pilots—spent the past year working hard on an album that everyone just *knew* would never happen. After all, Weiland had been busted on drug charges three times in the past decade, traded punches with STP band mates onstage during their final tour and was in and out of rehab during the recording of Velvet Revolver's debut, "Contraband." Slash, McKagan and Sorum had also been in and out of rehab, and they hadn't played together since their band imploded and Slash left in 1996. But against all odds, "Contraband" is out this week, and the first single, "Slither," is already in the top five on the rock charts, and the album is even being embraced—rather than eviscerated, as expected—by critics. The band is now finishing a club tour whose every date sold out in minutes—and that was before anybody had even heard the album. "I call it the Evel Knievel factor," says Weiland, 35, backstage before their New York show. "He filled stadiums, but not because people wanted to see him make the jump. They wanted to see if he'd crash and burn."

So far nobody's running for the fire extinguisher. But this unlikely combination of two rock superpowers—Guns N' Roses ruled the late '80s, and alternative rockers STP dominated the mid-'90s—is truly explosive. Guitar hero Slash lays down a base of blues-inspired arena rock, while Weiland's androgynous weirdness adds a touch of obligatory artiness. The result is

PHOTOGRAPH BY F. SCOTT SHAFER FOR NEWSWEEK

> **“I’m tired of journalists acting like sycophants. Call me a f---up, but say it to my face before you make it a headline.”**
>
> **—SCOTT WEILAND, SINGER**

a hard-driving album that sounds nothing like either of the original bands—or anything else on the radio these days. “I’ve been holding on for dear life to my original concept for a good rock-and-roll band,” says Slash, 40, who decided to pull the group together after playing a successful 2002 benefit for an ailing friend with his former GNR band mates. (They roped in Weiland after STP officially hit the skids a year and a half ago.) “I’ve never conformed to any other industry standard. God, can you imagine if I cut all my hair off and started a boy band? It would be very embarrassing.”

It’s still difficult to see Velvet Revolver (which also includes guitarist Dave Kushner, from Dave Navarro’s band) as a cohesive group. Behind the scenes, Slash and Weiland don’t have much interaction. They do interviews separately, and during sound checks they hardly look at each other. You get a sense that everyone is still testing the waters before they submerge themselves entirely. Still, Weiland claims there are no ego wars to speak of, and Slash says he finds the STP singer a joy to work with after dealing with one of rock’s most mercurial frontmen, Axl Rose. “Scott always wants to work,” says Slash, “and that’s a change. With Axl, it was impossible to get him to do anything. Scott’s whole problem is tangible—it’s just a drug problem. It’s not something completely insane that we can’t understand.”

Weiland is sober, but he still appears painfully skinny and smokes too much. He’s visibly uncomfortable doing interviews again, and looks genuinely happy only when talking about his two small kids and his wife of four years. He’s spoken to only a few journalists since Velvet Revolver launched and says this will be his last interview for a while. “I’m tired of being asked the same questions regarding drugs, arrests, what it’s like to be in the back of a cop car,” he says. “I’m also tired of journalists acting like sycophants, then, when they get away to a safe distance, printing what they think I should have said. Call me a f---up, fine, but say it to my face before you make it a headline. If I meet them again I’ll shake their hand and smack them in the face.” Slash, on the other hand, seems to relish the attention. He looks exactly as he did back in the day, and he’s recognized by cops and kids alike when he enters the building for a sound check. He looks forward to hitting the stage, if only because “every time we do, it’s a big ‘f--- you’ to everyone who said we’d never, ever make it there.”

Velvet Revolver probably won’t sell 7 million debut albums like STP, or become as legendary as GNR. Those are impossible standards to meet. But Weiland just wants to enjoy the ride—wherever it takes him. “With STP, it happened so fast I was caught up like a whirling dervish,” he says. “By the time I landed on the ground, three years had gone by. Then 10 years. With Revolver, we’ve all shared the same narcotic misadventures, and now we have an opportunity to do things different. If this band has any success, we’ll be able to enjoy it this time around.” Rock-deprived music fans are enjoying the ride already. ■

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# Fox Around The Clock

## A network makes a play to own summer. Bottoms up!

BY MARC PEYSER

**The Simple Life 2**
Yes, they're skinny and spoiled. But Paris and Nicole may be the funniest people on TV.

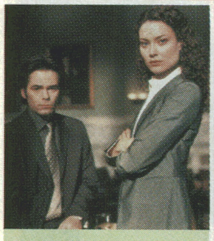
SAM JONES—FOX

WHEN YOU'RE MOANING about gas prices this summer vacation, consider Nicole Richie's payment plan. Through the magic of reality TV, Nicole and her friend Paris Hilton find themselves with no money, no credit cards and their pink trailer home running on empty somewhere in Florida. "What can we sell?" asks Paris. "A $100,000 watch?" Quicker than you can say "money shot," the ladies pull into a gas station. Nicole and her skimpy sundress go to work. "We just want to know if we can borrow, like, $5," she coos to a sunburned guy in a T shirt. He reaches for his wallet a bit too quickly. "You know what? Keep the five. I'll do you a favor. I'll take the 10." Of course she gets it—and more, from every grease jockey in sight. "You're good at this, Nicole," Hilton says. "This could be your new job."

She's pretty great at her old job, too. Paris and Nicole are back with "The Simple Life 2," and naturally they're drawing a crowd. "Simple Life 2" is the centerpiece of the most ambitious summer schedule ever attempted by a network. After years of paying lip service to the need for original programming 12 months a year, Fox is actually trying it. It will launch six shows this month: two sitcoms, two dramas and two reality shows. Summer has always been dicey for the networks; viewership is usually 20 percent less than in the cocoon-inducing winter. But with cable launching some of its biggest shows each June—"Six Feet Under," "Nip/Tuck"—the networks can't just throw out a bunch of reruns and reality shows and expect to compete anymore. Last year, for the first time, the top 60 basic-cable stations drew a larger share of the prime-time audience than the six networks.

Fox is obviously serious about making a change. It has created a summer season that smells very much like a fall schedule, which is to say it's full of the good, the bad and the derivative (see box). On the good side, "Simple Life 2" is just as hilarious as the original. This season our two spoiled celebutantes hit the trailer-park circuit, traveling cross-country by their wits, such as they are. With reality shows this funny, it's no wonder scripted sitcoms are dying. Also promising is "Method & Red," a kind of hip-hop "Beverly Hillbillies" featuring rap stars Method Man and Redman, who move into a gated community with their bling-bling and their hoochies in tow. Fox isn't taking any chances. The network is also scheduling weekly repeats of each show, in hopes of slowly building an audience for these programs, or shoving them down your throat, depending on how you look at it. It's a scheme that helped make "The O.C." a hit last summer. Sure, cable pioneered instant repeats years ago, but if it means two helpings of Paris and Nicole every week, what's not to like? ■

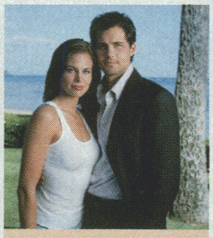
## Which of These Shows Will Live to See Fall?



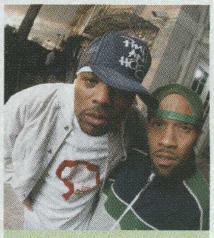
**The Jury**
Crime stories solved in the deliberation room. Do we need another court drama? Not one as talky as this.

**Quintuplets**
What's harder than raising five teenagers? Watching this juvenile show. Andy Richter, you can do better.

**The Casino**
The latest from reality guru Mark Burnett, but without contestants. At least no one says "You're fired!"



**North Shore**
Set among the beautiful people at a beautiful Hawaiian resort. So why does it feel so unsexy?



**Method & Red**
Almost all sitcoms these days are fish-out-of water tales. At least this one looks as if it could be funny.

LEFT TO RIGHT: FOX (2), JOE VILES—FOX (2), MITCHELL HAASETH—FOX

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BUCKLE UP

# Goodbye, Mr. Bond

## Here's a gal spy—from Bridget Jones's creator

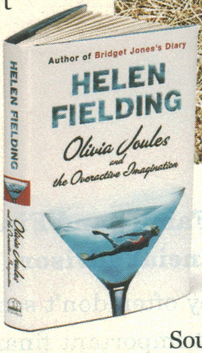
**ANOTHER ROLL IN THE HAY:** Fielding plays a thriller for laughs

**BY CATHLEEN MCGUIGAN**

IN HELEN FIELDING'S NEW COMIC thriller, "Olivia Joules and the Overactive Imagination," the title character escapes more tight spots than Spider-Man, including a terrorist explosion. But the biggest danger Olivia faces is the inevitable comparison with the winsome heroine of Fielding's best-selling "Bridget Jones's Diary." In that novel, we got so thoroughly inside Bridget's head—not to mention her dresser drawers, laundry basket and fridge—that we couldn't help but be charmed by her foibles. In her hilariously determined and ill-fated quest for self-improvement—her running count of pounds gained, cigarettes smoked, glasses of wine swilled, as well as the serious books she meant to read and the sexy cad she swore she'd ignore—we saw ourselves.

But Olivia Joules is someone else—someone Bridget might envy from afar. She's an ambitious freelance journalist whose wild imagination sees intrigue everywhere, and she's confident about her smarts and her looks. Writing a story on "Cool Miami" for the Style section of the Sunday Times of London, Olivia sees a chance to become the foreign correspondent of her own dreams. She decides that the cosmetics tycoon with the French name, whom she's met at a South Beach party to launch a new face cream, could be Osama bin Laden with a makeover. ("Where better for al-Qaeda to hide," she reasons, "than in the center of a hip urban scene?") As she pursues this nutty hunch from L.A. to Central America to the Sudan—and fights the urge to snog him, if not shag him—she winds up recruited by British intelligence. Yes, there's a taste issue here—how amusing is a plot line about terrorists blowing up a cruise ship in the wake of real bombings?—but the story of special agent Olivia Joules, complete with a lethal bra concealing a syringe in the underwire, is clearly in the deliberately outlandish tradition of the James Bond books.

And it's a hell of a lot funnier. Fielding, who veers between social satire and thriller conventions, keeps a brisk pace, with only a few boring bits, most of which (as in Ian Fleming's "Thunderball") take place underwater and involve scuba gear. She's given her heroine some endearing Bridget-like traits: Olivia has only a casual relationship with the concept of time (a problem for a reporter on deadline), and carefully guards her list of Rules for Living (example: "No one is thinking about you. They're thinking about themselves, just like you.") Fielding sketches some vivid minor characters, especially the wise, acerbic Professor Widgett, the "M" of this espionage tale. And her takes on contemporary culture are dependably delicious, such as the pitch-perfect party dialogue of starlets on the fringe of the movie business. So give Fielding credit for road-testing a new genre without losing her satiric edge. If this were the summer that Bridget Jones had vowed to tackle Proust, we bet she'd end up tucking "Olivia Joules" into her beach bag instead. ■


Author of Bridget Jones's Diary
HELEN FIELDING
Olivia Joules and the Overactive Imagination

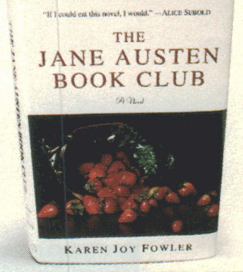
## For the 'Inner Austen' in Each of Us

Jane Austen fans can be fervent—seeing in her novels everything anyone would need to know about love, family relationships, the nature of happiness and the importance of a fat bank account in selecting a mate. Count among them novelist Karen Joy Fowler, whose witty new best seller, "The Jane Austen Book Club," is the hot choice for book clubs around the country. Fowler, 54, fell for the author four decades ago and has reread the novels many times, always finding new meaning. "I'm astonished that whatever is my current obsession in my private life, suddenly Jane Austen seems to be about that," she says.

A couple of years ago, Austen gave Fowler the greatest gift a novelist can ask for: inspiration. She spotted a sign for a Jane Austen book club in a bookstore and briefly thought it was an ad for a new novel with that title, one that would be "exactly for me." When she realized her mistake, she decided to write the book she wanted so much to read. The plot revolves around six residents of California's Central Valley (where Fowler lives), who decide to read an Austen novel every month from spring to autumn. Fowler begins by observing that "each of us has an inner Austen" and proves her point by fleshing out the pasts and futures of her characters while making clever allusions to Austen. A familiarity with "Emma," "Pride and Prejudice" or "Sense and Sensibility" helps, but it's not essential because Fowler provides plot summaries.

On her book tour, Fowler says she constantly meets people whose book clubs are reading the novel. Not her own club, however. They're waiting until next year, "when it's out in paperback," she says. "It has been a pleasant surprise to hear that other book clubs have deeper pockets." Readers are also suggesting sequels about other writers, like Emily Dickinson. Just one problem: "Nobody would actually leave their house."

—BARBARA KANTROWITZ


"If I could eat this novel, I would." —Alice Sebold
THE JANE AUSTEN BOOK CLUB
A Novel
KAREN JOY FOWLER

TOP TO BOTTOM: PIERS FLETCHER—REX FEATURES, PHOTOGRAPHS BY DAMIEN DONCK FOR NEWSWEEK (2)

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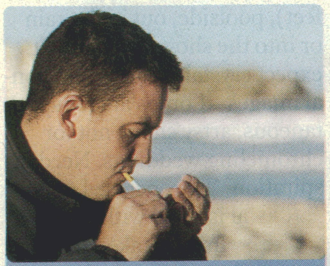
# The Tip Sheet

Smart Strategies for Your Money, Health, Family, Technology, Design, Real Estate, Travel



TRAVEL

## BEACH BANS

Beaches from Los Angeles to Sydney are catching a new anti-smoking wave. If you prefer the smell of the sea to tobacco, visit one of these sandy retreats. —DEBRA KLEIN

**Santa Monica Beach** (Los Angeles; ban instituted May 27, 2004) Bike or blade the famed trail, from the seaside hotels where Hollywood heavies cut deals, to Muscle Beach, where they're just cut.

**Bondi Beach** (Sydney; voted to consider, May 18, 2004) Lace up your trainers (that's sneakers) for a great coastal walk along the rocks above the wild Tasman Sea.

**Manly Beach** (Sydney; banned May 17, 2004) Surf the breaks or swim in a seawater pool at high tide. The soft sand is perfect for lounging, or eyeing Aussie lifesavers in those cute chin-strap caps.

**Hanauma Bay** (Oahu, Hawaii; banned since 1993) The best bay for first-time or timid snorkelers, it has crystal-clear, shallow water and no surf. Perfect if you're a chicken of the sea.

**Bournemouth** (Dorset, England; banned, 1997) Hobbit-worthy gardens and grand Victorian mansions dot the cliffs atop seven miles of sand cleaned twice daily.

MONEY

# MAGICAL NEW MORTGAGES

BY DANIEL MCGINN

THE FEDERAL RESERVE is expected to raise interest rates this month—but for home buyers, that seems like old news. Rates on 30-year fixed mortgages have jumped nearly a full point since March, to 6.24 percent. That's driven the monthly payment on a $200,000 loan up by $114. Rising rates usually force home buyers to downsize their aspirations. But Paul Fein of mortgage lender GMAC sees many of today's buyers opting for a different strategy: instead of settling for a smaller home, many are still buying their dream house by taking out mortgages that are structured to offer lower monthly payments, at least early on.

They're able to do that because one-size-fits-all mortgages have been replaced by financing that's increasingly customized to meet home buyers' needs. The most common way to lower a payment is by choosing an adjustable-rate mortgage (ARM), which offers lower initial interest rates. Today ARMs account for 34 percent of new mortgages, up from 12 percent in 2001. Many buyers are choosing so-called hybrid ARMs, which keep rates fixed for the first three, five or seven years before floating in lock step with short-term rates.

The popularity of ARMs may seem odd, given that mortgage rates remain very low by historical standards. But economists say there are still smart reasons for choosing an ARM. The spread between fixed and adjustable rates has widened recently, forcing borrowers to pay a bigger premium for the certainty of a payment that won't change. And in a society where families change homes frequently, folks are realizing it may not be worth paying more for a rate that stays fixed forever. For a family that plans to own a home five years, a seven-year ARM *is* a fixed-rate loan, since they'll sell the house before the rate rises, notes Mortgage Bankers Association economist Doug Duncan. Even Alan Greenspan has suggested Americans are too fond of fixed-rate mortgages.

A newer kind of "interest-only" mortgage lets home buyers cut payments even further. Borrowers pay no principal in the early years of the loan—a period that often stretches to 10 years. That trims initial monthly payments dramatically. Consider that same $200,000 fixed-rate loan, which costs $1,230 a month over 30 years. An adjustable-rate interest-only loan at 3.38 percent cuts that payment by more than half, to just $563 a month. At HomeBanc Mortgage Corp. in Atlanta, more than 50 percent of home buyers opt for an interest-only loan.

They'd better know what they're doing. After the interest-only period ends, borrowers face a big jump in payments. With interest-only loans it also takes homeowners much longer to build up equity; if housing prices fall, they could end up owing more than they own, especially if they put down a zero down payment. That's one reason some pros think they're a bad idea. "They're a way to help people buy more house than they really should be buying in the first place," says Dallas financial planner

### Lowdown on Loans

Fixed-rate: Best if you'll be in your house for many years. No rising payments.

Adjustable-rate: Lower monthly payment can be smart—especially if you'll move soon.

Interest-only: Lower payments first, but big payments later.

FROM TOP: MATT KING—GETTY IMAGES, PHOTO ILLUSTRATION BY JOE ZEFF FOR NEWSWEEK (2)

Bryan Clintsman. Mortgage companies admit borrowers need to be aware of the risks. Says HomeBanc senior VP D. C. Aiken: "If they go out and buy a new car because they're saving $700 a month, that's not a good thing."

As rates rise, homeowners will face harder choices about which loan is right for them. At Countrywide, for instance, you can pick from more than 100 varieties of mortgages. But even as flavors multiply, making the right choice depends mostly on how long you'll stay in the house, and whether you're comfortable with the risk of your rate jumping around. "If you plan on being in a home for 10, 15 or 20 years, why wouldn't you take a fixed rate?" asks Melissa Cohn of the Manhattan Mortgage Company. Even in a world filled with new things, often the best choice is an old standby.

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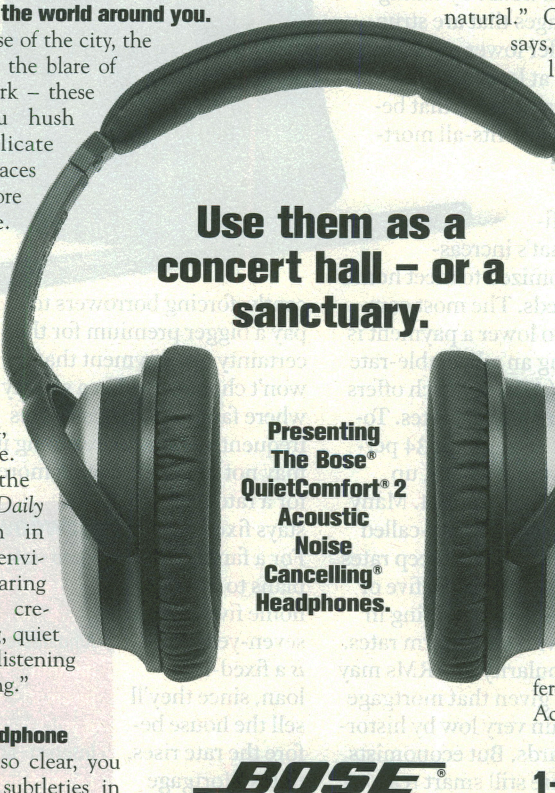
PHOTOGRAPH BY DAMIEN DONCK FOR NEWSWEEK

### TECHNOLOGY

## BOBBING FOR PICS

INTIMIDATED BY ALL those sleek, pricey digital cameras? Lomo's new underwater Frogeye is low tech, low stress, and high fun. Lomo, the cult brand that originated in St. Petersburg, Russia, and is now based in Vienna, makes simple, lightweight cameras popular for the woozy, color-saturated images they produce. The Frogeye ($75; **www.lomography.com**) is sturdy for a Lomo and features an automatic flash and film advance (most Lomos are manual). Its flash is strong and works underwater as far away as 15 feet from your target. Take it snorkeling (down to a depth of 12 feet), poolside, out in the rain or into the shower. Just don't expect crystal-clear, professional images—Lomos are for spontaneous, artsy shots, not for chronicling weddings. Need inspiration? The enclosed manual is filled with aquatic images taken by members of the so-called Lomographic Society—thousands of Lomo fans worldwide. For more photos, check lomography.com. Besides the flip-book, the Frogeye comes chock-full of extras, like a roll of 35mm film, a neoprene carrying case, a mini-blower to keep it dry and sand-free—even batteries. All you'll need is your swimsuit.

—ANNA KUCHMENT



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CONSUMERS DIGEST BEST BUY

**Enjoy your music with our best headphone sound quality ever.** The sound is so clear, you may find yourself discovering new subtleties in your music. *CNET* says "All sorts of music – classical, rock, and jazz – sounded refined and natural." Columnist Rich Warren says, "The QuietComfort 2 lives up to its name, enveloping you in blissful sound in the utmost comfort. It's easy to forget they're on your head." Wear them without the audio cord to reduce noise. Or connect them to a portable CD/DVD/MP3 player, home stereo, computer or in-flight entertainment system. Their convenient fold-flat design allows for easy storage in the slim carrying case.

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IN THE NEWS

## KIDS AND DEPRESSION

GHISLAIN AND MARIE DAVID DE LOSSY—GETTY IMAGES

**THE BEST $R_x$:** Talk plus pills

Just 20 years ago, medical schools taught that children don't get clinical depression. Now the National Institute of Mental Health says about 4 percent of teens have it at any given time, and many of them are taking antidepressants like Prozac. Should they? In March, the FDA urged drug manufacturers to insert explicit warnings on their labels about possible risks of suicidal behavior associated with the pills.

Now there's at least some good news for parents. Last week The New York Times reported preliminary results of a major, government-funded study of more than 400 teenagers. According to the Times, the study concludes that Prozac—the only antidepressant approved for kids—is indeed helpful, particularly when combined with talk therapy. The finding that drugs and talk together make for superior treatment came as little surprise to doctors. "Drugs alone are rarely sufficient for complex psychiatric disorders in children," says Dr. David Fassler, trustee of the American Psychiatric Association. "By the time kids get to therapy, they have a lot of self-esteem issues, problems at home, feelings of guilt."

But what about that suicide risk? Experts are divided about how to interpret existing studies and are awaiting a comprehensive review commissioned by the FDA. This week the National Alliance for the Mentally Ill will issue a report on using the drugs safely. The bottom line: treatment significantly improves kids' long-term prognosis, but parents and doctors need to monitor children closely, particularly during the first few weeks of drug therapy.

—ANNE UNDERWOOD and JULIE SCELFO

ZIR—EDITING SERVER

TRAVEL

## BY SEA AND HISTORY

THE FRENCH NATIONal anthem is named after Marseilles, the country's oldest city and biggest port. It's also one of France's most cosmopolitan and multicultural towns.

**Visit** the Panier, the city's oldest neighborhood, which includes a maze of narrow streets and steps. Stop by the museum La Vieille Charité to see arts and antiquities like shrunken heads from the Pacific Islands (2 Rue de la Charité, **011-33-491-145880**).

**See** the city's soccer team, Olympique de Marseille, at home. The stadium fills with 60,000 screaming fans (tickets at **www.olympiquedemarseille.com**).

**Drink** local aniseed liqueur, Pastis, served at Le Bistrot Plage, a waterside bar. (60 Corniche Kennedy, **011-33-491-318032**).

**Eat** fresh shellfish or piping-hot pizza at Chez Jeannot in the teeny Vallon des Auffes harbor, full of brightly colored fishing boats (**011-33-491-521128**). Cruise to the Château d'If, a 16th-century fortress on a small isle where Alexander Dumas's count of Monte Cristo was incarcerated.

**Sleep** at Le Petit Nice-Passedat, on the cliffs of Corniche Kennedy. It has a glorious patio and plunge pool overlooking the Mediterranean islands (**011-33-491-592592, petitnice-passedat.com**). —MICHELLE JANA CHAN

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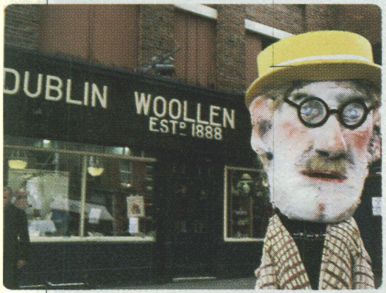
# TipSheet



BOOKS

## ENIGMAS AND BEER

JUNE 16 IS THE 100TH anniversary of Bloomsday. In case you haven't read "Ulysses" (or were traumatized by it and are blocking), that's the day in 1904 when Leopold Bloom wandered through Dublin in the James Joyce masterpiece. Fanatics worldwide will mark the event with celebrations that are part English lit and part keg party.

■ **Boston:** The Arts & Society Theater will pay tribute with an evening of Joyce-inspired performances, from Irish folk music to original dance pieces. **$15; artsandsociety.org**

■ **Dublin:** The Irish actors known as the Balloonatics will be enacting "Ulysses" in the actual locations where the world's most difficult novel is set. **Free; rejoycedublin2004.com**

■ **New York:** More than 100 artists, including Frank McCourt, will dance, sing and read out loud until the wee hours in the largest U.S. celebration. **$18; symphonyspace.org**

■ **San Diego:** Get on the Ould Sod double-decker bus for a pub crawl honoring the book's prodigious drinking. Costumes welcome. **$30; members.cox.net/gmelv/blooms**

■ **Toronto:** Come to a Bloomsday Brunch featuring Silly Fish Soup, Gerty's Griddlecakes and Sirens Salmon Steak. **Prices vary; Pathcom.com/~livia** —RAINA KELLEY

ESTATES

## IF THERE'S A WILL ...

THE FIRST PERSON TO get a serious chunk of your estate used to be the lawyer you paid to draft your will. But new software and Web sites make it easier than ever to do it yourself. Should you? Every state recognizes the validity of wills drafted by nonlawyers, but Jerome Leitner, a professor at Brooklyn Law School, warns that any will can be contested in court. So, if you have a sticky family situation, it's best to hire a pro. For $19.95, **www.Buildawill.com** helps draft the document and answer questions like, "Why can't I disinherit my spouse?" Quicken Willmaker Plus 2004 ($49.95) comes with a thorough online guide to estate-planning issues. **LegalZoom.com** ($59 to $109) has actual humans check your will for you. But don't forget: it's no good unless you sign it. —JOHN D. SPARKS

ROAD TEST | CHEVY SSR

## GUYS PICKUP ON THIS

Single women, take note. Chevy's new SSR pickup is a guy magnet. Driving my shockingly yellow tester, I was hooted at no fewer than five times. A guy in a passing Lexus even pressed his nose against his car window to take a look. You fellas crack me up. But I admit that this fiery hot-rod pickup, with its Jughead-and-Veronica styling, is an eye-catcher. Love it or hate it, with a 300-horsepower V-8 engine, this truck means business, running on the same rugged platform as a GMC Envoy and Chevy Trailblazer.

General Motors went for broke here, with a hard-covered flatbed and retractable hardtop roof, both of which operate at the flick of a switch. Interior buttons and gauges, sheathed in matte aluminum, keep with the doo-wop theme; they're oversize and almost cartoonish-looking. But like many pickups, the SSR is a two-seater, which seems a bit outdated. When I hauled a new computer home from the store, my husband had to drive his own car so our son wasn't left behind. Not very practical. But then, this is no ordinary pickup; not when you consider a grown man risked a broken nose in his Lexus just to check it out. —TARA WEINGARTEN

**Tip:** Tired of red? Try premium paint colors like *Slingshot* Yellow for $350.

**Chevy SSR**

16mpg city/19mpg highway; leather seats, tuned shocks and stabilizer bars standard

**$41,995**

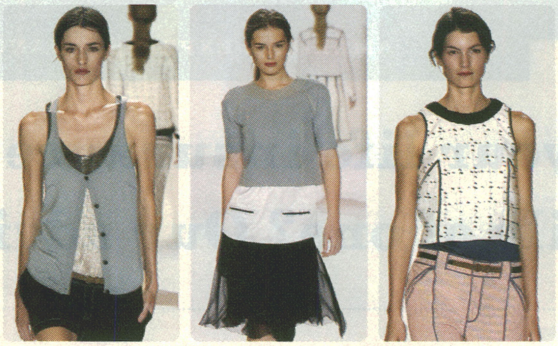
**chevrolet.com**

To watch a video review, log on to Newsweek.com on MSNBC and click on TIP SHEET.

STYLE

## BENEATH THE LAYERS

LAYERS AREN'T JUST for hair anymore. Since Proenza Schouler rolled out layered tanks and vests at its spring 2004 runway show (right), the look has gone mainstream. Not sure how to pull it off? Start with the basics. "T shirts are the ultimate layering tools," says Clinton Keller, co-host of TLC's "What Not to Wear." He recommends wearing fitted T shirts under tank tops or sundresses. Avoid loose-fitting garments: "If you start with bulky pieces underneath, you're going to look a lot heavier than you actually are." Shirts and tanks from C & C California ($40 to $54; **shoplastyle.com**) and Michael Stars ($24 to $54; **michaelstars.com**) are particularly popular for their thin, clingy, material. For a minimal look, pair two same-style tank tops in contrasting colors. If you have two racerbacks, wear one of them backward. Still unsure of yourself? Stores like Anthropologie (**anthropologie.com**) sell shirts that come sewn together. And next fall, labels will roll out sweaters with the cuffs and collars sewn on. Bet you thought those went out with Duran Duran. —LINDSEY GERDES



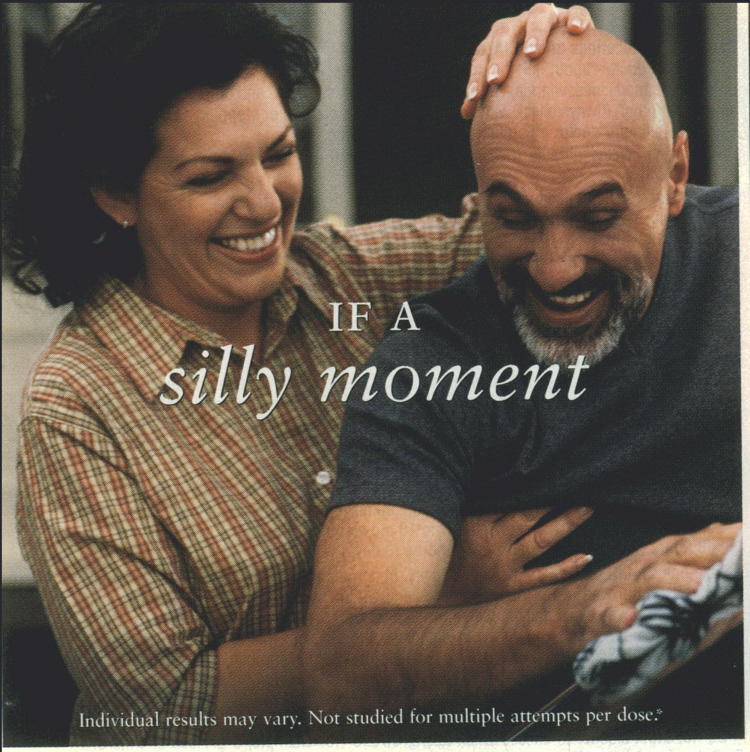
**ASK TIP SHEET:** Why is the letter "Z" often associated with sleep and dreams?

—SARA KELLY, NEWFOUNDLAND, CANADA

**The letter "Z" is used as an onomatopoeia for soft buzzing—like the sound of bees. In "Tono-Bungay," H. G. Wells laces a character's words with "Zzzzs" because his habit of breathing air through his teeth lent a "whispering zest to his speech." With sleep, the "Z" captures the buzzing sound of snoring, says the Oxford English Dictionary. For instance, in a 1975 New Yorker piece, a man sits down, says "Zzzz" and "his head falls forward." The same phenomenon was observed at a recent screening of the Olsen twins' movie.** —RAMIN SETOODEH

To submit a question, go to Newsweek.com on MSNBC and click on TIP SHEET.

CLOCKWISE FROM TOP LEFT: GERAY SWEENEY—CORBIS, NO CREDIT, MARCIO MADEIRA—ZEPPELIN (3)



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See important safety information below and Patient Information on following page.

Cialis is not for everyone. If you take nitrates, often used for chest pain (also known as angina), or alpha-blockers (other than Flomax 0.4 mg once daily), prescribed for prostate problems or high blood pressure, do not take Cialis. Such combinations could cause a sudden, unsafe drop in blood pressure. Don't drink alcohol in excess (to a level of intoxication) with Cialis. This combination may increase your chances of getting dizzy or lowering your blood pressure. Cialis does not protect a man or his partner from sexually transmitted diseases, including HIV.

The most common side effects with Cialis were headache and upset stomach. Backache and muscle ache were also reported, sometimes with delayed onset. Most men weren't bothered by the side effects enough to stop taking Cialis. Although a rare occurrence, men who experience an erection for more than 4 hours (priapism) should seek immediate medical attention. Discuss your medical conditions and medications with your doctor to ensure Cialis is right for you and that you are healthy enough for sexual activity.

**In clinical trials, Cialis was shown to improve, up to 36 hours after dosing, the ability of men with ED to have a single successful intercourse attempt.*

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# Patient Information

## Cialis®
(tadalafil) tablets

Read the Patient Information about CIALIS before you start taking it and again each time you get a refill. There may be new information. You may also find it helpful to share this information with your partner. This leaflet does not take the place of talking with your doctor. You and your doctor should talk about CIALIS when you start taking it and at regular checkups. If you do not understand the information, or have questions, talk with your doctor or pharmacist.

### What important information should you know about CIALIS?

**CIALIS can cause your blood pressure to drop suddenly to an unsafe level if it is taken with certain other medicines.** You could get dizzy, faint, or have a heart attack or stroke.

**Do not take CIALIS if you:**

- **take any medicines called "nitrates."**
- **use recreational drugs called "poppers" like amyl nitrate and butyl nitrate.**
- **take medicines called alpha blockers, other than Flomax® (tamsulosin HCl) 0.4 mg daily.**

(See "Who should not take CIALIS?")

**Tell all your healthcare providers that you take CIALIS.** If you need emergency medical care for a heart problem, it will be important for your healthcare provider to know when you last took CIALIS.

**After taking a single tablet, some of the active ingredient of CIALIS remains in your body for more than 2 days.** The active ingredient can remain longer if you have problems with your kidneys or liver, or you are taking certain other medications (see "Can other medications affect CIALIS?").

### What is CIALIS?

CIALIS is a prescription medicine taken by mouth for the treatment of erectile dysfunction (ED) in men.

ED is a condition where the penis does not harden and expand when a man is sexually excited, or when he cannot keep an erection. A man who has trouble getting or keeping an erection should see his doctor for help if the condition bothers him. CIALIS may help a man with ED get and keep an erection when he is sexually excited.

### CIALIS does not:

- cure ED
- increase a man's sexual desire
- protect a man or his partner from sexually transmitted diseases, including HIV. Speak to your doctor about ways to guard against sexually transmitted diseases.
- serve as a male form of birth control

CIALIS is only for men with ED. CIALIS is not for women or children. CIALIS must be used only under a doctor's care.

### How does CIALIS work?

When a man is sexually stimulated, his body's normal physical response is to increase blood flow to his penis. This results in an erection. CIALIS helps increase blood flow to the penis and may help men with ED get and keep an erection satisfactory for sexual activity. Once a man has completed sexual activity, blood flow to his penis decreases, and his erection goes away.

### Who can take CIALIS?

Talk to your doctor to decide if CIALIS is right for you.

CIALIS has been shown to be effective in men over the age of 18 years who have erectile dysfunction, including men with diabetes or who have undergone prostatectomy.

### Who should not take CIALIS?

Do not take CIALIS if you:

- **take any medicines called "nitrates"** (See "What important information should you know about CIALIS?"). Nitrates are commonly used to treat angina. Angina is a symptom of heart disease and can cause pain in your chest, jaw, or down your arm.

  Medicines called nitrates include nitroglycerin that is found in tablets, sprays, ointments, pastes, or patches. Nitrates can also be found in other medicines such as isosorbide dinitrate or isosorbide mononitrate. Some recreational drugs called "poppers" also contain nitrates, such as amyl nitrate and butyl nitrate. Do not use CIALIS if you are using these drugs. Ask your doctor or pharmacist if you are not sure if any of your medicines are nitrates.
- **take medicines called "alpha blockers", other than Flomax® 0.4 mg daily.** Alpha blockers are sometimes prescribed for prostate problems or high blood pressure. If CIALIS is taken with alpha blockers other than Flomax® 0.4 mg daily, your blood pressure could suddenly drop to an unsafe level. You could get dizzy and faint.
- **you have been told by your healthcare provider to not have sexual activity because of health problems.** Sexual activity can put an extra strain on your heart, especially if your heart is already weak from a heart attack or heart disease.
- **are allergic to CIALIS or any of its ingredients.** The active ingredient in CIALIS is called tadalafil. See the end of this leaflet for a complete list of ingredients.

### What should you discuss with your doctor before taking CIALIS?

**Before taking CIALIS, tell your doctor about all your medical problems, including if you:**

- **have heart problems** such as angina, heart failure, irregular heartbeats, or have had a heart attack. Ask your doctor if it is safe for you to have sexual activity.
- **have low blood pressure or** have high blood pressure that is not controlled
- **have had a stroke**
- **have liver problems**
- **have kidney problems or require dialysis**
- **have retinitis pigmentosa,** a rare genetic (runs in families) eye disease
- **have stomach ulcers**
- **have a bleeding problem**
- **have a deformed penis shape** or Peyronie's disease
- **have had an erection that lasted more than 4 hours**
- **have blood cell problems** such as sickle cell anemia, multiple myeloma, or leukemia

### Can other medications affect CIALIS?

Tell your doctor about all the medicines you take including prescription and non-prescription medicines, vitamins, and herbal supplements. CIALIS and other medicines may affect each other. Always check with your doctor before starting or stopping any medicines. Especially tell your doctor if you take any of the following:

- medicines called nitrates (See "What important information should you know about CIALIS?")
- medicines called alpha blockers. These include Hytrin® (terazosin HCl), Flomax® (tamsulosin HCl), Cardura® (doxazosin mesylate), Minipress® (prazosin HCl) or Uroxatral® (alfuzosin HCl).
- ritonavir (Norvir®) or indinavir (Crixivan®)
- ketoconazole or itraconazole (such as Nizoral® or Sporanox®)
- erythromycin
- other medicines or treatments for ED

### How should you take CIALIS?

Take CIALIS exactly as your doctor prescribes. CIALIS comes in different doses (5 mg, 10 mg, and 20 mg). For most men, the recommended starting dose is 10 mg. **CIALIS should be taken no more than once a day.** Some men can only take a low dose of CIALIS because of medical conditions or medicines they take. Your doctor will prescribe the dose that is right for you.

- If you have kidney problems, your doctor may start you on a lower dose of CIALIS.
- If you have kidney or liver problems or you are taking certain medications, your doctor may limit your highest dose of CIALIS to 10 mg and may also limit you to one tablet in 48 hours (2 days) or one tablet in 72 hours (3 days).

Take one CIALIS tablet before sexual activity. In some patients, the ability to have sexual activity was improved at 30 minutes after taking CIALIS when compared to a sugar pill. The ability to have sexual activity was improved up to 36 hours after taking CIALIS when compared to a sugar pill. You and your doctor should consider this in deciding when you should take CIALIS prior to sexual activity. Some form of sexual stimulation is needed for an erection to happen with CIALIS. CIALIS may be taken with or without meals.

Do not change your dose of CIALIS without talking to your doctor. Your doctor may lower your dose or raise your dose, depending on how your body reacts to CIALIS.

Do not drink alcohol to excess when taking CIALIS (for example, 5 glasses of wine or 5 shots of whiskey). When taken in excess, alcohol can increase your chances of getting a headache or getting dizzy, increasing your heart rate, or lowering your blood pressure.

If you take too much CIALIS, call your doctor or emergency room right away.

### What are the possible side effects of CIALIS?

The most common side effects with CIALIS are headache, indigestion, back pain, muscle aches, flushing, and stuffy or runny nose. These side effects usually go away after a few hours. Patients who get back pain and muscle aches usually get it 12 to 24 hours after taking CIALIS. Back pain and muscle aches usually go away by themselves within 48 hours. Call your doctor if you get a side effect that bothers you or one that will not go away.

**CIALIS may uncommonly cause:**

- **an erection that won't go away (priapism).** If you get an erection that lasts more than 4 hours, get medical help right away. Priapism must be treated as soon as possible or lasting damage can happen to your penis including the inability to have erections.
- vision changes, such as seeing a blue tinge to objects or having difficulty telling the difference between the colors blue and green.

These are not all the side effects of CIALIS. For more information, ask your doctor or pharmacist.

### How should CIALIS be stored?

- Store CIALIS at room temperature between 59° and 86°F (15° and 30°C).
- **Keep CIALIS and all medicines out of the reach of children.**

### General Information about CIALIS:

Medicines are sometimes prescribed for conditions other than those described in patient information leaflets. Do not use CIALIS for a condition for which it was not prescribed. Do not give CIALIS to other people, even if they have the same symptoms that you have. It may harm them.

This leaflet summarizes the most important information about CIALIS. If you would like more information, talk with your healthcare provider. You can ask your doctor or pharmacist for information about CIALIS that is written for health professionals.

For more information you can also visit www.cialis.com, or call 1-877-242-5471.

### What are the ingredients of CIALIS?

**Active Ingredient:** tadalafil

**Inactive Ingredients:** croscarmellose sodium, hydroxypropyl cellulose, hypromellose, iron oxide, lactose monohydrate, magnesium stearate, microcrystalline cellulose, sodium lauryl sulfate, talc, titanium dioxide, and triacetin.

**Rx only**

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**www.cialis.com**

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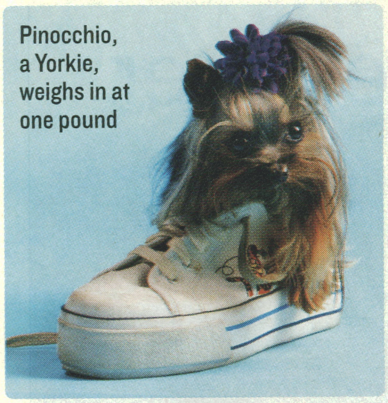
# TipSheet



Pinocchio, a Yorkie, weighs in at one pound

### PETS

## TINY DOGS, BIG DIVAS

ADMIT IT. YOU MAY not like Paris Hilton, but you have to agree that her dog, Tinkerbell, is cute. As tiny dogs have become the hottest celebrity arm candy, demand for teacups, or dogs that weigh four pounds or less, has soared. Usually Malteses, Yorkies, Chihauhuas or poodles, they're about as easy to take care of as premature babies. But if you're serious about a tiny dog and have a couple of thousand dollars to spare, here's what you need to know.

Teacups are delicate. A fall off a chair or a big hug from a child can kill them. Seriously. Prone to hypoglycemia, they must be fed every three hours. Puppies need round-the-clock supervision and even grown dogs should not be left alone for more than two hours. And while breeders stress that they're not fashion accessories, the safest place for them is in your arms.

If you're still interested, find a reputable breeder who carefully screens potential owners and avoid "deals" on the Internet. If in doubt, ask a vet or trainer. Oh, and don't bother with anyone who ships. These aren't dogs that go FedEx. Take our advice: get a hamster instead. —RAINA KELLEY

### HEALTH

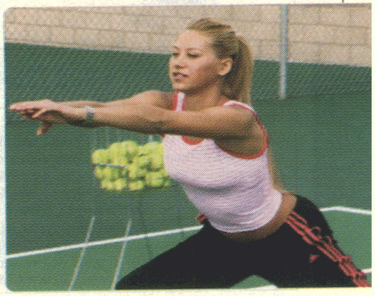
## MADE IN THE SHADE

IT DOESN'T SEEM AS though the skin beneath our clothes gets much sun—just look at those tan lines. But most clothes have an SPF of only 5 to 10, says Dr. Stephen Mandy, a Miami dermatologist, while the American Academy of Dermatology recommends using sunscreen with an SPF of at least 15. People with a history of melanoma or with plans to spend long hours outdoors this summer should consider buying clothes with the SPF built in. Sun Precautions (**sunprecautions.com**) says its clothes (pictured)—which use a special, tightly woven fabric—offer 30-plus SPF even after 100 washings and 100 days in the sun. Sun Solution (**sunsolutionsclothing.com**) treats its items, which include hats and drawstring skirts, with a UV inhibitor. Eddie Bauer and L.L. Bean also offer selections. But remember, clothes can't cover everything, so don't forget to apply the sunblock, too. —JENNIFER BARRETT

### SPORTS

## FLAWLESS, UM, FORM

IF YOU CAN'T QUITE HIT the perfect swinging volley, maybe Anna Kournikova can help. A video-on-demand cable network called Sportskool gives you 24-hour access to top athletes like Mia Hamm and Bill Walton, who can be frozen midshot with the press of a pause button. Viewers pick from more than 80 lessons typically about 20 minutes long. Only Cablevision's digital subscribers in Greater New York get Sportskool for now, but the service will soon expand to Boston, Los Angeles and other markets. Call **866-575-8000** for details. —RON DEPASQUALE



### MEAL TICKET | FAMILY DINING

**Hitting the road with your kids this summer? In its new "U.S. Family Travel Guide" (*Zagat.com. $14.95*), the Zagat Survey rates the top restaurants across the country based on categories like family appeal, food, décor and service.**

**JUNGLE FEVER:** Boma's copious buffet

**LOS ANGELES UNCLE BILL'S PANCAKE HOUSE** 1305 Highland Ave., Manhattan Beach; 310-545-5177; "Come early" to this breakfast "favorite," the "perfect way to start the day" thanks to its "to-die-for" menu of "stick-to-your-ribs" classics.

| FAM. APP. | FOOD | DECOR | SERVICE | COST |
|---|---|---|---|---|
| 26 | 26 | 16 | 21 | I |

**NEW YORK CITY SERENDIPITY 3** 225 East 60th St.; 212-838-3531; "Treat your kids" to a "sugar rush" at this "one-and-only" "New York City institution" that's known for its "out-of-this-world desserts," especially that "signature frozen hot chocolate."

| FAM. APP. | FOOD | DECOR | SERVICE | COST |
|---|---|---|---|---|
| 26 | 22 | 23 | 18 | M |

**ORLANDO BOMA** Disney's Animal Kingdom Lodge, Lake Buena Vista; 407-938-4722; "Knowledgeable, friendly" staffers guide explorers through this African-theme "buffet on steroids" designed to look like an open-air marketplace. It "makes exotic food friendly."

| FAM. APP. | FOOD | DECOR | SERVICE | COST |
|---|---|---|---|---|
| 25 | 26 | 28 | 27 | E |

**PHILADELPHIA READING TERMINAL MARKET** 51 N. 12th St.; 215-922-2317; "Philly's culinary heartbeat" pumps with "choices, choices, choices," from "noodles to pretzels" to "delicious" Pennsylvania Dutch dishes served by "fully dressed Amish folk."

| FAM. APP. | FOOD | DECOR | SERVICE | COST |
|---|---|---|---|---|
| 24 | 24 | 15 | 17 | I |

**CHICAGO R.J. GRUNTS** 2056 N. Lincoln Park West; 773-929-5363; "Convenient for lunch after a morning at the zoo," this Lincoln Park all-American offers "lots of kid-friendly comfort food"; grown-ups settle into the "classic" '70s scene and gorge on the salad bar.

| FAM. APP. | FOOD | DECOR | SERVICE | COST |
|---|---|---|---|---|
| 24 | 22 | 23 | 22 | M |

ZAGATSURVEY

Family appeal, food, décor and service are rated on a scale of 0 to 30. In the cost column, which refers to dinner per person, inexpensive equals $15 and below; moderate equals $16 to $30, and expensive equals $31 to $50. Reviews are based on public-opinion surveys, with text based on direct quotes from participants.

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ARRIVE SAFELY.

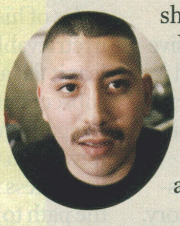
# Newsmakers

**$5,000** Starting bid for the Ultimate Britney Spears Experience, including a stay in a replica of her bedroom

## Curb Your Disbelief

NEWS FLASH: LARRY DAVID helped someone. Even more unbelievable—we're not making this up—he saved a guy from a murder rap. Juan Catalan was in jail for the murder of a 16-year-old girl in L.A. He said he was at a Dodgers game at the time, but prosecutors didn't buy his alibi. While he was awaiting trial, though, his girlfriend remembered that "Curb Your Enthusiasm" was shooting at the stadium that day—the episode where David takes a hooker to the game so he can use the carpool lane on the freeway. Lawyers viewed the outtakes, and there was a shot of Catalan in the stands. When a judge saw the tape, he set Catalan free. Even the grumpy David is impressed. "I accomplished this just by giving someone permission to look at some footage," he says. "What if I went out and actually tried to benefit mankind?"

—MARC PEYSER



**UNLIKELY HERO:** David (far left) and the lucky Catalan

## The Joys Of a Quiet Retirement

LAST WEEK BASKETBALL BAD BOY DENNIS RODMAN ANNOUNCED THAT HE'S PLANNING AN NBA COMEBACK NEXT SEASON. WHERE WILL HE FIND THE TIME? LOOK WHAT HE'S BEEN UP TO SINCE RETIRING FOUR YEARS AGO:

**MARCH 2000**
Settles lawsuit with waitress who says he fondled her

**MAY 2001**
Lands helicopter on a beach for his birthday; riot cops respond

**AUGUST 2003**
Police tow his boat, Sexual Chocolate, from illegal dock

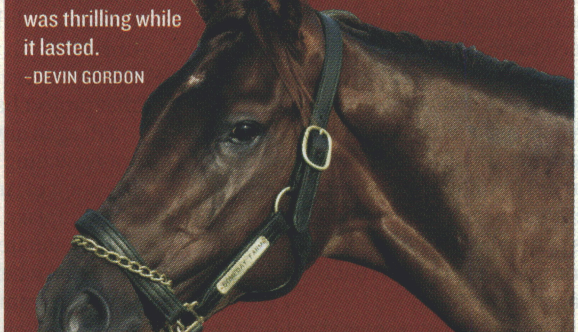
**OCTOBER 2003**
Crashes his motorcycle in parking lot; gets 20 stitches

**FEBRUARY 2004**
Appears as contestant on ABC's 'Celebrity Mole'—and wins

## And We're Still Smarting

Jockey Stewart Elliott didn't even know who'd beaten him. After Triple Crown hopeful Smarty Jones was caught from behind by long shot Birdstone and lost the Belmont Stakes on Saturday, a dazed Elliott told an NBC reporter, "That other horse just come and got us. That's horse racing." And that's the sad ending of the year's—heck, the decade's—great Cinderella story. The pride of Philadelphia had won the Kentucky Derby and the Preakness but couldn't finish off the trifecta. The ride was thrilling while it lasted.

—DEVIN GORDON



**MR. JONES:** He'd never lost a race before the Belmont

## JULIAN MCMAHON

DON'T LET JULIAN MCMAHON'S good looks fool you. He plays one of the ugliest guys on TV: Christian Troy, the narcissistic, sexaholic plastic surgeon on FX's hit series "Nip/Tuck." McMahon talked to NEWSWEEK's Nicki Gostin.

**Has playing a plastic surgeon helped you spot people who've had work done?**
Definitely. Plus, now I feel confident asking, "How much was your job?" and people kind of accept it because I play a plastic surgeon on TV. Though I've never been good at telling the breast thing.

**Can't you tell by feeling them?**
What are you trying to say?

**Just asking. I've never felt one.**
Just randomly go up and cop a feel. "Yeah, these are real over here." I think it depends on the job. Some of them are so tight and taut that you can feel that it's a little different from the norm, but some are well done.

**Does it put you off having surgery yourself?**
Are you saying that I've done it?

**No, not at all. But have you?**
Yeah, I have had a full plastic-surgery body. I'm like "The Swan" before "The Swan" ever happened. I had a full-body makeover.

**What did you look like before?**
I was 5 foot 2, very frumpy with large knees and a big gut, and now I look different.

**I know you don't like talking about it, but I gotta ask: your dad was prime minister of Australia?**
Why do you gotta bring it up?

**Because it's interesting.**
I never said you couldn't ask.

**Your publicist said you don't like to talk about it.**
You know, it's just hard to talk about.

**Do you see a link between acting and politics?**
Yes, very much so. The way politicians are today, they're very performance-orientated. To a certain extent, both are about ingratiating yourself to the public.

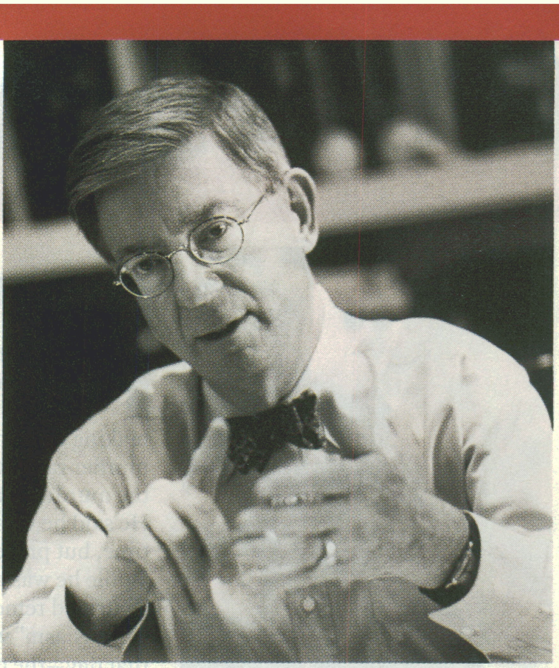
**Do the Aussie actors hang out in Hollywood?**
Not at all.

**So you, Nicole Kidman and Naomi Watts don't get together for barbies?**
Get together and say, "Hey, we're Aussies. Let's go!" No.

CLOCKWISE FROM TOP RIGHT: GREGG DEGUIRE—WIREIMAGE, BILL DENVER—EQUI-PHOTO
STEVE GRAYSON—WIREIMAGE, HBO, RIC FRANCIS—AP

**The Last Word** George F. Will

# Reagan's Echo In History



PHOTOGRAPH BY CHARLES OMMANNEY FOR NEWSWEEK

RONALD REAGAN, UNLIKE ALL BUT 10 OR SO presidents, was a world figure whose career will interest historians for centuries, and centuries hence his greatness will be, and should be, measured primarily by what happened in Europe, as a glorious echo of his presidency, in the three years after he left the White House. What happened was the largest peaceful revolution in history, resulting in history's largest emancipation of people from tyranny—a tyranny that had deadened life for hundreds of millions of people from the middle of Germany to the easternmost of Russia's 11 time zones.

However, Reagan will also be remembered for his restoration of American confidence that resulted in a quickening tempo of domestic life. During his first term, the most remarkable run of wealth creation in the history of this or any other nation began. Arguably, it began with a seemingly unrelated event in the first year of his first term.

In 1981, when the nation's air-traffic controllers threatened to do what the law forbade them to do—strike—Reagan warned that if they did they would be fired. When they struck in August, Reagan announced that the strikers would be terminated in two days. By firing the controllers, Reagan, the only union man—he had been head of the Screen Actors Guild—ever to be president, destroyed a union, the Professional Air Traffic Controllers Organization (PATCO). This has often, and not incorrectly, been called a defining episode of the Reagan presidency because it notified foreign leaders, not least those of the Soviet Union, that he said what he meant and meant what he said.

But now, more than two astonishing decades on, it also is reasonable to conclude that Reagan's fracas with the controllers had huge economic consequences, domestic and foreign. It altered basic attitudes about relations between business and labor in ways that quickly redounded to the benefit of the nation, and not least the benefit of American workers. It produced a cultural shift, a new sense of what can be appropriate in business management: layoffs can be justifiable even when a company is profitable, if the layoffs will improve productivity and profitability. Within a few years, both AT&T and Procter & Gamble, although quite profitable at the time, implemented large layoffs, without arousing significant protests.

Reagan's action against the air-traffic controllers came on the eve of the explosive growth of information technologies, and some astute people, including Alan Greenspan, believe that Reagan's action facilitated that growth.

Since 1981, labor in America has prospered because it is less protected. In theory, it might seem that since the showdown with PATCO, business's informal protocol about layoffs must have resulted in rising unemployment. The reverse has happened. In the post-PATCO climate of business operations, employers have been more inclined to hire because they know that if the hiring proves to be improvident, those hired can be discharged. The propensity to hire has risen much more than the propensity to fire. In all of America's post-Civil War era of industrialization, unemployment has never been as low for as long as it has generally been in the years since the extraordinary expansion that began during Reagan's first term.

**As the 40th president left office in eventful 1989, because of him the world was ringing with the rhetoric of the third and 16th presidents**

Although Reagan entered politics late, running for governor of California at the age of 55, and entered the White House a few weeks shy of his 70th birthday, older than any other president when elected, he lived so long after leaving office that his tenure already has been subject to striking vicissitudes of historical judgment. Nothing is so irretrievably lost to a society as the sense of fear it felt about a grave danger that was subsequently coped with. So in measuring Reagan's greatness, insufficient attention is now given to his longheadedness and toughness in putting the Soviet Union on the path to extinction. This is particularly so because the intelligentsia likes nothing less than giving Reagan credit, and so has embraced the theory that the Soviet Union's extinction was an inevitability that just happened while Reagan was standing around.

So as memories of the Cold War fade, Reagan is remembered more for the tax cutting and deregulating that helped, with the information technologies, to shift the economy into a hitherto unknown overdrive. But the truth is that Reagan always thought that winning the Cold War and revving up the American model of wealth creation were parts of the same project. That project was to convince the watching world that the American social and political model—pluralism, the rule of law, allocation of wealth and opportunity mostly by markets and maximum diffusion of decision making—is unrivaled. To the extent that anything in history can ever be said to be completed, that project has been.

Reagan always believed that the world was watching America. Indeed, he thought the point of America was to be watched—to be exemplary. Hence the complete sincerity of his reiterated references to the City on the Hill. And when the democratic revolution against communism came, Tiananmen Square in Beijing and Wenceslas Square in Prague and points in between rang with the rhetoric of America's third and 16th presidents. The 40th president was not surprised.

"Can we find fuels that don't impact the environment as much as what we use today?"

▲ Srikanth Gururaj/Financial Services Marketing Manager

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